



33 St Lawrence RCSCC Weekly Routine Orders

Date: Tuesday, 20 Oct 26

RO No. 26-043

Revision: A

Training Night Routine

	Start	Finish
Arrival	1830	
Fall-In/Opening	1835	1845
Period One	1850	1920
Break	NA	NA
Period Two	1925	1955
Break	1955	2010
Period Three	2010	2040
Fall-In/Closing	2050	2110
Dismissal	2115	

Duty Personnel

Officer of the Day
Dismissal Staff
Petty Officer of the Day
Duty Division

Dress

CAF Mbrs	5-NECU
Civilian	Business Casual
Cadets	C5 - STU

Weekly Training

		Period 1		Period 2		Period 3	
		1850	to 1920	1925	to 1955	2010	to 2040
Phase One	EO #	M100		M123.02		M123.02	
	Subject	PHASE		Ship's Operations		Ship's Operations	
	Instructor	CI P Zimmer		NCdt K Weir		NCdt K Weir	
	Location	Wardroom		Museum Flats		Museum Flats	
Phase Two	EO #	M100		M221.03		M221.03	
	Subject	PHASE		Ropework		Ropework	
	Instructor	CI P Zimmer		CI C Eggink		CI C Eggink	
	Location	Wardroom		Drill Deck		Drill Deck	
Phase Three	EO #	M100		C309.01		C309.01	
	Subject	PHASE		Instructional Techniques		Instructional Techniques	
	Instructor	NCdt M Schweitz		SLt M Young		SLt M Young	
	Location	Drill Deck		Conference Room		Conference Room	
Phase Four	EO #	M100		M403.04		M403.04	
	Subject	PHASE		Leadership		Leadership	
	Instructor	NCdt M Schweitz		NCdt M Schweitz		NCdt M Schweitz	
	Location	Drill Deck		Chown Room		Chown Room	
Advanced Leadership Program	EO #	M100					
	Subject	PHASE					
	Instructor	NCdt M Schweitz					
	Location	Drill Deck					

Weekly Activities 21 Oct 26 to 26 Oct 26

Date	Day	Start	End	Activity	Location	Dress	OPI
22 Oct 26	Thu	1830	2030	Biathlon Training	HMCS CATARAQUI	Civilian	



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Upcoming Activities

Activity Start	Activity End	Activity	Location	Dress	OPI

Notes

Derek Evans
Lt(N)
Commanding Officer