Integrative GI:

Microbiome, Environment, and Metabolic Signals

March 19-20, 2027

The Ballantyne Hotel | Charlotte, NC

Thursday, March 18, 2027

1:00 PM – 5:00 PM	**WORKSHOP: Succession Planning**

Friday, March 19, 2027

7:30 AM – 8:15 AM	REGISTRATION (Breakfast)
8:15 AM – 8:30 AM	**Welcome and Introductions** *Program Chairs: Robban Sica, MD & John Humiston, MD*
8:30 AM – 9:30 AM	**The Gut: The Body's Permissive Gatekeeper** *David Armstrong, MA, MB MBChir, FRCP (UK), FRCPC, CAGF, FACG, AGAF*
9:30 AM – 10:15 AM	EXHIBITOR BREAK
10:15 AM – 11:15 AM	**Integrative Medicine Starts on the Farm** *Arden Andersen, DO, MSPH, PhD*
11:15 AM – 12:15 PM	**Reversing Disease Through Optimizing Metabolic Biochemistry** *Lisa Everett-Andersen, RPh, CCN, FACA, FAPC*
12:15 PM – 1:30 PM	EXHIBITOR BREAK (Lunch) *Sponsored by NutraMedix*
12:45 PM – 1:00 PM	SPONSORED PRESENTATION: TBA TBA
1:30 PM – 2:30 PM	**A SAD Story: Correlating Modern Diet & Additives with Increase in Disease**

John Humiston, MD

2:30 PM – 3:15 PM **Connection Between the Soil and Human Microbiome from a Chinese Medicine Perspective**

Jennifer Breschini, Clinical Herbalist

3:15 PM – 3:30 PM EXHIBITOR BREAK

3:30 PM – 4:30 PM **Specific Mental Disorders and the Complexity of the Gut Microbiome**

Bruce Semon, PhD

4:30 PM – 4:45 PM EXHIBITOR BREAK

4:45 PM – 5:30 PM **Panel Q&A**

Arden Andersen, Lisa Andersen, David Armstrong, Jennifer Breshchini, John Humiston, Bruce Semon

5:30 PM – 7:00 PM **Exhibit Hall Happy Hour**

Saturday, March 20, 2027

7:30 AM – 8:30 AM EXHIBITOR BREAK (Breakfast)

8:30 AM – 9:30 AM **FMT Demystified: Mechanisms, Emerging Evidence, and Clinical-Grade Standards**

Shaina Cahill, PhD

9:30 AM – 10:30 AM **Cancer Across the Life Span**

Paul E. Marik, MD, FCCM, FCCP

10:30 AM – 11:00 AM EXHIBITOR BREAK

11:00 AM – 12:00 PM **Gut Microbiome and Mycobiome Role on the Induction of Inflammatory and Autoimmune Disorders**

Aristo Vojdani, PhD, MSc, CCLS

12:00 PM – 1:30 PM EXHIBITOR BREAK (Lunch)

12:30 PM – 1:00 PM Members Only Workshop

TBA

2:00 PM – 3:00 PM **All About GLP-1 Receptor Agonists-Safely Using A Helpful Medication**

Mona Morstein, ND

3:00 PM – 3:45 PM EXHIBITOR BREAK

3:45 PM – 4:45 PM	**Ferroptosis & C15:0 Deficiency: Emerging Roles in MASLD, MASH and Cognitive Decline** *Stephanie Venn-Watson, DVM, MPH*
4:45 PM – 5:00 PM	EXHIBITOR BREAK
5:00 PM – 5:45 PM	**Panel Q&A** *Shaina Cahill, Paul E. Marik, Mona Morstein, Stephanie Venn-Watson, Aristo Vojdani*
5:45 PM – 6:00 PM	**Closing Statements** *Program Chairs: Robban Sica, MD & John Humiston, MD*