

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 "Ah September! You are a doorway to the season that awakens my soil." - Peggy Toney Horton		Hair Salon is Open! 1 11:00 Morning Music Hour - Elder's Choice 2:00 Art Hour: Waterpainting 3:30 Feel Good Stories w/ Staff 7:00 Travelogue: Best of the World w/ Antoni Porowski (Disney+)	11:00 Catholic Communion w/ Allegra and Dennis in B/J 2 2:00 Board Games w/ Staff 3:15 Zumba w/ Denise! 7:00 Manicures/Hand Massage & Music w/ Staff	11:00 Daily Chronicles 3 2:00 Music & Movement: Living Room Soccer w/ Christine 3:30 Cheese Tasting & Facts 7:00 Fireplace Films: Blue Valley Songbird (Prime)	11:00 Friday Morning Walking Club w/ Christine 4 2:30 Grandparent's Day Social w/ Music by Josh Shapiro 3:30 Happy Hour: Baking Brownies w/ Staff! 7:00 Friday Night Movie & Popcorn!	11:00 Saturday Morning Chair Exercises w/ Staff! (YT - Sarah Basch) 5 2:00 Patio Bird Watching 3:30 Board Games w/ Staff 7:00 The Lawrence Welk Show (YT)
11:00 Sunday Morning Reading Hour (Bookshelf Books) 6 2:00 Table Games: Balloon Badminton 3:30 Porch Chats: Music & Magazines 7:00 Fireplace Films: Elder's Pick!	11:00 "What did you do for work?" Handout 7 12:30 Labor Day Lunch Celebration! 2:00 Labor Day Trivia w/ Staff 3:30 Table Games: Staff Choice! 7:00 Color Club Labor Day	Hair Salon is Open! 8 11:00 Stories w/ Staff (Bookshelf) 2:00 Art Hour: Arts & Crafts 3:30 Snack & Chat 7:00 Memory Lane: The Doris Day Show (Amazon Prime)	11:00 Table Games: Balloon Badminton 9 2:00 Porch Chats: Music & Magazines 3:30 Games w/ Christine 7:00 Music History: The Sound of 007 (Prime Video)	11:00 Daily Chronicles 10 2:00 Chair Exercises w/ Christine (YT - Improved Health) 3:30 Manicures/Hand Massage & Music w/ Staff 7:00 National Geographic Nature Show (YT)	11:00 Friday Morning Reading Club w/ Christine 11 2:00 Table Games: Bingo 3:30 Happy Hour: Pumpkin Bread! 7:00 Friday Night Movie & Popcorn! Rosh Hashanah Begins	11:00 Saturday Morning Music - Elder's Choice! 12 2:00 Patio Bird Watching! 3:30 Art Hour w/ Staff 7:00 The Lawrence Welk Show (YT)
11:00 Grandparent's Day Social w/ Petit Fours! 13 1:00 Bills @ Texans Watch Party! 2:00 Art Hour: Paper Flowers! 3:30 Grandparent's Day Trivia! 7:00 Fireplace Films: Grandparents Day	Happy Assisted Living Week! Wear Rock N' Roll or Band Gear! 14 11:00 Puzzles & Board Games 2:15 Service w/ Pastor Chrissie (B/J's Hosts) 4:15 ROC Dog Therapy Visits w/ Kanzi! 7:00 Color Club	Happy Assisted Living Week! Twin Day! Match with Staff/Elder! Hair Salon is Open! 15 11:00 Singalong w/ Suzie Q (YT) 2:00 Twin Trivia w/ Staff 2:30 Music w/ Annie, Bill, and Dave! (Nancy's House) 3:30 Living Room Soccer w/ Staff 7:00 Travelogue: Best of the World w/ Antoni Porowski (Disney+)	Happy Assisted Living Week! Wear RPH Gear/Colors! 16 11:00 Spiritual Eldercare (YT) 2:00 Pictures and Puzzles 3:30 Porch Chats: Bird Watching w/ Christine 7:00 Manicures/Hand Massage & Music w/ Staff	Happy Assisted Living Week! Wear Crazy Socks & Tie Dye! 17 11:00 Daily Chronicles w/ Christine 2:00 Music & Movement: Living Room Soccer w/ Christine 3:30 International Snack Box Tasting - Dutch! 8:15 Bills v Detroit Lions Game (Prime Video)	Happy Assisted Living Week! Movie Gear/Fave Movie Character! 18 11:00 Friday Morning Walking Club w/ Christine 2:00 Table Games: Balloon Badminton 3:30 Happy Hour: Donuts and Cider! 7:00 Friday Night Movie & Popcorn!	11:00 Saturday Morning Chair Exercises w/ Staff! (YT - Sarah Basch) 19 2:00 Art Hour w/ Staff 3:30 Oktoberfest Trivia 7:00 The Lawrence Welk Show (YT) Oktoberfest Begins
11:00 Sunday Morning Reading Hour (Bookshelf Books) 20 2:00 Table Games: Balloon Badminton 3:30 Porch Chats: Bird Watching 7:00 Fireplace Films: Elder's Pick! Yom Kippur Begins	11:00 Puzzles & Board Games 21 2:15 Service w/ Pastor Chrissie (Helene's Hosts) 3:30 Yoga w/ Kellie (B/J's Hosts) 7:00 Color Club	Hair Salon is Open! 22 11:00 Stories w/ Staff (Bookshelf) 2:00 Art Hour: Waterpainting w/ Christine 3:30 Table Games: Staff Choice 7:00 Memory Lane: The Beverly Hillbillies (Amazon Prime) Autumn Begins	11:00 Spiritual Eldercare (YT) and 1-1s with Christine 23 2:00 Table Games: Staff Choice! 3:15 Zumba w/ Denise! 7:00 Music History: Dolly Parton: Big Hair, Bigger Heart (Prime Video)	11:00 Concert w/ Joe Miltsch 24 2:00 Chair Exercises w/ Christine (YT - Improved Health) 3:30 Manicures/Hand Massage & Music w/ Staff 7:00 National Geographic Nature Show (YT)	11:00 Friday Morning Reading Club w/ Christine 25 1:15 Seneca Park Zoo Outing! (10 Elders Max) 2:00 Table Games: Bingo 3:30 Happy Hour: Ice Cream Sundaes! 7:00 Friday Night Movie & Popcorn!	11:00 Saturday Morning Music - Elder's Choice! 26 2:00 Patio Bird Watching! 3:30 Board Games w/ Staff 7:00 The Lawrence Welk Show (YT)
11:00 Sunday Morning Reading Hour (Bookshelf Books) 27 1:00 Bills v. Chargers Watch Party! (FOX) 3:30 Trivia w/ Staff! (Bookshelf Binders) 7:00 Fireplace Films: The Dick Van Dyke Show (Prime)	11:00 Puzzles & Board Games 28 2:15 Service w/ Pastor Chrissie (B/J's Hosts) 3:30 Yoga w/ Kellie (Helene' Hosts) 7:00 Color Club	Hair Salon is Open! 29 11:00 Singalong w/ Suzie Q (YT) 2:00 Art Hour: Arts & Crafts w/ Christine 3:30 Living Room Soccer w/ Staff 7:00 Travelogue: Hidden Italy (Amazon Prime)	11:00 Spiritual Eldercare (YT) 30 1:45 Fairport Library Outing! 2:00 Puzzles & Board Games 3:30 Porch Chats: Bird Watching w/ Christine 7:00 Manicures/Hand Massage & Music w/ Staff	 September 2026 Helene's House		

Activities are hosted by the Shahbazim in each house, unless otherwise noted. Activities are subject to change to honor elder choice. To verify events or check for changes, please contact house Shahbaz. For any questions, please email greg.delacruz@rph.org.