

# JULY 2026

## STARS AND STRIPES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>EM</b> Emotional <b>EN</b> Environmental <b>IL</b> Intellectual <b>OC</b> Occupational <b>PH</b> Physical <b>SO</b> Social <b>SP</b> Spiritual	<b>CR</b> Community Room <b>CS</b> Coffee Shop <b>DR</b> Dining Room		<b>International Joke Day</b> 10:00 <b>PH</b> Exercise - WOW (CR) 10:30 <b>SP</b> Worship with Pastor Mike (CR) 1:30 <b>SP</b> Bible Study with Pastor Mike (CR) 2:30 <b>SO</b> Popcorn & Community (CS) 3:00 <b>EM</b> Fourth of July Memories on the Porch 6:00 <b>IL</b> Game Night (CR)	<b>1</b> 10:00 <b>SP</b> Catholic Communion (CR) 10:45 <b>PH</b> Exercises (CR) 1:30 <b>IL</b> Bingo (CR) 3:00 <b>IL</b> Deal Me in Card group (CS)	<b>2</b> <b>Wear Red, White and Blue Today</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>IL</b> Patriotic Trivia (CR) 2:30 <b>SO</b> Stars and Stripes Social (CS) 3:00 <b>PH</b> Walk and Wellness Club-Patriotic Walk	<b>3</b> <b>Independence Day and Happy Birthday Helen M!</b> 1:30 <b>IL</b> Bingo (CR) 2:30 <b>SO</b> Cards and Conversation (CS)
12:45 <b>IL</b> Trivia on the Porch 1:30 <b>SP</b> Devotion and Melodies of Faith (CR) 2:30 <b>SO</b> Cards and Conversation (CS)	<b>5</b> <b>World Kissing Day</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>SP</b> Songs of Faith (CR) 1:30 <b>IL</b> Yahtzee (CR) 2:00 <b>OC</b> Walmart Outing-Sign Up 3:00 <b>PH</b> Walk and Wellness	<b>6</b> <b>Happy Birthday Vern W!</b> 10:00 <b>PH</b> Exercises 10:30 <b>IL</b> Piggy Bankers (CR) 1:30 <b>OC</b> Prayer Beads Craft (CR) 3:00 <b>IL</b> Games and Conversation (CS)	<b>7</b> 10:00 <b>PH</b> Exercise - WOW (CR) 10:30 <b>SP</b> Worship with Pastor Mike (CR) 1:30 <b>SP</b> Bible Study with Pastor Mike (CR) 2:30 <b>SO</b> Popcorn & Community (CS) 3:00 <b>PH</b> Walk and Wellness 5:30 <b>EM</b> Pet Visits 6:00 <b>IL</b> Game Night (CR)	<b>8</b> 10:00 <b>SP</b> Catholic Communion (CR) 10:45 <b>PH</b> Exercises (CR) 1:30 <b>IL</b> Bingo (CR) 2:30 <b>SO</b> Social Hour-Sugar Cookies and Lemonade (CS) 3:00 <b>IL</b> Deal Me in Card Group (CS)	<b>9</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>OC</b> Resident Council (CR) 1:30 <b>IL</b> Blank Slate Game (CR) 3:00 <b>PH</b> Walk and Wellness Club-Patriotic Walk	<b>10</b> 1:30 <b>IL</b> Bingo (CR) 2:30 <b>SO</b> Cards and Conversation (CS)
12:45 <b>IL</b> Trivia on the Porch 1:30 <b>SP</b> Devotion and Melodies of Faith (CR) 2:30 <b>SO</b> Cards and Conversation (CS)	<b>12</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>SP</b> Songs of Faith (CR) 2:00 <b>SO</b> Birthday Bash-Music By The Chicks (DR) 3:00 <b>PH</b> Walk and Wellness	<b>13</b> <b>Happy Birthday Darla R!</b> 10:00 <b>PH</b> Exercises 10:30 <b>IL</b> Wheel of Fortune (CR) 1:30 <b>EM</b> Pet Visits 1:30 <b>IL</b> Joyful Ringers-Bell Choir (CR) 3:00 <b>IL</b> Games and Conversation (CS)	<b>14</b> 10:00 <b>PH</b> Exercise - WOW (CR) 10:30 <b>SP</b> Worship with Pastor Mike (CR) 1:30 <b>SP</b> Bible Study with Pastor Mike (CR) 2:30 <b>SO</b> Popcorn & Community (CS) 3:00 <b>PH</b> Walk and Wellness 6:00 <b>IL</b> Game Night (CR)	<b>15</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>IL</b> True or False? (CR) 1:30 <b>IL</b> Bingo (CR) 3:00 <b>IL</b> Deal Me In Card Group (CS)	<b>16</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>IL</b> Mind Joggers (CR) 2:00 <b>SO</b> Movie Matinee-Top Gun (CR) 3:00 <b>PH</b> Walk and Wellness Club-Patriotic Walk	<b>17</b> 9:00 <b>SO</b> Sherburne County Parade Out 1:30 <b>IL</b> Bingo (CR) 2:30 <b>SO</b> Cards and Conversation (CS)
12:45 <b>IL</b> Trivia on the Porch 1:30 <b>SP</b> Devotion and Melodies of Faith (CR) 2:30 <b>SO</b> Cards and Conversation (CS)	<b>19</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>SP</b> Songs of Faith (CR) 1:30 <b>OC</b> Recipe and Reminisce (CR) 3:00 <b>PH</b> Walk and Wellness	<b>20</b> 10:00 <b>PH</b> Exercises 10:30 <b>IL</b> Word Games (CR) 1:30 <b>IL</b> Joyful Ringers-Bell Choir (CR) 3:00 <b>OC</b> Acts of Service (CR)	<b>21</b> 10:00 <b>PH</b> Exercise - WOW (CR) 10:30 <b>SP</b> Worship with Pastor Mike (CR) 1:30 <b>SP</b> Bible Study with Pastor Mike (CR) 2:30 <b>SO</b> Popcorn & Community (CS) 3:00 <b>PH</b> Walk and Wellness 5:30 <b>EM</b> Pet Visits 6:00 <b>IL</b> Game Night (CR)	<b>22</b> <b>National Vanilla Ice Cream Day</b> 10:00 <b>IL</b> Culinary Connection-Culinary Committee (CS) 1:30 <b>IL</b> Bingo (CR) 2:30 <b>SO</b> Ice Cream Social (CS) 3:00 <b>IL</b> Deal Me In-Card Group (CS)	<b>23</b> 9:30 <b>EN</b> Munsinger Garden Outing-Sign up 10:00 <b>PH</b> Exercises (CR) 10:30 <b>IL</b> Summer Jingo (CR) 2:00 <b>IL</b> Culinary Corner-Cooking Demo (CS) 3:00 <b>PH</b> Walk and Wellness Club-Patriotic Walk	<b>24</b> 1:30 <b>IL</b> Bingo (CR) 2:30 <b>SO</b> Cards and Conversation (CS)
12:45 <b>IL</b> Trivia on the Porch 1:30 <b>SP</b> Devotion and Melodies of Faith (CR) 2:30 <b>SO</b> Cards and Conversation (CS)	<b>26</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>SP</b> Songs of Faith (CR) 1:30 <b>PH</b> Hatchet Throw on the Porch 3:00 <b>PH</b> Walk and Wellness	<b>27</b> 10:00 <b>PH</b> Exercises 10:30 <b>IL</b> Piggy Bankers (CR) 1:30 <b>IL</b> Joyful Ringers-Bell Choir (CR) 3:00 <b>IL</b> Games and Gathering (CS)	<b>28</b> 9:30 <b>EN</b> St Croix River Boat Outing-Sign up 10:00 <b>PH</b> Exercise - WOW (CR) 10:30 <b>IL</b> Wheel of Fortune (CR) 1:30 <b>OC</b> Craft (CR) 2:30 <b>SO</b> Popcorn & Community (CS) 3:00 <b>PH</b> Walk and Wellness 6:00 <b>IL</b> Game Night (CR)	<b>29</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>IL</b> Short Stories (CR) 1:30 <b>PH</b> Games on the Porch 3:15 <b>IL</b> Deal Me in Card Group (CS)	<b>30</b> <b>National Spam Day</b> 10:00 <b>PH</b> Exercises (CR) 10:30 <b>IL</b> Wheel of Fortune (CR) 1:30 <b>IL</b> Bingo (CR) 2:30 <b>SO</b> Social Hour-Spam mini pizzas (CS) 3:00 <b>PH</b> Walk and Wellness Club-Patriotic Walk	<b>31</b>

INDEPENDENT & ASSISTED LIVING | CONTACT LIFE ENRICHMENT AT 763-241-7682

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>EM</b> Emotional <b>EN</b> Environmental <b>IL</b> Intellectual <b>OC</b> Occupational <b>PH</b> Physical <b>SO</b> Social <b>SP</b> Spiritual	MC1 Memory Care 1 MC2 Memory Care 2		<b>International Joke Day</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises-Wellness on Wheels (MC2) 11:00 <b>SP</b> Worship Service with Pastor Mike (MC2) 12:45 <b>EN</b> Enjoy the Outdoors 2:00 <b>PH</b> Patriotic March/Decorate Courtyard	<b>1</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Reminisce 4th of July (MC2) 12:45 <b>IL</b> Puzzle Fun (MC1) 2:00 <b>IL</b> Picture Pokeno (MC1) 2:45 <b>SO</b> Star Spangled Banner Social (MC2) 3:30 <b>PH</b> Gathering and Games (MC2)	<b>2</b> <b>Wear Red, White and Blue today!</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:00 <b>EN</b> Garden Club (MC2) 2:00 <b>OC</b> Craft-Patriotic (MC1) 2:45 <b>SO</b> Social Hour-Fishbowl Game (MC1) 3:15 <b>PH</b> Games and Gathering (MC1) 5:30 <b>PH</b> Air Hockey (MC2)	<b>3</b> <b>4th of July</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Daily Chronicles/This Day in History (MC2) 2:45 <b>SO</b> Social Hour-Patriotic Trivia (MC2) 3:15 <b>IL</b> Bingo (MC1)	<b>4</b>
9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>SP</b> Devotions and Melodies of Faith (MC2) 2:45 <b>SO</b> Social Hour-Finish the Phrase (MC1) 3:15 <b>EN</b> Games in the Courtyard (MC1)	<b>5</b> <b>World Kissing Day</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>EM</b> Short Stories/Tall Tales (MC2) 12:45 <b>EM</b> Hand Massages (MC1) 2:00 <b>EM</b> Music Fun/Sing-a-Long (MC1) 2:45 <b>IL</b> Social Hour-Chat Pack (MC1) 3:15 <b>PH</b> Games and Gathering (MC1) 5:30 <b>PH</b> Noodle Ball (MC2)	<b>6</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> You Be the Judge (MC2) 12:45 <b>IL</b> Card Games (MC1) 2:15 <b>EM</b> Music with Kristen (MC1) 2:45 <b>SO</b> Social Hour-Nature Trivia (MC1) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>7</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises-Wellness on Wheels (MC2) 11:00 <b>SP</b> Worship Service with Pastor Mike (MC2) 12:45 <b>EM</b> Fancy Nails (MC2) 2:00 <b>IL</b> Wheel of Fortune (MC1) 2:45 <b>SO</b> Social Hour-Twenty Questions (MC1)	<b>8</b> <b>National Sugar Cookie Day</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC1) 11:00 <b>IL</b> America-Fun Facts (MC1) 12:45 <b>IL</b> Puzzle Fun (MC1) 2:00 <b>IL</b> Dice Games (MC2) 2:45 <b>SO</b> Social Hour-Sugar Cookies and Lemonade (MC2) 3:15 <b>PH</b> Games and Gathering (MC2)	<b>9</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>EM</b> Music Fun-Sing-along (MC2) 2:00 <b>OC</b> Recipe and Reminisce (MC1) 3:15 <b>PH</b> Games and Gathering (MC1) 5:30 <b>PH</b> Hatchet Throw (MC2)	<b>10</b> <b>Happy Birthday Stephanie H!</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC1) 11:00 <b>IL</b> Daily Chronicles/This Day in History (MC1) 2:45 <b>SO</b> Social Hour-Would you Rather? (MC2) 3:15 <b>IL</b> Bingo (MC2)	<b>11</b>
9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>SP</b> Devotions and Melodies of Faith (MC2) 2:45 <b>SO</b> Social Hour-Let's Talk (MC1) 3:15 <b>OC</b> Colorful Creations (MC1)	<b>12</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> True/False (MC2) 12:45 <b>EM</b> Hand Massages (MC1) 2:00 <b>EN</b> Games in the Courtyard 3:15 <b>EM</b> Music by the Chicks (MC1) 5:30 <b>PH</b> Ball Darts (MC2)	<b>13</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Food Trivia (MC2) 1:30 <b>EM</b> Pet Visits 2:15 <b>EM</b> Music with Kristen (MC1) 2:45 <b>IL</b> Social Hour-Short Stories (MC1) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>14</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises-Wellness on Wheels (MC2) 11:00 <b>SP</b> Worship Service with Pastor Mike (MC2) 12:45 <b>EM</b> Fancy Nails (MC1) 2:00 <b>OC</b> Craft (MC1) 2:45 <b>SO</b> Social Hour-Do You Remember...? (MC1)	<b>15</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 12:45 <b>IL</b> Puzzle Fun (MC1) 2:00 <b>PH</b> Ping Pong (MC2) 2:45 <b>SO</b> Social Hour-Fishbowl Game (MC2) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>16</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:00 <b>EN</b> Garden Club (MC2) 1:30 <b>EM</b> Movie Matinee and Snack (MC2) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>17</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Daily Chronicles/This Day in History (MC2) 2:45 <b>SO</b> Social Hour-Name 3 (MC1) 3:15 <b>IL</b> Bingo (MC1)	<b>18</b>
9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>SP</b> Devotions and Melodies of Faith (MC2) 2:45 <b>SO</b> Social Hour-Trivia-Hobbies (MC1) 3:15 <b>PH</b> Balloon Volley (MC1)	<b>19</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 12:45 <b>EM</b> Hand Massages (MC2) 2:00 <b>IL</b> Patriotic Bingo (MC1) 2:30 <b>SO</b> Social Hour-The Good Old Days (MC1) 3:15 <b>PH</b> Games and Gathering (MC1) 5:30 <b>PH</b> Horse Shoes (MC2)	<b>20</b> <b>Happy Birthday to Karen K!</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Fun Facts (MC2) 1:00 <b>OC</b> Culinary Corner-Cooking Demo (MC1) 2:15 <b>EM</b> Music with Kristen (MC1) 2:45 <b>SO</b> Social Hour-Treats and Chat (MC1) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>21</b> <b>National Ice Cream Day!</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises-Wellness on Wheels (MC2) 11:00 <b>SP</b> Worship Service with Pastor Mike (MC2) 12:45 <b>EM</b> Fancy Nails (MC2) 2:00 <b>EM</b> Painting with Suzy (MC1) 2:45 <b>SO</b> Ice Cream Social (MC1) 3:15 <b>IL</b> Wheel of Fortune (MC1)	<b>22</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Famous Faces (MC2) 12:45 <b>IL</b> Puzzle Fun (MC1) 2:00 <b>IL</b> Dice Games (MC1) 2:45 <b>SO</b> Social Hour-Which Doesn't Belong? (MC1) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>23</b> <b>Happy Birthday to Beth H!</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>EM</b> Funny Animals (MC2) 2:00 <b>OC</b> Acts of Service (MC1) 2:45 <b>SO</b> Social Hour-Let's Chat (MC1) 3:15 <b>IL</b> Dice Games (MC1)	<b>24</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Daily Chronicles/This Day in History (MC2) 2:45 <b>SO</b> Social Hour-Fill in the Phrase (MC1) 3:15 <b>IL</b> Bingo (MC2)	<b>25</b>
9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC1) 11:00 <b>SP</b> Devotions and Melodies of Faith (MC1) 2:45 <b>SO</b> Social Hour-Chicken Soup For The Soul (MC2) 3:15 <b>PH</b> Horse Shoes (MC2)	<b>26</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> Nature Trivia (MC2) 12:45 <b>EM</b> Hand Massages (MC1) 2:00 <b>SO</b> Birthday Bash-Music By Mello Knights (MC1) 3:30 <b>PH</b> Games and Gathering (MC1) 5:30 <b>PH</b> Bean Bag Toss (MC2)	<b>27</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>EM</b> Sing-along (MC2) 12:45 <b>IL</b> Card Games (MC1) 2:15 <b>EM</b> Music with Kristen (MC1) 3:15 <b>PH</b> Games and Gathering (MC2)	<b>28</b> <b>Happy Birthday Mary H!</b> 9:30 <b>SO</b> Morning Mingle (MC2) 10:30 <b>PH</b> Exercises-Wellness on Wheels (MC2) 11:00 <b>SP</b> Daily Devotions (MC2) 12:45 <b>EM</b> Fancy Nails (MC1) 2:00 <b>IL</b> Horse Races (MC1) 2:45 <b>SO</b> Social Hour-Table Talk (MC1) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>29</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>EM</b> Short Stories (MC2) 12:45 <b>IL</b> Puzzle Fun (MC1) 2:00 <b>IL</b> Grocery Game (MC1) 2:45 <b>SO</b> Social Hour-True/False (MC1) 3:15 <b>PH</b> Games and Gathering (MC1)	<b>30</b> <b>National Spam Day!</b> 9:30 <b>SO</b> Morning Mingle (MC1) 10:30 <b>PH</b> Exercises (MC2) 11:00 <b>IL</b> What Do You Think? (MC2) 2:00 <b>IL</b> The World of Spam (MC1) 3:00 <b>PH</b> Games and Gathering (MC1) 5:30 <b>PH</b> Parachute Fun (MC2)	<b>31</b>	

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