

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 Daily Devotional (Bookshelf) 1</p> <p>2:00 Picture & Puzzle Hour</p> <p>3:30 Music & Movement: Living Room Dance Party!</p> <p>7:00 Fireplace Films: <i>Sinatra in Palm Springs</i> (Prime)</p>	<p>11:00 Monday Morning Music - Elder's Choice 2</p> <p>11:30 Music Therapy w/ Greg + Ja'lynn! (Helene's Hosts)</p> <p>2:00 Worship Service w/ Pastor Chrissie (Helene's Hosts)</p> <p>4:00 Yoga w/ Kellie! (Helene's Hosts)</p> <p>4:00 Pet Therapy: Visit with Kanzi from ROC Dog!</p> <p>7:00 Color Club</p>	<p>11:00 Decorate for St. Patrick's Day! 3</p> <p>2:00 Art Hour: Watercoloring</p> <p>3:30 Music Therapy w/ Lizzy</p> <p>7:00 Manicures/Hand Massage (with Lotion) & Music w/ Staff</p>	<p>11:00 Catholic Communion w/ Allegra and Dennis in B/J 4</p> <p>2:00 Music Hour: <i>Patsy Cline Concert - Layton Ampitheatre</i> (YT)</p> <p>3:45 Zumba w/ Denise!</p> <p>7:00 Women's History Month: <i>"Patsy Cline 'Crazy' Full Documentary</i> (YT - Cal Vid)</p>	<p>11:00 Coffee & Conversation: March Monthly Gazette 5</p> <p>1:30 Music w/ Greg @ B/J's</p> <p>3:30 Music & Movement: Living Room Soccer</p> <p>6:30 Crafts w/ Ginni @ B/J's</p>	<p>11:00 Golfing w/ Staff! 6</p> <p>2:00 Music & Walking Club</p> <p>3:30 Happy Hour: Kettle Corn!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 7</p> <p>2:00 Art Hour: Finger Painting</p> <p>3:30 15 Minute Seated Disco Workout (YT - Improved Health)</p> <p>7:00 Love Stories: <i>"The Seven Year Itch"</i> (Prime)</p>
<p>11:00 Picture & Puzzle Hour 8</p> <p>2:00 Coffee & Conversation</p> <p>3:30 Balloon Badminton</p> <p>7:00 Daily Devotional (Bookshelf)</p> <p>Daylight Saving Time Begins</p>	<p>11:00 Monday Morning Music - Elder's Choice 9</p> <p>11:30 Music Therapy w/ Greg + Ja'lynn! (Helene's Hosts)</p> <p>2:00 Worship Service w/ Pastor Chrissie</p> <p>4:00 Yoga w/ Kellie! (B/J Hosts)</p> <p>7:00 Color Club</p>	<p>11:00 Singalong w/ Suzie Q! (YT) 10</p> <p>2:00 Art Hour: Clover Painting</p> <p>3:30 Music Therapy w/ Lizzy (Helene's Hosts)</p> <p>7:00 Best of West Ireland (YT - Rick Steves)</p>	<p>11:00 Table Games: Ball Roll 11</p> <p>2:00 House Huddle/Elder Council</p> <p>3:15 Zumba w/ Denise! (Helene's Hosts)</p> <p>7:00 Manicures/Hand Massage (with Lotion) & Music w/ Staff</p>	<p>11:00 Coffee & Conversation: Daily Chronicles 12</p> <p>2:30 Concert w/ The Rochester Bagpiper! (B/J's Hosts)</p> <p>3:30 Art Hour: St. Patrick's Coloring Pages</p> <p>6:30 Crafts w/ Ginni @ B/J's</p>	<p>11:00 Table Games: Ping Pong 13</p> <p>2:00 Music & Movement: Living Room Soccer!</p> <p>3:30 Happy Hour: Chocolate Clover Pretzels!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 14</p> <p>2:00 Art Hour: Spring Crafts</p> <p>3:30 Music & Movement: Balloon Badminton</p> <p>7:00 Snack & Chat w/ Staff</p>
<p>11:00 Daily Devotional (Bookshelf) 15</p> <p>2:00 Art Hour: Irish Coloring Pages</p> <p>3:15 Rochester Academy of Irish Dance Performance! (Nancy's Hosts)</p> <p>7:00 13th Moon Gravity Well - Irish Trad Session (YT - Portland Irish Music)</p>	<p>11:00 Monday Morning Music - Elder's Choice 16</p> <p>11:30 Music Therapy w/ Greg + Ja'lynn! (Helene's Hosts)</p> <p>2:00 Worship Service w/ Pastor Chrissie (Helene's)</p> <p>3:30 Music & Stretching Club</p> <p>7:00 Color Club</p>	<p>WEAR GREEN! 17</p> <p>11:00 Making Shamrock Shakes!</p> <p>2:00 St. Patrick's Day Social w/ Annie, Bill, and Dave! (Nancy's Hosts)</p> <p>3:30 Music Therapy w/ Lizzy</p> <p>7:00 Dublin, Ireland Walking Tour (YT - World Wanderings)</p> <p>St. Patrick's Day</p>	<p>11:00 Table Games: Hockey 18</p> <p>2:00 Trivia w/ Staff!</p> <p>3:30 Women's History Month: <i>Whitney Houston Live in Concert</i> (YT)</p> <p>7:00 Snack & Chat w/ Staff!</p>	<p>11:00 Nature Viewing "The Humboldt Current (YT - Free Documentary Nature) 19</p> <p>2:00 Music & Movement: Living Room Soccer</p> <p>3:30 Art Hour: Craft Painting</p> <p>6:30 Crafts w/ Ginni @ B/J's</p>	<p>First Day of Spring! 20</p> <p>11:00 Table Games: Spring Launch!</p> <p>2:00 Spring Time Story Time w/ Staff</p> <p>3:30 Happy Hour: Ice Cream Sundaes!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 21</p> <p>2:00 Art Hour: Watercoloring</p> <p>3:30 Music & Movement: Ball Roll</p> <p>7:00 Women's History Month: <i>The Realms of the Unreal Jessica Yu</i> (YT - accochamps)</p>
<p>11:00 Picture & Puzzle Hour 22</p> <p>2:00 Table Games: Staff Choice!</p> <p>3:30 Music & Walking Club</p> <p>7:00 Daily Devotional (Bookshelf)</p>	<p>11:00 Monday Morning Music - Elder's Choice 23</p> <p>11:30 Music Therapy w/ Greg + Ja'lynn! (Helene's Hosts)</p> <p>2:00 Worship Service w/ Pastor Chrissie</p> <p>3:30 Seniorshape Chair Yoga! (Youtube)</p> <p>7:00 Color Club</p>	<p>11:00 Singalong w/ Suzie Q! (YT) 24</p> <p>2:00 Art Hour: Watercoloring</p> <p>3:30 Music Therapy w/ Lizzy (Helene's Hosts)</p> <p>7:00 South Ireland w/ Rick Steves (YT - Rick Steves)</p>	<p>11:00 Celebrating Spring Social w/ Music by Joe Miltsch! (Helene's House) 25</p> <p>2:00 Table Games: Ball Roll</p> <p>3:30 Spring Trivia w/ Staff!</p> <p>7:00 Manicures/Hand Massage (with Lotion) & Music w/ Staff</p>	<p>11:00 Music Hour: Vivaldi's Four Seasons - Visual Journey Through Italy's Landscapes (YT - Classical Relaxation) 26</p> <p>1:30 Music w/ Greg @ B/J's</p> <p>3:30 Coffee & Conversation: Daily Chronicles</p> <p>6:30 Crafts w/ Ginni @ B/J's</p>	<p>11:00 Table Games: Ping Pong 27</p> <p>1:45 Fairport Library Outing w/ Greg + Christine</p> <p>2:00 Music & Stretching Club!</p> <p>3:30 Happy Hour: Dirt Cups!</p> <p>7:00 Friday Night Popcorn and a Movie!</p>	<p>11:00 Saturday Morning Music - Elder's Choice 28</p> <p>2:00 Art Hour: March Coloring Pages</p> <p>3:30 Music & Movement: Living Room Soccer</p> <p>7:00 Snack & Chat w/ Staff</p>
<p>11:00 Spiritual Eldercare Palm Sunday (Youtube) 29</p> <p>2:00 Picture & Puzzle Hour</p> <p>3:30 Balloon Badminton</p> <p>7:00 Women's History Month: <i>Ella Fitzgerald Live in Milan</i> (YT)</p> <p>Palm Sunday</p>	<p>11:00 Monday Morning Music - Elder's Choice 30</p> <p>11:30 Music Therapy w/ Greg + Ja'lynn! (Helene's Hosts)</p> <p>2:00 Palm Sunday Service w/ Pastor Chrissie (B/J Hosts)</p> <p>3:30 Music & Walking Club</p> <p>7:00 Color Club</p>	<p>11:00 Seniorshape Chair Yoga (Youtube) 31</p> <p>2:00 Art Hour: Collage</p> <p>3:30 Music Therapy w/ Lizzy (Helene's Hosts)</p> <p>7:00 Manicures/Hand Massage (with Lotion) & Music w/ Staff</p>	<h1>March 2026</h1> <h2>Bill & Jude's House</h2>			

Activities are provided by the Shahbazim in each house, unless otherwise noted. Activities subject to change to honor elder choice. To verify events or check for changes, please contact the house Shahbaz. For any questions, please email greg.delacruz@rph.org.