

Post Peel Guidelines

- Do not do anything that will cause your body to become heated or perspire. This may lead to inflammation or breakouts
- Do not scrub your face or use facial scrubs
- Avoid Chlorine, hair removal treatments, lasers and facial injections
- You may experience some visual flaking or shedding of the skin approximately 2-4 days post peel. The visual amount of flaking is not indicative of your end results. DO NOT pick
- or manually peel the skin.
- Due to increased sensitivity to the skin post peel, avoid prolong sun exposure. This will also ensure the best results of the peel. This could lead to hyper-pigmentation or a sunburn. Always use SPF.
- Avoid any glycolic, retinol or Retin-A 5-7 days after a peel. Use only the post peel kit to get the full benefits of the peel.

"The best compliment is a referral"