

Monthly Devotion: The Immaculate Heart of Mary

“Don’t lose heart. I will never forsake you. My Immaculate Heart will be your refuge and the way that will lead you to God.” – Our Lady of Fatima



An Evening with Mary: **August 15th @ 6:30pm in the Commons**

On the feast of the Assumption of the Blessed Virgin, YAM will attend 5:15 Mass at St. Pats and then spend an evening with our Holy Mother Mary. We will spend time discussing and learning of Mary and her Immaculate Heart, take time for prayer (group and individual) in the chapel followed by a social with Milkshakes! Bring your favorite topping if you have one & reach out with questions!



Devotion to the Immaculate Heart of Mary:

Mary's Immaculate Heart is more than sentiment; it's about mission. Her heart is united to Jesus' own Sacred Heart, mirroring His love for humanity and sharing in His redemptive suffering.

The modern world serves up many different battles, but Mary's answer remains the same: Turn to her heart to find Christ. Her example of trust, humility, and steadfast love offers a blueprint for how to live with integrity and hope

To honor her heart is to learn how to love more deeply, to say “yes” to God even in confusion, and to bring peace to others through prayer and sacrifice. Mary's heart is not only a refuge; it's a school of discipleship.

Escape Room : Murder Mansion **Aug. 30 @ 7:30pm**

YAM is planning a night to go to escapology in Cedar Falls for a murder mansion escape room. Team building & fun all in one. Gen will reserve our spot on August 11th to ensure we get a room. Tickets are \$36.99/adult. Rooms are a minimum of 3 people. Please email Gen if you are interested in coming! gstaudt@saintpatrickcf.org



July Recap & Devotion to the Immaculate Heart of Mary

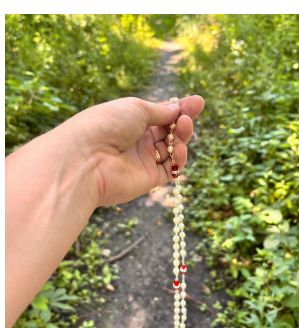


YAM had a great night at the Waterloo Bucks Game on July 18th. Good friends, good entertainment, and good food. Thank you, Heavenly Father, for it all!

Showing devotion to the Immaculate Heart of Mary:

Novena to the Immaculate Heart of Mary:
<https://novenaprayer.com/novena-to-the-immaculate-heart-of-mary/>
Litany of the Immaculate Heart of Mary:
thecatholiccrusade.com/litany-of-the-immaculate-heart-of-mary/

"You, at least, endeavor to console me and say that all those who, for five months, on the first Saturday, will confess, receive Holy Communion, recite the Rosary, and keep me company for fifteen minutes by meditating on the fifteen mysteries of the Rosary, in the spirit of reparation, I promise to assist them at the hour of death with all the graces necessary for the salvation of their soul." Our Lady of Fatima to Sister Lucia of Fatima.



A hot but fruitful Rosary Hike on the 27th! We even had a "junior" hiker join us! Eli especially enjoyed the ice cream for a cool down!

We wrapped up our Summer Book Study! This Present Paradise by Claire Dwyer taught us about finding holiness in everyday life, finding God in our inner cell where He makes space within us, and learned much more about the Holy St. Elizabeth of the Trinity.

