

GARDEN TO TABLE

INDEPENDENT & ASSISTED LIVING | CONTACT LIFE ENRICHMENT AT 763-498-4594



Guardian Angels
ENGEL HAUS

SEPTEMBER 2026

GARDEN TO TABLE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EM Emotional EN Environmental IL Intellectual OC Occupational PH Physical SO Social SP Spiritual		10:00 IL Morning Reflection: Planting Seeds: New Beginnings 11:00 IL Music w/ Meiny 1:30 PH Exercise w/ Amanda 2:30 SO Kaffee & Kuchen 3:00 IL Trivia Tuesday 4:15 PH Bowling 5:45 IL Shake Loose a Memory	1 10:00 PH WOW Fitness w/ Angela 10:30 EN Gardening w/: Summer 1:30 IL Watercolor Wednesday 2:30 SO Kaffee & Kuchen 4:15 PH Balloon Badminton 5:45 PH Bean Bag Toss	2 10:00 PH Morning Stretch 11:00 SP Worship Service w/ Pastor Mike 1:30 IL 6-5-4 Dice Game 2:30 SO Kaffee & Kuchen 3:30 EM Music w/ Mary 4:15 PH Ring Toss 6:45 IL Movie Night - Rescued by Ruby - Netflix	3 10:00 IL Read & Reminisce : Gardens we Remember 10:45 PH Friday Fitness 1:30 SO Happy Hour w/: Ross McLeod 4:15 PH Balloon Volleyball 5:30 IL Game Night	4 10:00 PH Saturday Stretch w/ Mallory 10:30 IL Daily Chronicle Read & Discuss 11:00 EM Hymn Sing & Musical Instruments 2:30 SO Kaffee & Kuchen & Bible Study 3:00 IL Trivia
10:00 PH Chair Yoga w/ Mallory 10:30 IL Name that Tune 11:00 SP Daily Bread & Hymn Sing 1:00 EM Movie & Popcorn 2:30 SO Kaffee & Kuchen 3:00 IL Creative Coloring	6 LABOR DAY 10:30 IL News & Coffee 11:00 SO Sing-a-Long 1:30 SO Creative Coloring 2:30 SO Kaffee & Kuchen 4:15 PH Parachute 5:45 IL Bingo	7 10:00 IL Morning Reflection: Growing & Blooming 1:30 PH Exercise w/ Amanda 2:30 SO Kaffee & Kuchen 3:00 IL Trivia Tuesday 4:15 PH Bowling 5:45 IL Shake Loose a Memory	8 10:00 PH WOW Fitness w/ Angela 1:30 IL Watercolor Wednesday 2:30 SO Kaffee & Kuchen 4:15 PH Balloon Badminton 5:45 PH Bean Bag Toss	9 10:00 PH Morning Stretch 11:00 SP Worship Service w/ Pastor Mike 1:30 IL 6-5-4 Dice Game 2:30 SO Kaffee & Kuchen 3:30 EM Music w/ Mary 4:15 PH Ring Toss 6:45 IL Movie Night - The Magic of Belle Isle	10 10:00 IL Read & Reminisce: From Garden to Kitchen 10:45 PH Friday Fitness 1:30 SO 1:1 Visits w/: Amanda 2:30 SO Kaffee & Kuchen 4:15 PH Balloon Volleyball 5:30 IL Game Night	11 10:00 PH Saturday Stretch w/ Sophie 10:30 IL Daily Chronicle Read & Discuss 11:00 EM Hymn Sing & Musical Instruments 2:30 SO Kaffee & Kuchen & Bible Study 3:00 IL Trivia
10:00 PH Chair Yoga w/ Sophie 10:30 IL Name that Tune 11:00 SP Daily Bread & Hymn Sing 1:00 EM Movie & Popcorn 2:30 SO Kaffee & Kuchen 3:00 IL Creative Coloring	13 10:00 PH WOW Fitness w/ Angela 10:30 IL News & Coffee 1:30 SO Manicure Monday 2:30 SO Kaffee & Kuchen 3:00 EM Pet Visits w/Kraig & Buddy 4:15 PH Parachute 5:45 IL Bingo	14 10:00 PH WOW Fitness w/ Angela 10:30 IL News & Coffee 1:30 SO Manicure Monday 2:30 SO Kaffee & Kuchen 3:00 EM Pet Visits w/Kraig & Buddy 4:15 PH Parachute 5:45 IL Bingo	15 10:00 IL Morning Reflection: From Garden to Table 11:00 IL Music w/ Meiny 1:30 PH Exercise w/ Amanda 2:30 SO Kaffee & Kuchen 3:00 IL Trivia Tuesday 4:15 PH Bowling 5:45 IL Shake Loose a Memory	16 10:00 PH WOW Fitness w/ Angela 10:30 EN Gardening w/: Summer 1:30 IL Watercolor Wednesday 2:30 SO In the Kitchen w/: Amanda Making Carmel Apple Treats 4:15 PH Balloon Badminton 5:45 PH Bean Bag Toss	17 10:00 PH Morning Stretch 11:00 SP Worship Service w/ Pastor Paul 1:30 IL Art-4-Life w/: Suzy 1:30 IL 6-5-4 Dice Game 2:30 SO Kaffee & Kuchen 3:30 EM Music w/ Mary 4:15 PH Ring Toss 6:45 IL Movie Night - Nonnas- Netflix	18 10:00 IL Read & Reminisce : Sweet Summer Harvests 10:45 PH Friday Fitness 1:30 SO Happy Hour w/: Cowboy Todd Anderson 2:30 SO Kaffee & Kuchen 4:15 PH Balloon Volleyball 5:30 IL Game Night
10:00 PH Chair Yoga w/ Mallory 10:30 IL Name that Tune 11:00 SP Daily Bread & Hymn Sing 1:00 EM Movie & Popcorn 2:30 SO Kaffee & Kuchen 3:00 IL Creative Coloring	20 10:00 PH WOW Fitness w/ Angela 10:30 IL News & Coffee 1:30 SO Manicure Monday 2:30 SO Kaffee & Kuchen 3:00 EM Pet Visits w/Kraig & Buddy 4:15 PH Parachute 5:45 IL Bingo	21 10:00 PH WOW Fitness w/ Angela 10:30 IL News & Coffee 1:30 SO Manicure Monday 2:30 SO Kaffee & Kuchen 3:00 EM Pet Visits w/Kraig & Buddy 4:15 PH Parachute 5:45 IL Bingo	22 10:00 IL Morning Reflection: Harvesting Memories 11:00 IL Music w/ Meiny 1:30 PH Exercise w/ Amanda 2:30 SO Kaffee & Kuchen 3:00 IL Trivia Tuesday 4:15 PH Bowling 5:45 IL Shake Loose a Memory	23 10:00 PH WOW Fitness w/ Angela 1:30 IL Watercolor Wednesday 2:30 SO Kaffee & Kuchen 4:15 PH Balloon Badminton 5:45 PH Bean Bag Toss	24 10:00 PH Morning Stretch 11:00 SP Worship Service w/ Pastor Mike 1:30 IL 6-5-4 Dice Game 2:30 SO Kaffee & Kuchen 3:30 EM Music w/ Mary 4:15 PH Ring Toss 6:45 IL Movie Night - The Royal Treatment	25 10:00 IL Read & Reminisce : Sharing the Harvest 10:45 PH Friday Fitness 1:30 SO September Birthday Party By: Accordion w/: Linda 2:30 SO Kaffee & Kuchen 4:15 PH Balloon Volleyball 5:30 IL Game Night
10:00 PH Chair Yoga w/ Sophie 10:30 IL Name that Tune 11:00 SP Daily Bread & Hymn Sing 1:00 EM Movie & Popcorn 2:30 SO Kaffee & Kuchen 3:00 IL Creative Coloring	27 10:00 PH WOW Fitness w/ Angela 10:30 IL News & Coffee 1:30 SO Manicure Monday 2:30 SO Kaffee & Kuchen 3:00 EM Pet Visits w/Kraig & Buddy 4:15 PH Parachute 5:45 IL Bingo	28 10:00 PH WOW Fitness w/ Angela 10:30 IL News & Coffee 1:30 SO Manicure Monday 2:30 SO Kaffee & Kuchen 3:00 EM Pet Visits w/Kraig & Buddy 4:15 PH Parachute 5:45 IL Bingo	29 10:00 IL Morning Reflection: Starting the Harvest 11:00 IL Music w/ Meiny 1:30 PH Exercise w/ Amanda 2:30 SO Kaffee & Kuchen 3:00 IL Trivia Tuesday 4:15 PH Bowling 5:45 IL Shake Loose a Memory	30 10:00 PH WOW Fitness w/ Angela 1:30 IL Watercolor Wednesday 2:30 SO Kaffee & Kuchen 4:15 PH Balloon Badminton 5:45 PH Bean Bag Toss		