MM BEAUTY

Pre-Microneedling Instructions/Preparation

- Patient has not been on Accutane for the past 6 months (No Exceptions)
- No autoimmune therapies or products 12 hours prior to your treatment.
- Avoid Retin-A products (retinoids), topical antibiotics, hydroquinone, and benzoyl peroxide 3 days prior to treatment.
- No acids or skin exfoliants, 24 hours before the treatment that might dry or irritate the skin. (Alpha hydroxy acid – AHA) or (Beta hydroxyl acids – BHA)
- No prolonged sun exposure to the area that will be treated, 24 hours prior to your treatment. (Microneedling should not be administered on sunburned skin)
- No IPL/Laser procedures for 7 days prior to microneedling.
- No waxing, depilatory creams or electrolysis 7 days prior to the procedure.
- No shaving the day of the procedure
- On the day of the treatment, the patient should keep their face clean and do not apply makeup if possible.
- Antiviral agent for 2 days prior to and day of treatment if history of cold sores.
- If an active or extreme breakout occur before treatment. Patient can be treated and the infected area must be avoided or the procedure should be rescheduled.
- Avoid excessive Alcohol, Aspirin, NSAIDs (ibuprofen, Aleve) Garlic, Gingko Biloba, Fish Oils and Vitamin E for 5-7 days prior to your treatment unless recommended by the patient's physician. This may help to decrease the risk of bruising during the treatment but is not contraindicated.

Have any questions??? Contact me at MorganMerrillBeauty@gmail.com