

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 Daily Devotional (Bookshelf) 1</p> <p>2:00 Picture &amp; Puzzle Hour</p> <p>3:30 Music &amp; Movement: Living Room Dance Party</p> <p>7:00 Fireplace Films: <i>Sinatra in Palm Springs</i> (Prime)</p>	<p>11:00 Monday Morning Music - Elder's Choice 2</p> <p>2:00 Table Games: Ball Roll</p> <p>3:30 Yoga w/ Kellie! (Leo's Hosts)</p> <p>4:00 Pet Therapy: Visit with Kanzi from ROC Dog!</p> <p>7:00 Color Club</p>	<p>11:00 Decorate for St. Patrick's Day! 3</p> <p>2:00 Art Hour: Watercoloring</p> <p>3:00 Music Therapy w/ Lizzy (Leo's Hosts)</p> <p>7:00 Manicures/Hand Massage (with Lotion) &amp; Music w/ Staff</p>	<p>11:00 Catholic Communion w/ Allegra and Dennis in B/J 4</p> <p>11:00 Music Hour: Patsy Cline Concert - Layton Ampitheatre (YT)</p> <p>2:15 Zumba w/ Denise!</p> <p>3:30 Table Games: Hockey</p> <p>7:00 Women's History Month: "Patsy Cline 'Crazy' Full Documentary (YT - Cal Vid)</p>	<p>11:00 Music w/ Greg 5</p> <p>2:00 Music &amp; Movement: Living Room Soccer</p> <p>3:30 Coffee &amp; Conversation: March Monthly Gazette</p> <p>7:00 Nature Viewing: <i>The Colors of Nature: A Hidden Language</i> (YT - Free Documentary - Nature)</p>	<p>11:00 Music and Stretching Club 6</p> <p>2:00 Table Games: Ping Pong</p> <p>3:30 Happy Hour: Kettle Corn!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 7</p> <p>2:00 Art Hour: Finger Painting</p> <p>3:30 15 Minute Seated Disco Workout (YT - Improved Health)</p> <p>7:00 Love Stories: "The Seven Year Itch" (Prime)</p>
<p>10:00-12:00 Crafts w/ Ginni (Leo's Hosts) 8</p> <p>11:00 Picture &amp; Puzzle Hour</p> <p>2:00 Coffee &amp; Conversation</p> <p>3:30 Balloon Badminton</p> <p>7:00 Daily Devotional (Bookshelf)</p> <p>Daylight Saving Time Begins</p>	<p>11:00 Worship Service w/ Pastor Chrissie 9</p> <p>2:00 Table Games: Ball Roll</p> <p>3:30 Yoga w/ Kellie!</p> <p>7:00 Color Club</p>	<p>11:00 Singalong w/ Suzie Q! (YT) 10</p> <p>2:00 Art Hour: Clover Painting</p> <p>3:00 Music Therapy w/ Lizzy</p> <p>7:00 Best of West Ireland (YT - Rick Steves)</p>	<p>11:00 House Huddle/Elder Council 11</p> <p>2:15 Zumba w/ Denise!</p> <p>3:30 Table Games: Ping Pong</p> <p>7:00 Manicures/Hand Massage (with Lotion) &amp; Music w/ Staff</p>	<p>11:00 Music w/ Greg 12</p> <p>2:00 Concert w/ The Rochester Bagpiper! (Leo's House)</p> <p>3:30 Coffee &amp; Conversation:</p> <p>Daily Chronicles</p> <p>7:00 Snack &amp; Chat w/ Staff</p>	<p>11:00 Music &amp; Movement: Living Room Soccer! 13</p> <p>2:00 Art Hour: St. Patrick's Coloring Pages</p> <p>3:30 Happy Hour: Chocolate Clover Pretzels!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 14</p> <p>2:00 Art Hour: Spring Crafts</p> <p>3:30 Music &amp; Movement: Balloon Badminton</p> <p>7:00 Snack &amp; Chat w/ Staff</p>
<p>11:00 Daily Devotional (Bookshelf) 15</p> <p>2:00 Art Hour: Irish Coloring Pages</p> <p>3:15 Rochester Academy of Irish Dance Performance!</p> <p>7:00 13th Moon Gravity Well - Irish Trad Session (YT - Portland Irish Music)</p>	<p>11:00 Monday Morning Music - Elder's Choice 16</p> <p>2:00 Table Games: Ball Roll</p> <p>3:30 Music &amp; Stretching Club</p> <p>7:00 Color Club</p>	<p>WEAR GREEN! 17</p> <p>11:00 Making Shamrock Shakes!</p> <p>2:00 St. Patrick's Day Social w/ Annie, Bill, and Dave! (Nancy's Hosts)</p> <p>3:00 Music Therapy w/ Lizzy (Leo's Hosts)</p> <p>7:00 Ireland w/ Rick Steves (Youtube)</p> <p>St. Patrick's Day</p>	<p>11:00 Table Games: Hockey 18</p> <p>2:00 Trivia w/ Staff!</p> <p>3:30 Women's History Month: <i>Whitney Houston Live in Concert</i> (YT)</p> <p>7:00 Snack &amp; Chat w/ Staff!</p>	<p>11:00 Coffee &amp; Conversation: Daily Chronicles 19</p> <p>2:00 Music &amp; Movement: Living Room Soccer</p> <p>3:30 Art Hour: Craft Painting</p> <p>7:00 Nature Viewing "The Humboldt Current (YT - Free Documentary Nature)</p>	<p>First Day of Spring! 20</p> <p>11:00 Table Games: Spring Launch!</p> <p>2:00 Spring Time Story Time w/ Staff</p> <p>3:30 Happy Hour: Ice Cream Sundaes!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 21</p> <p>2:00 Art Hour: Watercoloring</p> <p>3:30 Music &amp; Movement: Ball Roll</p> <p>7:00 Women's History Month: <i>The Realms of the Unreal Jessica Yu</i> (YT - accochamps)</p>
<p>10:00-12:00 Crafts w/ Ginni (Leo's Hosts) 22</p> <p>2:00 Table Games: Staff Choice!</p> <p>3:30 Music &amp; Walking Club</p> <p>7:00 Daily Devotional (Bookshelf)</p>	<p>11:00 Worship Service w/ Pastor Chrissie 23</p> <p>2:00 Table Games: Balloon Toss</p> <p>3:30 Seniorshape Chair Yoga! (Youtube)</p> <p>7:00 Color Club</p>	<p>11:00 Singalong w/ Suzie Q! (YT) 24</p> <p>2:00 Art Hour: Watercoloring</p> <p>3:00 Music Therapy w/ Lizzy</p> <p>7:00 South Ireland w/ Rick Steves (YT - Rick Steves)</p>	<p>11:00 Celebrating Spring Social w/ Music by Joe Miltsch! (Helene's House) 25</p> <p>2:00 Spring Trivia w/ Staff!</p> <p>3:30 Table Games: Ball Roll</p> <p>7:00 Manicures/Hand Massage (with Lotion) &amp; Music w/ Staff</p>	<p>11:00 Music w/ Greg 26</p> <p>2:00 Music Hour: Vivaldi's Four Seasons - Visual Journey Through Italy's Landscapes (YT - Classical Relaxation)</p> <p>3:30 Coffee &amp; Conversation: Daily Chronicles</p> <p>7:00 Art Hour: Spring Coloring Pages</p>	<p>11:00 Table Games: Hockey 27</p> <p>1:45 Fairport Library Outing w/ Greg + Christine</p> <p>2:00 Music &amp; Stretching Club!</p> <p>3:30 Happy Hour: Dirt Cups!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 28</p> <p>2:00 Art Hour: March Coloring Pages</p> <p>3:30 Music &amp; Movement: Living Room Soccer</p> <p>7:00 Snack &amp; Chat w/ Staff</p>
<p>11:00 Spiritual Eldercare Palm Sunday (Youtube) 29</p> <p>2:00 Picture &amp; Puzzle Hour</p> <p>3:30 Balloon Badminton</p> <p>7:00 Women's History Month: <i>Ella Fitzgerald Live in Milan</i> (YT)</p> <p>Palm Sunday</p>	<p>11:00 Palm Sunday Service w/ Pastor Chrissie 30</p> <p>2:00 Table Games: Ball Roll</p> <p>3:30 Music &amp; Walking Club</p> <p>7:00 Color Club</p>	<p>11:00 Seniorshape Chair Yoga (Youtube) 31</p> <p>2:00 Art Hour: Collage</p> <p>3:00 Music Therapy w/ Lizzy (Leo's Hosts)</p> <p>7:00 Manicures/Hand Massage (with Lotion) &amp; Music w/ Staff</p>	<h1>March 2026</h1> <h2>Nancy's House</h2>			

Activities are provided by the Shahbazim in each house, unless otherwise noted. Activities subject to change to honor elder choice. To verify events or check for changes, please contact the house Shahbaz. For any questions, please email [greg.delacruz@rph.org](mailto:greg.delacruz@rph.org).