

ALBEMARLE ENT, ASTHMA & ALLERGY ASSOCIATES, PA



Margaret R. Donohoe, M.D.

Specializing in Allergies, Asthma and Immunologic Diseases of Adults and Children

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You have been scheduled for an allergy or asthma evaluation appointment. In order to have testing you **must be off any antihistamines three (3) days prior to your visit.** This includes any over-the-counter medications that contain antihistamines. Also, if you are taking a histamine blocking medication like Tagamet (Cimetidine), Pepcid (Famotidine), Zantac (Ranitidine) or Axid (Nizatidine), you will need to be off these three days before the visit. If you are taking Xyzal, you will need to be off this medication for seven days (7) prior to your visit. **DO NOT STOP YOUR ASTHMA MEDICATIONS.** PLEASE CALL IF YOU HAVE ANY QUESTIONS. Also, if you are taking a beta-blocker, please do not take it the morning of your appointment until after your visit.(SEE LIST BELOW) It is advised that you wear a short-sleeved shirt to your visit.

If you have any questions regarding our medications, please call our office at least four(4) days prior to your visit and speak with the allergy nurse or medical assistant.

In order to see you as efficiently as possible on the day of your appointment, we are enclosing the patient information sheets for you to fill out at your convenience and bring with you. Be sure to bring your insurance card(s) with you on the day of your visit and please bring a list of the medications you are currently taking (the names of the medications and the dosage). **Office visit co-pays and insurance deductibles are due the day of the visit. A billing fee of \$5.00 will be added to your account if these are not paid at the time of the visit. If for some reason you cannot keep this appointment, please give us at least four days notice to cancel so we can schedule someone else for this time. There will be a \$25.00 no-show charge if you do not call and cancel the appointment.**

LIST OF BETA BLOCKERS

Acebutolol (Sectral)
Atenolol (Tenormin)
Betaxolol (Kerlone, Betoptic)
Bisoprolol (Zebeta)
Carteolol (Ocupress)
Carvedilol (Coreg, Coreg CR)
Esmolol (Brevibloc)
Labetalol (Trandate)
Levobunolol (Betagan)
Metipranolol (OptiPranolol)
Nadolol (Corgard)
Nebivolol (Bystolic)
Penbutolol (Levadol)
Pindolol (Visken)
Propranolol (Inderal, Inderal LA, InnoPran XL)
Sotalol (Betapace, Sorine)
Timolol (Betimol, Blocadren, Isatol, Timoptic)

HISTAMINE BLOCKER (H2 RECEPTOR ANTAGONISTS)

Tagamet (Cimetidine)
Pepcid (Famotidine)
Zantac (Ranitidine)
Axid (Nizatidine)