

Choice of One Starter Available with Each Meal -

Soup of the day Garden Side Salad Fresh Fruit Cup

# **SUNDAY 10/19**

Chef Special - Ham Salad Sandwich with Potato Chips and Fruit **Dessert - Jello Dessert** 

### **MONDAY 10/20**

Chef Special - Cheeseburger Chowder with Cold Deli Sandwich with LTO (Turkey or Ham) **Dessert - Rosy Pears** 

#### **TUESDAY 10/21**

Chef Special - Tuna Noodle Hotdish with Herbed Dinner Roll Dessert - Chef's Choice Cake

# WEDNESDAY 10/22

Chef Special - Chicken Chow Mein over White Rice with Crunchy Noodles and Vegetable Spring Roll

**Dessert - Tapioca Pudding** 



**Kitchen Phone # - 763-270-3487** 

# THURSDAY 10/23

Chef Special - Beef Taco Salad with Avocado and Tortilla Chips **Dessert - Baked Cinnamon Apples** 

### **FRIDAY 10/24**

Chef Special - Broccoli Cheese Soup with Chicken Salad on Leaf Lettuce and Crusty Bread

**Dessert - Fruit Crisp** 

### SATURDAY 10/25

Chef Special - BBQ Pork with Onion Tanglers, Sweet Potato Fries and Corn Muffin (Not a Sandwich - Feel free to ask for it on a bun if you would like to turn it into a sandwich)

**Dessert - Cookie** 

\*Soup of the day can be used as an Alternative option - Add a sandwich to make it a meal!

\*We will have LIMITED quantities of Grilled Chicken Breast and Baked Potatoes available to substitute Entree items for low sodium options



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# **SUNDAY 10/19**

Chef Special - Glazed Meatloaf with Mashed Potatoes & Gravy, Vegetables and Dinner Roll Dessert - Pie

# **MONDAY 10/20**

Chef Special - Cranberry Chicken
Thighs with Wild Rice Blend and
Roasted Vegetables
Dessert - Ice Cream

### **TUESDAY 10/21**

Chef Special - Pork Chops with Caramelized Onions and Apples with Parmesan Smashed Yukon Potatoes and Vegetable of the Day Dessert - Dessert Bar

### WEDNESDAY 10/22

Chef Special - Bowl of Chili with Cheese, Sour Cream, Onions and Cornbread Muffin Dessert - Apple Strudel Dessert



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# **THURSDAY 10/23**

Chef Special - Baked Salmon OR
Chicken Breast with Lemon Cream
Sauce, Herbed Orzo and Rice Blend
with Vegetable of the Day
Dessert - Pumpkin Mousse

### **FRIDAY 10/24**

**Chef Special -** Reuben OR Rachel Sandwich with Potato Wedges and Pickle

**Dessert - Cookie** 

### SATURDAY 10/25

Chef Special - Spaghetti with Meat Sauce, Parmesan Cheese, Garlic Bread and Vegetable of the Day Dessert - Brownie

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