

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

ALICE'S

11:15 Spiritual Elder Care (YT) 4 2:30 National Trivia Day: "Animals of the Bible Trivia Game" (YT: Children's Ministry Deals) 4:15 "18 One Hit Wonder Songs From 1961 You Forgot" (YT: Retro America) 6:15 Sunday Devotional	Music Monday: ELVIS & DOLLY DAY! 5 11:15 Morning Movement: Music & Pool Noodle Balloon Toss! 3:00 Elvis & Dolly Day w/ Ray! 4:15 "Singalong Classics from the 70s Songs for Seniors" (YT: Songs for Seniors) 6:15 Evening Movie: "Grease Live!" (YT)	WEAR WHITE 6 11:15 Art Show & Tell w/ Alyssa 2:30 Hymn Sing: Spiritual Eldercare OR Mass (YT) 4:00 Manicures & Snow Dogs (Disney+) 6:15 Tuesday Night Reading: Chicken Soup	HAIRDRESSER 7 11:15 Morning Music: Sing Along w/ Susie Q (YT) 2:30 BIG Picture Cards & Fabric Squares 4:15 1:1 Staff Visits 6:15 Reminiscing with "60's Pop Rock Reunion Show 2004" (YT: Luiz Magno Guanaes)	11:00 Rose Parade (Cable: NBC, ABC, CNN) 1 2:30 Afternoon Travel: "8 Beautiful Vintage Travelogues" (YT: British Pathé) 4:15 Manicures & Lassie (Prime) 6:15 Music by the Fire: Music & Cocoa by the Fireplace New Year's Day alyssa - off	11:15 Nat Geo Show (Disney+) 2 2:30 Sing Along w/ Susie Q (YT) 3:30 HAPPY HOUR: Fruit, Cheese & Crackers 4:30 Monthly Gazette Reading 6:15 Friday Night Movie: Elder's Choice!	11:15 Music & Movement: Chair Dancing 2:30 - 3:30 Pet Therapy Visits w/ RocDog! 4:15 Evening Hand Massages w/ Lotion & Aromatherapy 7:00 The Lawrence Welk Show & Saturday Night Snack
11:15 Spiritual Elder Care (YT) 11 2:30 "Frank Sinatra Song Singalong for Seniors (with lyrics)" (YT: Senior Home Singalongs) 4:30 Daily Chronicle Reading 6:15 Sunday Devotional	11:15 Dozen Day: Cheaper by the Dozen - 2003 (Disney+) 2:45 ZUMBA w/ Denise 4:15 Green Acres (Prime) 6:15 Relaxing Music & Water Painting	WEAR BLUE 13 11:15 1:1 Visits w/ Alyssa 2:30 Music & Balloon Toss! 4:15 Manicures & "Disco Music 80s - Video Mix" (YT: Daniele Cinto) 6:15 Tuesday Night Reading	11:15 Morning Movement: Music & Stretches! 2:30 "Most hilarious and heartwarming baby bloopers on the internet Top Trending Babies Videos" (YT: laugh loud) 4:15 Picture Books/Picture Binders 6:15 Reminiscing with "Top 30 Catchiest Songs from Classic Movie Musicals" (YT: MsMojo)	11:30 Music Therapy w/ Cassie! 15 2:30 The Incredible Journey (Disney+) 3:00 Dog Visit w/ Bella & Deb! 4:15 BIG Picture Cards & Fabric Squares 6:15 Music by the Fire: Cocoa by the Fireplace & "Stevie Nicks - Stevie Nicks: Live At Red Rocks" (YT: YouTube Movies & TV)	11:15 "South Georgia - Penguin Paradise of the South Atlantic Free Documentary Nature" (YT: Free Documentary - Nature) 2:30 Sing Along w/ Susie Q (YT) 3:30 HAPPY HOUR: Fig Newton Day! Snacks & Facts! 4:30 Table Balloon Toss 6:15 Evening Daily Chronicle Reading	HBD FRAN! 17 11:15 Betty White Day: The Golden Girls (Disney+) 2:30 - 3:30 Pet Therapy Visits w/ RocDog! 4:15 Evening Hand Massages w/ Lotion & Aromatherapy 7:00 The Lawrence Welk Show & Saturday Night Snack
11:15 Coffee Day: Morning Coffee & Daily Chronicle Reading! 2:30 Spiritual Elder Care (YT) 4:15 "50 One Hit Wonders From The 1950s You Forgot" (YT: Retro America) 6:15 Sunday Devotional	HAPPY BDAY DOLLY! 19 11:15 Martin Luther King Jr. Day Facts (Handout) 2:30 Popcorn & Dolly Movie: "Blue Valley Songbird" (Prime) 4:15 1:1 & Dolly Parton Pictures! 6:15 Happy Birthday Dolly: Dolly Parton Greatest Hits (YT) Martin Luther King Jr. Day	WEAR YELLOW 20 11:30 Music w/ Ryan! 2:15 Reading w/ Alyssa 4:15 Manicures, Massages & "Golden Oldies of the Great Outdoors Nature-Inspired Singalong for Seniors" (YT: Songs for Seniors) 6:15 Tuesday Night Reading: Chicken Soup	HAIRDRESSER 21 11:15 Morning Music: Sing Along w/ Susie Q (YT) 2:30 "The Beatles - A Hard Days Night - In Colour" (YT: Itsamodthing) & Snack Social 4:15 Disco Day: "Disco Music 70s - Video Mix" (YT: Daniele Cinto) 6:15 1:1 Visits 7:00 ROCappella @ HELEN'S	11:30 Music Therapy w/ Cassie! 22 2:30 "Posture Power – Wheelchair & Chair Yoga for Better Alignment – with Sherry Zak Morris" (YT: Yoga Vista) 3:30 Reading w/ Deb! 4:15 Leave it to Beaver (Prime) 6:15 Music by the Fire: Music & Cocoa by the Fireplace	11:15 Morning Movement: Elder's Choice! 2:00 STAFF CHOIR 3:30 HAPPY HOUR: Ice Cream Social! 4:30 Daily Chronicle Reading 6:15 Rock & Roll Hall of Fame Day: "The Rock and Roll Hall of Fame 25th Anniversary Concert Best of 4K" (YT: Michael David)	11:15 "Love Song Singalong for Seniors (with lyrics)" (YT: Senior Home Singalongs) 2:30 Reading Circle! 4:30 Table Balloon Toss 7:00 The Lawrence Welk Show & Saturday Night Snack
11:15 Spiritual Elder Care (YT) 25 2:30 Soda Fountain Day: Root Beer Float Social! 4:30 Table Balloon Toss 6:15 Sunday Devotional	11:15 Morning Music: Elder's Choice! 2:30 1:1 & Photo Binders 3:30 ZUMBA w/ Denise 4:15 Relaxing Music Hour! 6:15 "Cary Grant Romcom Full Movie His Girl Friday (1940) Retrospective" (YT: Retrospective - Classic Movies)	STRANGE SOCKS DAY! 27 11:00 Meeting Pastor Chrissy! 2:15 1:1 Visits w/ Alyssa 4:00 Manicures & Mad Hatter Day: Alice in Wonderland - 2010 (Disney+) 6:15 Tuesday Night Reading	11:15 Morning Music: "Singalong Music Group for Seniors Songs from the 50s, 60s, and 70s" (YT: CreativeVibesMT) 2:30 Daily Chronicle Reading 4:15 BIG Picture Cards & Fabric Squares 6:15 Reminiscing with "Sonny & Cher Show (Comedy Hour) December 27, 1971"	11:30 Music Therapy w/ Cassie! 29 2:30 Music & Movement: Balloon Toss 4:15 "Top of the Pops - Pop Go the Sixties - 31st December 1969" (YT: TottyP) 6:15 Sleeping Beauty Anniversary: Sleeping Beauty (Disney+)	11:15 Elder's Choice! 2:30 Sing Along w/ Susie Q (YT) 3:30 HAPPY HOUR: Fruit, Cheese & Crackers 4:30 Daily Chronicle Reading 6:15 Friday Night Movie	11:15 Morning Movie! 2:30 Walking Club: House Walk w/ Music! 4:15 Evening Hand Massages w/ Lotion & Aromatherapy 7:00 The Lawrence Welk Show & Saturday Night Snack

Activities are provided by the Shahbazim in each house unless otherwise stated. Activities subject to change. To verify events or check for changes, please contact the house Shahbaz. CY = Courtyard YT = YouTube **All Concerts will be held in the courtyard if weather cooperates. If not, concerts will be held in house. Any questions, please contact Alyssa at (585) 594-8720 ext. 102 or alyssa.macidyn@rph.org