
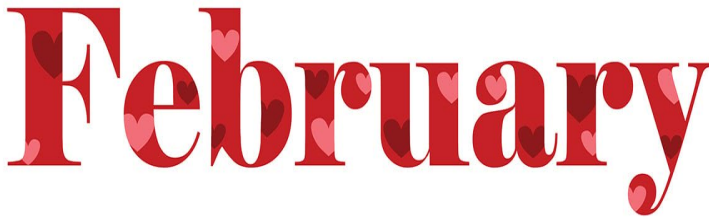




February 2026



Engel Haus Independent & Assisted Living Activity Calendar The Heart of the Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: C- Chapel Room (2 nd Floor) ALD- Assisted Living Dining Room (2 nd Floor) LD- Lion's Den (1 st Floor) B- Bistro (1 st Floor) L- Library (2 nd Floor)	Outings: To get your name on the outing list please make sure you sign-up with Shari at the front desk. Bus starts loading 15min prior to departure time.	February Birthdays: 2/12 Denny Y. 			Kaffee & Kuchen served daily at 2:30pm in the bistro!	*All activities and outings are subject to change. Check whiteboards for daily updates or changes.
1	2	3	4	5	6	7
10:30 St. Michael Catholic Mass- Streamed (C) 1:30 Bingo (ALD) 5:30 Heart & Sole Hall Walking w/ neighbors	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Jean (C) 1:30 Card Club (GOLF) (B) 5:30 Movie Night "Bride Wars" (ALD TV)	10:30 Chair Yoga w/ Angela (ALD) 1:00 Water Coloring w/ Lori (ALD) 3:00 Scrabble (ALD) 5:30 Pokeno (ALD)	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Steve (C) 2:00 Outing: Target 3:00 Dominoes (B) 5:30 Card Club (500) (B)	10:00 Worship Service w/ Pastor Mike (C) 1:00 Bible Study (LD) 3:00 Music w/ Mary (ALD) 5:30 Bingo (ALD)	10:00 Resident Council Meeting (Conference Room) 2:30 Happy Hour w/ Music By: Dianne Z (ALD) 5:30 Card Club (Hand & Foot) (B)	10:00 Catholic Services (C) 12:45 Word Games (ALD) 3:00 Horse Racing (ALD) 5:30 Resident Led Bingo (ALD)
8	9	10	11	12	Red, White, Pink & Hearts Day 13	14
10:30 St. Michael Catholic Mass- Streamed (C) 1:30 Bingo (ALD) 5:30 Super Bowl LX: Seahawks VS Patriots (ALD TV)	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Jean (C) 1:30 Card Club (GOLF) (B) 5:30 Movie Night "Wonder" (ALD TV)	10:00 Resident Meeting (ALD) 10:30 Chair Yoga w/ Angela (ALD) 1:00 Water Coloring w/ Lori (ALD) 3:00 Book Club Meeting (B) 5:30 Pokeno (ALD)	10:45 WOW Fitness w/ Holly (ALD) 11:00 Outing: Si Senor Mexican Restaurant 1:00 Rosary w/ Steve (C) 3:00 Dominoes (B) 5:30 Card Club (500) (B)	10:00 Worship Service w/ Pastor Mike (C) 1:00 Bible Study (LD) 3:00 Music w/ Mary (ALD) 5:30 Bingo (ALD)	10:00 STMA Public School Valentine Bag Handout 2:30 Valentines Party w/ Bryce Hegge (ALD) 5:30 Card Club (Hand & Foot) (B)	10:00 Catholic Services (C) 12:45 Kindness Grams w/ Sophie (ALD) 3:00 Horse Racing (ALD) 5:30 Resident Led Bingo (ALD) 
15	16	17	18	19	20	21
10:30 St. Michael Catholic Mass- Streamed (C) 1:30 Bingo (ALD) 5:30 Heart & Sole Hall Walking w/ neighbors	10:00 Exercise w/ Amanda (ALD) 1:30 Card Club (GOLF) (B) 2:45 Accordion w/ Linda 5:30 Movie Night "Forrest Gump" (ALD TV) 	10:30 Chair Yoga w/ Angela (ALD) 1:00 Water Coloring w/ Lori (ALD) 2:00 Outing: Walmart 3:00 Scrabble (ALD) 5:30 Pokeno (ALD)	10:00 Ash Wednesday Service (C) 10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Steve (C) 3:00 Dominoes (B) 5:30 Card Club (500) (B)	10:00 Worship Service w/ Pastor Mike (C) 1:00 Bible Study (LD) 3:00 Music w/ Mary (ALD) 3:30 Heart Health: Blood Pressure Checks & Facts w/ Trinit Home Health (ALD) 5:30 Bingo (ALD)	9:15 Confessions (L) 10:00 Catholic Mass w/ Father Joe (C) 2:30 February Birthday Party w/ Music By: Scott Fraser (ALD) 5:30 Card Club (Hand & Foot) (B)	10:00 Exercise w/ Mallory (ALD) 12:45 Word Games (ALD) 3:00 Horse Racing (ALD) 5:30 Resident Led Bingo (ALD)
22	23	24	25	26	27	28
10:30 St. Michael Catholic Mass- Streamed (C) 1:30 Bingo (ALD) 5:30 Heart & Sole Hall Walking w/ neighbors	10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary w/ Jean (C) 1:30 Card Club (GOLF) (B) 5:30 Stations of the Cross w/ Joe (C) 6:30 Movie Night "About my Father" (ALD TV)	10:30 Chair Yoga w/ Angela (ALD) 1:00 Water Coloring w/ Lori (ALD) 3:00 Scrabble (ALD) 5:30 Pokeno (ALD)	9:00 Healthdrive Eye Clinic (sign up at desk) (LD) 10:45 WOW Fitness w/ Holly (ALD) 1:00 Rosary & Holy Hour w/ Steve (C) 3:00 Dominoes (B) 5:30 Card Club (500) (B)	10:00 Worship Service w/ Pastor Mike (C) 1:00 Bible Study (LD) 3:00 Music w/ Mary (ALD) 4:00 Girl Scout Cookie Sale (B) 5:30 Bingo (ALD)	10:00 Manicures (ALD) 2:00 Outing: Dollar Tree 5:30 Card Club (Hand & Foot) (B)	10:00 Catholic Services (C) 12:45 Word Games (ALD) 3:00 Horse Racing (ALD) 5:30 Resident Led Bingo (ALD)

February 2026

Engel Haus Memory Care Activity Calendar

The Heart of the Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: C- Chapel Room (2 nd Floor) ALD- Assisted Living Dining Room (2 nd Floor) LD- Lion’s Den (1 st Floor) B- Bistro (1 st Floor) L- Library (2 nd Floor)	Outings: To get your name on the outing list please make sure you sign-up with Shari at the front desk. Bus starts loading 15min prior to departure time.	February Birthdays: No February Birthdays... 	<div>February</div>			**All activities and outings are subject to change. Check whiteboards for daily updates or changes.
1	2	3	4	5	6	7
10:00- Chair Yoga w/ Sophie 10:30- Name That Tune 11:00- Daily Bread & Hymn Sing 1:00- Movie & Popcorn 2:30- Kaffee & Kuchen 3:00- Horse Racing	10:00- WOW Fitness w/ Holly 11:00 Creative Coloring 1:30- Manicure Monday 2:30- Kaffee & Kuchen 3:30- Pet Visits w/ Kraig & Buddy 4:15 Groundhog Day Trivia 5:45- Bingo	10:00- Daily Bread & Hymn Sing 11:00- Music w/ Meiny 1:30- Balloon Badminton 2:30- Kaffee & Kuchen 3:00- 6,5,4 Dice Game 4:15- Putt Golf 5:45- Tasting History (YouTube)	10:00- WOW Fitness w/ Holly 10:30- Gardening w/ Summer 1:00- Rosary w/ Steve 1:30- Watercolor Wednesday 2:30- Kaffee, Kuchen & Stories 3:00- Pet Visits w/ Pat & Sammy 4:00- Sing along	10:00- Chair Yoga 10:45- Worship Service w/ Pastor Mike 1:30- Hymn Sing Along 2:30- Kaffee & Kuchen 3:30- Music w/ Mary 4:15- Balloon Badminton 6:45- Movie & Popcorn	10:00 Heart Décor Painting 1:30- Happy Hour w/ Dianne 4:00- Scarf Dancing 5:30- Game Night 6:30- Movie & Popcorn	10:00- Saturday Stretch w/ Mallory 10:30- Daily Chronicle Read & Discuss 11:00- Hymn Sing & Musical Instruments 2:30- Kaffee & Kuchen & Bible Study 3:00- Trivia
8	9	10	11	12	Red, White, Pink & Hearts Day 13	14
10:00- Chair Yoga w/ Mallory 10:30- Name That Tune 11:00- Daily Bread & Hymn Sing 1:00- Movie & Popcorn 2:30- Kaffee & Kuchen 3:00- Horse Racing	10:00- WOW Fitness w/ Holly 11:00 Creative Coloring 1:30- Manicure Monday 2:30- Kaffee & Kuchen 3:30- Pet Visits w/ Kraig & Buddy 4:15- Finish the Lyric 5:45- Bingo	10:00- Love & Faith Devotional 11:00- Music w/ Meiny 1:30- 1:1 Heartfelt Strolls 2:30- Kaffee & Kuchen 3:00- Tuesday Trivia: Love is in the air 4:15- Valentine’s Coloring 5:45- Tuesday Travelogue: California Dreamin	10:00- WOW Fitness w/ Holly 1:00- Rosary w/ Steve 1:30- Watercolor Wednesday 2:30- Kaffee, Kuchen & Stories 3:00- Pet Visits w/ Pat & Sammy 4:00- Sing along	10:00- Chair Yoga 10:45- Worship Service w/ Pastor Mike 1:30- Hymn Sing Along 2:30- Kaffee & Kuchen 3:30- Music w/ Mary 4:15- Balloon Badminton 6:45- Movie & Popcorn	10:00 STMA Valentines Visit 11:00- Scarf Dancing & Music 1:30 Valentines Party w/ Bryce Hegge 4:00- Bowling 5:30- Game Night 6:30- Movie & Popcorn	10:00- Saturday Stretch w/ Sophie 10:30- Kindness Grams w/ Sophie 11:00- Hymn Sing & Musical Instruments 2:30- Kaffee & Kuchen & Bible Study 3:00- Trivia 
15	16	17	18	19	20	21
10:00- Chair Yoga w/ Sophie 10:30- Name That Tune 11:00- Daily Bread & Hymn Sing 1:00- Movie & Popcorn 2:30- Kaffee & Kuchen 3:00- Horse Racing	10:00- Exercise w/ Sophie 11:00 Horse Racing 1:30- Manicure Monday 2:30- Kaffee & Kuchen 3:00- Pet Visits w/ Kraig & Buddy 3:30- Accordion w/ Linda 4:15- USA Presidents Trivia 5:45- Bingo	10:00- Daily Bread & Hymn Sing 11:00- Music w/ Meiny 1:30- Pool Noodle Zumba 2:30- Kaffee & Kuchen 3:00- Tuesday Trivia: Mardi Gras 4:15- Musical Instruments 5:45- Tuesday Travelogue: New Orleans & Mardi Gras	10:00- WOW Fitness w/ Holly 1:00- Rosary w/ Steve 1:30- Watercolor Wednesday 2:30- Kaffee, Kuchen & Stories 3:00- Pet Visits w/ Pat & Sammy 4:00- Sing along	10:00- Chair Yoga 10:45- Worship Service w/ Pastor Mike 1:30- Hymn Sing Along 2:30- Kaffee & Kuchen 3:30- Music w/ Mary 4:15- Puzzles 6:45- Movie & Popcorn	10:00 1:1 Heartfelt Strolls 11:00- 6,5,4 Dice Game 1:30-Happy Hour w/ Scott Fraser 2:30- Kaffee & Kuchen 4:00- Putt Golf 5:30- Game Night 6:30- Movie & Popcorn	10:30- Daily Chronicle Read & Discuss 11:00- Hymn Sing & Musical Instruments 2:30- Kaffee & Kuchen & Bible Study 3:00- Trivia
22	23	24	25	26	27	28
10:00- Chair Yoga w/ Mallory 10:30- Name That Tune 11:00- Daily Bread & Hymn Sing 1:00- Movie & Popcorn 2:30- Kaffee & Kuchen 3:00- Horse Racing	10:00- WOW Fitness w/ Holly 11:00 Balloon Badminton 1:30- Manicure Monday 2:30- Kaffee & Kuchen 3:30- Pet Visits w/ Kraig & Buddy 4:15- Puzzles 5:45- Bingo	10:00- Daily Bread & Hymn Sing 11:00- Music w/ Meiny 1:30- 6,5,4 Dice Game 2:30- Kaffee & Kuchen 3:00- Tuesday Trivia: Singapore 4:15- Scarf Dancing 5:45- Tuesday Travelogue: Singapore	10:00- WOW Fitness w/ Holly 1:00- Rosary w/ Steve 1:30- Watercolor Wednesday 2:30- Kaffee, Kuchen & Stories 3:00- Pet Visits w/ Pat & Sammy 4:00- Sing along	10:00- Chair Yoga 10:45- Worship Service w/ Pastor Mike 1:30- Hymn Sing Along 2:30- Kaffee &Kuchen 3:30- Music w/ Mary 4:15- Horse Racing 6:45- Movie & Popcorn	10:00 In the Kitchen: Strawberry Kiss Cookies 2:30- Kaffee & Kuchen 4:00- Musical Instrument 5:30- Game Night 6:30- Movie & Popcorn	10:00- Saturday Stretch w/ Sophie 10:30- Daily Chronicle Read & Discuss 11:00- Hymn Sing & Musical Instruments 2:30- Kaffee & Kuchen & Bible Study 3:00- Trivia