After Tan Care

- 1. Avoid showering for at least 6 hours, overnight is best
- 2. Avoid working out, sweating, hot tubs, swimming, etc.
- 3. Do not shave or exfoliate for at least 3 days4. Moisturize twice daily if possible to pro-long tan.
 - 4. Moisturize twice daily if possible to pro-iorig ta Should last 5 - 7 days



Call/Text MM Beauty at 916-520-9310 with any questions or concerns. Thank you and I hope to see you again soon!