



33 St Lawrence RCSCC Weekly Routine Orders

Date: Tuesday, 29 Sep 26

RO No. 26-040

Revision: A

Training Night Routine

	Start	Finish
Arrival	1830	
Fall-In/Opening	1835	1845
Period One	1850	1820
Break	NA	NA
Period Two	1825	1855
Break	1855	2010
Period Three	2010	2040
Fall-In/Closing	2050	2110
Dismissal	2115	

Duty Personnel

Officer of the Day
Dismissal Staff
Petty Officer of the Day
Duty Division

CAF Mbrs
Civilian
Cadets

Dress
5-NECU
Business Casual
C5 - STU

Weekly Training

		Period 1 1850 to 1820		Period 2 1825 to 1855		Period 3 2010 to 2040	
Phase One	EO #	M121.01		M108.01		Orange Shirt Day Speaker	
	Subject	Ropework		Drill			
	Instructor	A/SLt M Young		NCdt K Weir		Guest Speaker	
	Location	Drill Deck		Drill Deck		Drill Deck	
Phase Two	EO #	M223.01		M223.01		Orange Shirt Day Speaker	
	Subject	Ship's Operations		Ship's Operations			
	Instructor	CI L Pilson - S3		CI L Pilson - S3		Guest Speaker	
	Location	Classroom 2		Classroom 2		Drill Deck	
Phase Three	EO #	M308.02		C323.02		Orange Shirt Day Speaker	
	Subject	Drill		Ship's Operations			
	Instructor	NCdt M Schweitz		CI C Eggink		Guest Speaker	
	Location	Drill Deck		Museum Flats (Display Hallway)		Drill Deck	
Phase Four	EO #	M403.02		M403.02		Orange Shirt Day Speaker	
	Subject	Leadership		Leadership			
	Instructor	LCdr D Dobson		LCdr D Dobson		Guest Speaker	
	Location	Chown Room		Chown Room		Drill Deck	
Advanced Leadership Program	EO #	507.02				Orange Shirt Day Speaker	
	Subject	General Cadet Knowledge					
	Instructor	PO2 H Bardell				Guest Speaker	
	Location	Ship's Office				Drill Deck	

Weekly Activities 30 Sep 26 to 5 Oct 26

Date	Day	Start	End	Activity	Location	Dress	OPI
1 Oct 26	Thu	1830	2030	Biathlon Training	HMCS CATARAQUI	Civilian	Lt(N) D Evans



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Upcoming Activities

Activity Start	Activity End	Activity	Location	Dress	OPI
7 Nov 26	8 Nov 26	Poppy Campaign			A/SLt M Young
11 Nov 26	11 Nov 26	Remembrance Day Ceremony			Lt(N) D Evans

Notes

Derek Evans
Lt(N)
Commanding Officer