

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

MARY'S

11:15 Spiritual Elder Care (YT) 4	Music Monday: ELVIS & DOLLY DAY! 5	WEAR WHITE 6	HAIRDRESSER 7	11:00 Rose Parade (Cable: NBC, ABC, CNN) 1	11:15 Nat Geo Show (Disney+) 2	11:15 "15-Min Beginner Christmas Workout + Stretch Low Impact & Festive Fun!" (YT: Improved Health) 3					
2:30 National Trivia Day: "General Bible Trivia Game" (YT: Children's Ministry Deals)	11:15 Morning Movement: Music & Pool Noodle Balloon Toss!	11:15 Hymn Sing: Spiritual Eldercare OR Mass (YT)	2:30 Afternoon Travel: "8 Beautiful Vintage Travelogues" (YT: British Pathé)	2:30 STAFF CHOIR	3:30 HAPPY HOUR: Fruit, Cheese & Crackers	2:30 - 3:30 Pet Therapy Visits w/ RocDog!					
4:15 "18 One Hit Wonder Songs From 1961 You Forgot" (YT: Retro America)	2:00 Elvis & Dolly Day w/ Ray!	2:30 "Making Exercise Fun with Classics of the 1970's! 70's music Dance Workout" (YT: Improved Health)	4:15 Manicures & Music: Pat's Pick!	4:30 Monthly Gazette Reading	6:15 Friday Night BINGO	4:30 Table Balloon Toss					
6:15 Sunday Devotional & Evening Bible Verses w/ Dorothy	4:15 "EVERY BILLBOARD #1 HIT (1960 - 1969) WITH VIDEO" (YT: Tromboybk)	4:15 Manicures & Trivia!	6:15 Reminiscing with "60's Pop Rock Reunion Show 2004" (YT: Luiz Magno Guanaes)	New Year's Day alyssa - off		7:00 The Lawrence Welk Show & Saturday Night Snack					
11:15 Spiritual Elder Care (YT) 11	11:15 Morning TV: Leave It To Beaver (Prime)	WEAR BLUE 12	11:15 "Dick Van Dyke Watch the Romance Movie Fitzwilly" (YT: Classic Hollywood Tv Series)	HAPPY BDAY ELVIS! 8	11:15 Morning BINGO!	11:15 Walking Club: House Walk 10 w/ Music!					
2:30 Afternoon Snack & "Paul McCartney: Live from NYC" (YT)	1:45 ZUMBA w/ Denise	2:30 Afternoon Movie: Elder's Choice!	2:30 Wintertime Memories Day (Handout)	10:30 Music Therapy w/ Cassie!	2:30 School of Rock (Disney+)	2:30 Afternoon Movie: Elder's Choice!					
4:30 Table Balloon Toss!	2:30 Dozen Day: Name 12 Game! (Handout)	4:15 Manicures & "Disco Music 80s - Video Mix" (YT: Daniele Cinto)	4:15 Coloring Club!	11:15 Art Show & Tell w/ Alyssa	3:30 HAPPY HOUR: Moose Tracks Ice Cream & "Super Moose (Full Episode)	4:30 Table Games					
6:15 Sunday Devotional	4:15 Relaxing Music & Water Painting	6:15 Evening Trivia Tuesday (Trivia Binder)	6:15 Reminiscing with "Top 30 Catchiest Songs from Classic Movie Musicals" (YT: MsMojo)	2:30 Cards & Crafts w/ Deb	1 America the Wild" (YT: Nat Geo Animals)	7:00 The Lawrence Welk Show & Saturday Night Snack					
11:15 Coffee Day: Morning Coffee & Daily Chronicle Reading! 18	HAPPY BDAY DOLLY! 19	WEAR YELLOW 20	11:15 "The Beatles - A Hard Days Night - In Colour" (YT: Itsamodthing)	4:15 Manicures & Music: Elvis Greatest Hits (YT)	4:30 Daily Chronicle Reading						
2:30 Spiritual Elder Care (YT)	11:15 Martin Luther King Jr. Day Facts (Handout)	10:30 Music w/ Ryan!	2:30 Elder's Choice!	5:30 Spiritual Program w/ Shelly	6:15 Evening Art: "Rick Steves Art of the Modern Age" (YT: Rick Steves' Europe)						
4:15 "50 One Hit Wonders From The 1950s You Forgot" (YT: Retro America)	2:30 Name That Celebrity Binder	2:30 "Get Moving! Seated Strength & Stretch Workout with Maria - Here We Go! All-Seated Fitness Practice" (YT: Yoga Vista)	4:15 Disco Day: "Disco Music 70s - Video Mix" (YT: Daniele Cinto) & Word Puzzles	10:30 Music Therapy w/ Cassie!	10:00 HOUSE HUDDLE: Staff & Elders	11:15 "Where Chair Yoga Dance 17 Began – Join Olga for the All-Dancing Class That Started It All!" (YT: Yoga Vista)					
6:15 Sunday Devotional & Evening Bible Verses w/ Dorothy	4:15 Happy Birthday Dolly: Dolly Parton Greatest Hits (YT)	4:00 Manicures & Leave it to Beaver (Prime)	6:30 ROCapella (w/ Daisy's)	2:15 Pictionary w/ Alyssa	10:30 ELDER COUNCIL	2:30 - 3:30 Pet Therapy Visits w/ RocDog!					
Martin Luther King Jr. Day	6:15 Popcorn & Dolly Movie Night: "Blue Valley Songbird" (Prime)	6:15 Evening Reading: Chicken Soup		3:00 Dog Visit w/ Bella & Deb!	11:15 "South Georgia - Penguin Paradise of the South Atlantic Free Documentary Nature"	4:30 Table Balloon Toss					
11:15 Spiritual Elder Care (YT) 25	11:15 Coffee & Conversation: Daily Chronicle Reading	STRANGE SOCKS DAY! 26	11:15 Music Trivia (Handout)	4:30 Worship Service (Melfi) @ MARY'S	2:30 STAFF CHOIR	7:00 Betty White Day: The Golden Girls (Disney+) & Saturday Night Snack					
2:30 Soda Fountain Day: Root Beer Float Social!	2:30 ZUMBA w/ Denise	11:15 Mad Hatter Day: Alice in Wonderland - 2010 (Disney+)	2:30 Afternoon BINGO!	6:15 Music by the Fire: Cocoa by the Fireplace & "Stevie Nicks - Stevie Nicks: Live At Red Rocks" (YT: YouTube Movies & TV)	3:30 HAPPY HOUR: Fig Newton Day! Snacks & Facts!						
4:15 Full House (Disney+)	4:15 Music Hour: Elder's Choice!	1:00 Meeting Pastor Chrissie!	4:15 Coloring Club!	6:15 Music by the Fire: Music & Cocoa by the Fireplace	4:30 Coloring Club/Word Puzzles						
6:15 Sunday Devotional	6:15 "Cary Grant Romcom Full Movie His Girl Friday (1940) Retrospective" (YT: Retrospective - Classic Movies)	2:30 Elder's Choice!	6:15 Reminiscing with "Sonny & Cher Show (Comedy Hour) December 27, 1971"	6:15 Friday Night BINGO	6:15 Coffee & Conversation: Daily Chronicle Reading	11:15 Walking Club: House Walk 24 w/ Music!					
		4:15 Manicures & "Top of the Pops - Pop Go the Sixties - 31st December 1969" (YT: TottyP)			2:15 Hangman w/ Alyssa	2:30 The Lucy Show (Prime)					
		6:15 Tea & Trivia!			4:15 Manicures & Andy Griffith Show (Prime)	4:30 Table Games					
					5:30 Spiritual Program w/ Shelly	7:00 The Lawrence Welk Show & Saturday Night Snack					
					6:15 Music by the Fire: Music & Cocoa by the Fireplace						
					10:30 Music Therapy w/ Cassie!						
					2:15 Coffee Tasting w/ Alyssa						
					3:30 Reading w/ Deb!						
					4:00 Manicures & Movie: Mrs. Doubtfire (Disney+)						
					5:30 Spiritual Program w/ Shelly						
					6:15 Music by the Fire: Music & Cocoa by the Fireplace						
					11:15 Morning Movement: Elder's Choice!						
					2:30 STAFF CHOIR						
					3:30 HAPPY HOUR: Fruit, Cheese & Crackers						
					4:30 Coloring Club/Word Puzzles						
					6:15 Friday Night BINGO						

Activities are provided by the Shahbazim in each house unless otherwise stated. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz. CY = Courtyard YT = YouTube **All Concerts will be held in the courtyard if weather cooperates. If not, concerts will be held in house. Any questions, please contact Alyssa at (585) 594-8720 ext. 102 or alyssa.macidyn@rph.org