

**Authorization to release Protected Health Information (PHI)** to / from Central Carolina Foot & Ankle Associates  
(circle one)

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Patient Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Request Date: \_\_\_\_\_ Chart: \_\_\_\_\_

I hereby request and consent to the release and disclosure of my personal health information from / to (circle one):

Facility/Doctor/Person: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Please include (Check all that apply):

- ☐ Entire medical record (additional fee applies based on size of record)\*\*
- ☐ Partial records, from \_\_\_\_\_ to \_\_\_\_\_
- ☐ Financial records
- ☐ Xray Reports
- ☐ CD with Digital X-rays (\$5 fee, must be picked up from office)
- ☐ Other: \_\_\_\_\_

Please send this PHI (check one):

☐ Via secure fax to CCFA at: 919-477-9389  
☐ Via mail to CCFA: InStride Central Carolina Foot & Ankle Associates  
2609 N. Duke St, Suite 301  
Durham, NC 27704

☐ Via fax to other facility/doctor: \_\_\_\_\_

☐ Via mail to address indicated above (\$5 fee applies)\*\*

☐ I will pick up my records

\*\*when additional fees are assigned they must be paid prior to release of information

I certify that I am aware that:

- I have the right to revoke this authorization at any time. Revocation is not effective in cases where the information has already been disclosed but will be effective going forward.
- I may inspect or copy the protected health information to be disclosed as described in this document.
- Information used or disclosed as a result of this authorization may be subject to redisclosure by the recipient and may no longer be protected by federal or state law.
- I may refuse to sign this authorization and that my treatment will not be conditioned on signing.
- I understand released information may include a communicable disease diagnosis such as HIV.
- I may incur fees for requesting my health record to be released.

Signature of Patient or Personal Representative (attach necessary documentation)

Date

Patient's initials/date upon receipt of requested health information: \_\_\_\_\_ Date \_\_\_\_\_