Adar II—Nisan 5784

From My Desk...

Passover Seder: 5 minutes or 5 hours?

".....Research published last month in the journal Developmental Psychology shows that [children] are much more patient than kids were 50 years ago. Yes, you read that correctly. Twenty-first century children are able to wait longer for a reward than children of the same age a generation ago, and a generation before that...."

This surprising quote comes from the Wall Street Journal of July 11, 2018. It's surprising, because other studies have shown that, as people rely on faster and faster technology, our patience has grown shorter. The Stute - the independent paper of Stevens Institute of Technology of New Jersey - published an article on November 20, 2020 titled, "How technology is ruining our patience."

Increasing or decreasing patience? That is the question. It's especially relevant when we think about our Passover Seders. We have what appears to be a conflicting message from our own tradition. Our sages ruled (Pesachim 120a-b), that the Passover meal and afikoman must be finished before midnight, at the latest. That would seem to be a limit on the length of a Seder. Yet, the rabbis praised the people who would expound at length about the story of the Exodus. So, which is it? Watch the clock, or make it an allnighter?

Sedarim ought to be joyful, and, even better, spiritually refreshing; neither so short that they simply lack any religious depth, nor so long that they become wearying. Sedarim which accomplish both goals take planning.

Here are some tips to help you accomplish these goals.

Review the Haggadah in advance. I can't emphasize this enough. Mark the songs that you'd like to sing. Music always enhances a Seder, and even for those guests who won't sing, a leader who is comfortable singing will encourage people to clap their hands or tap the table in time to the music. I also include simple percussion instruments, like tambourines, to make my Seder more lively. That keeps the enthusiasm level high throughout. Two or three weeks before the Seder, go online and research new readings and poems that have come out in the last decade to add to your Haggadah. Twenty-first century English is a far cry from the Haggadah English used 50 or 60 years ago. Even if you are using a "traditional" machzor from those days, new readings will kick up the level of interest of all involved. Patience decreases as hunger increases. Have crudités on the table before you get to Shulchan Orech (The Meal). That makes it less likely that someone will insist you read faster, or skip a dozen pages because he's hungry.

cont'd on page 2...

SHABBAT AND PASSOVER **CANDLE LIGHTING TIMES**

Friday, April 5	7:34 pm
Friday, April 12	7:41 pm
Friday, April 19	7:49 pm
Monday, April 22	7:52 pm
Tuesday, April 23	8:52 pm
Friday, April 26	7:56 pm
Sunday, April 28	7:58 pm
Monday, April 29	9:03 pm

HAVDALAH

Saturday April 6	8:33 pm
Saturday, April 13	8:41 pm
Saturday, April 20	8:48 pm
Wednesday, April 24	8:53 pm
Saturday, April 27	8:58 pm
Tuesday, April 30	8:59 pm

Baruch Dayan Ha-Emet

We note with sorrow the passing of

Edith Peskin

(Member)

We extend our deepest condolences to all her family members. May G-d help them with strength, comfort and healing. May G-d comfort and sustain them among the mourners of Zion and Jerusalem.

OFFICE HOURS

MONDAY-FRIDAY

9 A.M.-4 PM

(Afternoon by appointment)

FRIDAY 9 AM-12:00 PM

OFFICE CLOSES @ NOON

Monday, April 22nd

OFFICE CLOSED

Tuesday, April 23rd

Wednesday, April 24th

Monday, April 29th

Tuesday, April 30th

Rabbi's Message, cont'd...

Cont'd from page 1...

In advance of the holiday, request your guests to each bring to the table one question about any Jewish topic they've wondered about. Ask them to prepare a 1 minute answer that they can present to the participants. If your guests can let you know their topic in advance of the Seder, see if their material fits into a particular part of the Haggadah, and have them present at the appropriate step (remember there are 14 steps to the Seder, so be creative as to where they might speak.) People who help lead the Seder keep their interest level higher, and extend their patience to listen to others who help lead the Seder, as well.

Please feel free to contact me before Passover with any Seder ideas you may have to reduce impatience, and keep the interest high, with your well-run Seder.

Chag Kasher v' same'ach from my home to yours.

Rabbi Seth Sternstein



Friday Evening Services April 12th 4:00 PM Will be held at Levy Gardens

PASSOVER FLOWERS

One vase of flowers is the gift of **Beth**, **Diane**, **Marshall and Candy and Granddaughter**, **Katie Finesilver**, "In Loving Memory of Mary Lou and Alvin Finesilver".

One vase of flowers is the gift of **Gregory and Marina Alper**, "In Memory of beloved mother and grandmothers, Lyubov Rozina, Sofiya Rozina, Beyla Shaikina and Dvosya Zharskaya."



One vase of flowers is the gift of Alan, Kari, Andrew, Kenny, Catie, and Archie Mirkin, "In memory of wife, mother and grandmother, Lori Mirkin."

One vase of flowers is the gift of Stephan and Jodi Stoyak, "In memory of parents, Shirley and Maurice Kaplan and Ruth and Michael Stoyak."

PASSOVER SCHEDULE

Unless otherwise noted, ALL services are IN-PERSON ONLY

Sunday, April 21st

Bedikat Chametz

Search for Chametz in the Evening, after 6:00 PM

Monday, April 22nd

Chametz is traditionally burned by 10:15 AM Prepare for Eruv Takshilin
7:33 PM— Candle Lighting
First Seder

OFFICE CLOSES AT NOON

Tuesday, April 23rd

First Day Pesach

10:00 AM—Pesach Services

5:45 PM—Second Night—Mincha/Ma'ariv

6:30 PM—Second Seder Begins at El Emeth

8:52 PM—Candle Lighting

OFFICE CLOSED

Wednesday, April 24th

Second Day Pesach

10:00 AM—Pesach Services

8:53 PM—Havdalah

OFFICE CLOSED

Chol Hamoed—Intermediate Days

Thursday, April 25th—Sunday, April 28th

7:56 PM—Candle Lighting (Friday night)
7:58 PM—Candle Lighting (Sunday night)

Monday, April 29th

Seventh Day Pesach 10:00 AM—Pesach Services 9:03 PM—Candle Lighting

OFFICE CLOSED

Tuesday, April 30th

Eighth Day Pesach
10:00 AM—Pesach Services
11:45 AM (approx.)—YIZKOR
9:04 PM—Passover Ends

OFFICE CLOSED

MECHIRAT CHAMETZ - PESACH 5784/2024 - SELLING CHAMETZ
There is a Biblical commandment of removing all leaven from one's home and business during Passover. In
order to fulfill this commandment, individuals transfer their Chametz to the Rabbi, who in turn sells it to a
non-Jew. At the conclusion of Passover, the Rabbi buys it back for his community. It is also customary to make
a donation at this time (referred to as <i>Maot Hittin</i>) to help Jews without sufficient resources for Passover. Kindly
complete this form. The Temple must receive it by Friday, April 19 th.
Ι,
residing at
residing at designate Rabbi Seth J. Sternstein of Temple El Emeth, to be my agent for the sale of all my Chametz
0
designate Rabbi Seth J. Sternstein of Temple El Emeth, to be my agent for the sale of all my Chametz



PASSOVER MESSAGES

Passover...

This is our last Passover message to our congregation and Alice and I cannot believe how fast these last two years have gone by! We hope that we have helped in some way to make our Temple a spiritual and happy place to be.

This past year the world has continued to show no signs of changing when it comes to hate. Hopefully, when you step into our Temple, you find peace. Passover is a time to remember the triumph the Jewish people had over hate. We are a resilient people who continue to overcome and thrive in this world.

As MLK said, "Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that."

From our families to yours, may this Passover be your light.

Diane Finesilver & Alice Franklin, Co-Presidents

Greetings and best wishes for a healthy, happy and kosher Passover. One of

the best things about Passover, as with all the Jewish holidays, is the anticipation and preparation for each holiday. Although there may be small changes, nuances really, our meals are based upon tradition, halacha, culture and family.

Last year, we spoke about getting back to normal from the pandemic. This year, we remember that our Jewish normal necessitates vigilance, strength, and compassion. The very reason we celebrate Passover is the commemoration how our existence was threatened by the Egyptians. Our brothers and sisters in Israel continue to live the fallout of October 7th. No, we are not slaves, but we certainly face challenges. "Let my people go" has a new meaning this year.

Sisterhood has an exciting Springtime line up. Beginning in April, our own Marcia Sternstein will lead a monthly Rosh Chodesh group. For women only, we invite our El Emeth membership to an afternoon of Jewish learning and camaraderie. And, on May 21st, our Donor Luncheon honors Terry Roth. Please support Donor and make a reservation for a lovely afternoon.

As always, we want to improve our Sisterhood experience, and invite you to tell us your thoughts on how to enhance our temple experience whether for daily services, for Passover, other holidays, or programming.

Chag Pesach Samaach!
El Emeth Sisterhood Co-Presidents
Debbi Grinstein and Paula Ferguson



DINNER REFUND POLICY

Please be aware that if you make a reservation for a Temple dinner and do without cancelling the reservation in advance, you will be charged for the dinner.

Temple still must pay the caterer for those who have reservations and do not attend.

PROGRAMMING

TORAH TUESDAYS WITH RABBI STERNSTEIN

Dear Friends,

I invite you to Torah Tuesdays.

We will explore a topic found in that week's Torah portion.

Sessions run about an hour and begin at 10:30 am.

While basic Hebrew reading ability in not required, it will be helpful

The next session is Tuesday, April 2 at 10:30 am

Please call the Temple office if you are planning to attend



LIBERTY COMMUNITY FOOD PANTRY

at Churchill United Methodist Church 189 Churchill Hubbard Road—near Belmont Ave.

Volunteers are needed for the April food distribution Friday, April 5, 2024 9:30 am —12:30 pm

Call the Temple office and we will pass your name on to the Pantry chairs



Mark your calendars...

- Sisterhood Rosh Chodesh group, Tuesday, April 9 at 1:00 pm
- Second Passover Seder, Tuesday, April 23 at 6:30 pm
- Kiddush Luncheon, Saturday, May 18 sponsored by Dr. Harriet Schor
- Sisterhood Donor Luncheon, Tuesday, May 21 at 11:30 am honoring Terry Roth
- Sisterhood Shabbat, Saturday, June 1, 10:00 am
- Erev Shavuot dinner and program, Tuesday, June 11
- · Klezmer Shabbat, Friday, July 12 at the Roth's
- Indoor/Outdoor Picnic, Sunday, August 4

SISTERHOOD

Thank you to all who prepared Hamentashen

Lenore Ackerman
Sherri Clayman
Laurel Chevlen
Aaron Duval
Paula Ferguson
Alice Franklin
Debbi Grinstein
Margaret Klein
Lisa Mirman
Elayne Rusnak
Elyse Silverman
Linda Sniderman
Nancy Wagner











Temple El Emeth

WOMENS ROSH CHODESH GROUP

Led by

MARSHA STERNSTEIN

Tuesday, April 9, 2024 at 1:00 PM

Temple El Emeth Sisterhood is pleased to announce our new Rosh Chodesh group which will be starting in April.

We welcome all women of our congregation. El Emeth members are welcome to bring a guest.

RSVP is required by Thursday, April 4th.

(Security will be strictly enforced)

SISTERHOOD

Save The Date!

El Emeth Sisterhood's 52nd Annual Donor Luncheon Target and May 21st

Tuesday, May 21st
Honoring Terry Roth

Donors of \$25 or more are invited to attend.



Sisterhood Shabbat

Saturday, June 1, 2024

Services will be led by our own El Emeth Sisterhood members. If you would like a part in the service, please contact the Temple office at **330-759-1429.**



Presently we are celebrating Passover, a time of hardship for the Jewish people in the past. It is also a time to celebrate our liberation from slavery and oppression. Let us be thankful to our learned Rabbis and counselors for keeping this holiday alive and relevant to us now. A contribution to the Torah Fund helps to sustain the education and rigorous preparation required by our learned Rabbis.

Sincerely, Louise Kline Torah Fund Chairman

News & Notes

MAZAL TOV

to those celebrating a Birthday in April

- Larry Cohen Alan Mirkin **Howard Rome**
- Mark Perlman 3
- Eliana Schonberger 4
- Kim Knofsky
- 13 Abigail Scharf Rosemarie Torem
- 14 Cindy Kravitz
- Linda Sniderman

- 18 Nancy Wagner
- 21 Toby Brenner Jerry Muir
- 24 Myra Benedikt
- 25 Steve Anderson Aron Blecher
- 26 Kimberly Simon
- 28 Karen Levy Sam M. Miller

MAZALTOV

to those celebrating an Anniversary in April

- Ian & Hannah Anderson 8th 9
- Stephan & Jodi Stoyak 12 $43^{\rm rd}$
- Jonathan & Karen Levy 35th15

MAZEL TOV!

- To Barry and Nancy Wagner on the birth of their granddaughter, Meyla Eve, daughter of Kenny and Felicia Wagner of Columbus, Ohio.
- To Estelle Silverman on the birth of her great-grandson, Alhan, son of Adam and Neihu Olgin Lasharie of Madison, Wisconsin. Grandparents are Melissa and Marc Olgin of Phoenix, AZ
- To Estelle Silverman on the birth of her great-grandson, Jack Silverman, son of Dr. Richard Silverman and Dr. Erin Peterson. Grandparents are Dr. Gary Silverman and Lisa Silverman.



EL EMETH GRADUATES



Parents and grandparents,

If you have a high school or college graduate this year, please make sure we have your information by MAY 15th for the June/July Temple Bulletin.

Please include your graduate's college or work plans after graduation.

Rabbi Sternstein wishes to be in contact with anyone in our congregation who (G-d forbid) is ill. Please call the Rabbi directly, 914-960-4653, and/or the Temple El Emeth office, 330-759-1429, as soon as possible, if you know of someone ill. Please do not assume that someone else has informed the Rabbi or office. Even if we receive multiple calls, it is much preferable to our missing vital information.

We thank you for your help.

RABBI STERNSTEIN OFFICE HOURS

Monday: 1:00 PM—6:00 PM 9:00 AM-6:00 PM Tuesday: Wednesday: 9:00 AM-1:00 PM

Hybrid **Board of Directors** Meeting Tuesday, April 2nd 7:30 pm

The Deadline for the May Bulletin is April 15th



NEWS AND NOTES



Jewish Studies Program

"Getting to Now—Now More than Ever

College of Arts and Sciences

CELEBRATING



and honoring retiring program director, Chaya Kessler

Getting to Now—Now More than Ever

When: Thursday, May 16 | 5 p.m.
Where: Kent State University
Hotel & Conference Center
215 S. Depeyster St.
Kent, OH 44240

Save the date and share this great event with others. A formal invitation and registration page are forthcoming.

Email Sandy at <u>Sjkes@aol.com</u> if you'd like to be on the invitation list.

31st Annual Holocaust Writing, Art, & Multimedia Contest

The Jewish Community Relations Council invites all students in grades 7 through 12 to participate in the Annual **Holocaust Writing, Art, & Multimedia Contest.** This contest is held in conjunction with the Jewish holiday **Yom HaShoah**, commemorating all victims of the Holocaust.

The 2024 theme is "Righteous Among the Nations".

Deadline for submission is **Friday**, **April 12**, **2024**.

For contest rules and submission instructions, please visit jewishyoungstown.org



YAHRZEITS

April 1—April 5 22 Adar II—26 Adar II

Rose Goodman Bahm*

Martin Blau

Florence Passell Bodanis

Ruth Dorothy Cohen*

R. Lyle Dillon

Beverly Shinefeld Farbstein*

Fannie Frank*

Myra Freisinger

Lillian S. Goldberg*

Isaac Green*

Rose Green*

Max Hansburg*

Aaron Harr*

Lillian Malkoff Harshman*

Lawrence Hirschl*

Yisroel Hollander*

Sara B. Itts*

Fred Joffin*

Zelda Kamisar*

Rose Kanfer*

April 1—April 5 22 Adar II—26 Adar II

Fay Kirkorsky*

Jacob Knight*

J. Newman Levy

J. I ve will all Levy

George Livingston*

Albert Nelson*

Murry Silvershein

Bess Wine Stoler*

Jack Tamarkin*

Marlene Wexler*

April 6—April 12 27 Adar II—4 Nisan

Jordan Alexander Aron

Eva Braff*

Max Braff*

Anna Brill*

Kate Brown*

Sam Buntman*

Sam Burach*

April 6—April 12 27 Adar II—4 Nisan

Schneiur Zalman Chaimovitz*

I. Harold Chevlen*

Elsie Cohen*

Bertha Gateman*

Dona Glass

Dorothy Greenberg*

Norman Haber*

Samuel Heyman*

David Hodesson*

David Hodesson

Mary Cohen Ipp*

Sarah Miller Jacobson*

Miriam Fish Katz*

Abraham Kinast

Bert Kline*

Leah Levy Kline*

Mike Lackey*

George Lauar*

Nathan David Levington*

Ita Lichtenstein*

* denotes those who have Memorial Plaques

YAHRZEITS

April 6—April 12 27 Adar II—4 Nisan

Ethel Nichol* Morris Ortman* Dov Ber Pianin* Harry Pincus*

Esther Dayan Politi*

Lillian Raven* Anna Robins* Dave Roth* Julia C. Sauber* Victor Silverman*

Esther Fried Silverstein* Lawrence Sisman*

Louis Skolnick* May Kuhn Small

Bernice Mirkin Wagner*

Iris Weiss* Milton Wolkoff Stella Zeigler

April 13—April 19 5 Nisan—11 Nisan

Ned Americus Bernice Goldich Baker* Deena Weisz Benson*

Alec Cheloff* Louis Deutsch* Doris P Easton

Gertrude Eichenbaum* Jacob Eidelman* Joseph Eisenstot* Mildred Engel* Mose Frankle* Irving Freed* Ruth Cohn Glick* Frieda R. Goldberg* Rosa Goldman* Karen Grodin

Morris Hoffman* Charlotte Kalus* Dora Katz*

Dora Kauffman*

Libby Kaufman* Dora Mandel Lauar*

Anna Levington*

Shirley Malkoff* Irving Manello*

Mildred Mendelson

Adel Prizant*

April 13—April 19 5 Nisan—11 Nisan

Henrietta Rheuban* Yetta Rheuban* Harry Rulin*

Susan Weiss Schonberger*

Howard Schwartz

James Edward Schwartz

Robert Schwartz David Simon* Manuel Smith* Victor Sperling Joseph Stolufsky* Dina Vaysman Semyon Verkhlin* Rebecca Wagman* Sigmund J. Yarmy*

April 20—April 30 12 Nisan—22 Nisan

Mark Aron* Hyman L. Berman* Louis Norman Budin*

Anna Cohen Ida Cohen* Bernard Cropp Matilda Dick* Rebecca Drabkin* Rose Eigner* Oscar A. Fish*

Frieda Gardner* James Gianokas

Samuel L. Giber* Louis Glass

Serena Glicksteen* Stella E. Goldich* Sylvia Goldich* Harry Gossoff*

Sanford Jan Greenfield*

Judy Grinstein Martin Gross*

Fannie Beigel Jacobson

Roslyn Kaplan* Sarah M. Katz* Anna Katzman* Julia Klafter* Ralph B. Klein Sammy Kornspan*

April 20—April 30 12 Nisan—22 Nisan

Rachel Kurant* Claire P. Landau* Gertrude Lapidus* Ann Lewis* Carl Lockshin* Mark Malkin*

Morton Aaron Malkin*

Manuel Merkin David Miller Katie Miller

Seth Charles Moranz* Abraham Pianin* Lillian Prigosin* Abraham Rheuban* David Robins* Eva Hannah Rogers*

Grace Safier

Morris H. Schachter* Armin Schlesinger* Irving Schwebel* Reuben Segall* Louis Sharlet* Belle Silver Jacob Sisman* Sam Small Abraham Sniderman*

Fannie Sniderman* Harry Wagman* Benjamin Weinbrom* Ruth Weinbrom* Max White* Esther Woldorf*

Dora Zlotnick*



* denotes those who have Memorial **Plaques**

DONATIONS

YAHRZEITS

In Loving Memory Of:

Edith Fish

By Donald & Diane DiPiero

Karen Gordin

Joel Grodin

Miriam Fish Katz

Samuel Katz

Dave Roth

Pauline Roth

By Sam D. & Terry Roth

Martin Gross

By Bernard Gross

Eva Jacob

Jenny Simon

By Rosalyn Simon Markovitz

Fannie Beigel Jacobson

By Samuel Beigel

Al Miller

Stanley Segal

By Sandy Miller

Grace Safier

By Sue Soss

Sandi Sachs

Robert Katz

Murry Silvershein

Iris Weiss

By Alan & Lillian Weiss

Uncle, Milton Wolkoff

By Elyse & Harry Silverman

Harry Yarov

By Michael & Bobbie Berkowitz

In Appreciation of the Memorials that you keep of family members who have passed over the years and my many happy memories of my childhood there.

By Richard & Janice Schwartz

TEMPLE FUND

In Honor Of:

Birthday Wishes to Rick Marlin

By Dorothy Schwebel

In appreciation of Rick & Ronna Marlin

By Alan Mirkin

TEMPLE FUND

In Memory Of:

Rose Averbach

By Sylvia Manchi

Mildred Dietz

By Alice Franklin

Mary Lou Finesilver

By Alan Mirkin

TEMPLE FUND

In Memory Of:

Arthur Friedman

By Lenore Ackerman

Myra & Bill Benedikt

Sandi, Nicole &

Skylar Chapnick

Zachary & Amy Camardese

Michael & Gail Froomkin

Paula & Dan Herman

Barbara Kirkorsky

Andy & Hilari Lipkin

Nigel & Geri Newman

Sharon Newman

Ben Z. Post

Harris & Sheryl Roth

Terry & Sam D. Roth

Elayne Rusnak

Deb & Jack Safier

Dick Slate & Family

Marilyn S. Sniderman

Mary Solomon

Marshall & Judy Wexler

Erica Heyer

By Michael & Bobbie Berkowitz Lisa Stein & Family

Helen Passell

Michael & Bobbie Berkowitz Faye & Michael Copland & Family

Barbara Kirkorsky Margaret Klein

Edith Peskin

By Terri & Neil Kaback

Roberta Rome

By Phyllis Perlman

RABBI DISCRETIONARY FUND

In Memory of

Arthur Friedman

By Harriet Schor & Neil Schor Z"L

ENDOWMENT FUND

In Memory of

Arthur Friedman

By Richard & Susan Sokolov

PROGRAMMING FUND

In Memory of

Helen Passell

By Robert Kranitz

SISTERHOOD DONATIONS

FLOWER FUND

In Memory Of

Arthur Friedman

By Alice Franklin

GENERAL FUND

In Memory Of

Arthur Friedman

By Bruce & Suzyn Schwebel Epstein

דוי CLUB

In Memory of Arthur Friedman

Claudia & Mel Moss By

CHAI CLUB DONORS

contribute a minimum of \$18.00 to Temple's Kiddush Luncheon Fund. The Gelbman Memorial Fund helps in subsidizing the Luncheon Fund.

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Happy Passover from Rabbí & Marsha Sternstein & The Board of Directors &

Nancy, Elyse, Maurita & Dominic