



Integrative GI:
Microbiome, Environment, and Metabolic Signals
March 19-20, 2027
The Ballantyne Hotel | Charlotte, NC

Thursday, March 18, 2027

9:00 AM – 5:00 PM **WORKSHOP: The Implant Effect – When the Cure Becomes the Cause**

Friday, March 19, 2027

7:30 AM – 8:15 AM REGISTRATION (Breakfast)

8:15 AM – 8:30 AM **Welcome and Introductions**

Program Chairs: Robban Sica, MD & John Humiston, MD

8:30 AM – 9:30 AM **The Gut: The Body's Permissive Gatekeeper**

David Armstrong, MA, MB MBChir, FRCP (UK), FRCPC, CAGF, FACG, AGAF

9:30 AM – 10:15 AM EXHIBITOR BREAK

10:15 AM – 11:15 AM **Integrative Medicine Starts on the Farm**

Arden Andersen, DO, MSPH, PhD

11:15 AM – 12:15 PM **Reversing Disease Through Optimizing Metabolic Biochemistry**

Lisa Everett-Andersen, RPh, CCN, FACA, FAPC

12:15 PM – 1:30 PM EXHIBITOR BREAK (Lunch)

1:30 PM – 2:30 PM **All About GLP-1 Receptor Agonists-Safely Using A Helpful Medication**

Mona Morstein, ND

2:30 PM – 3:15 PM **Connection Between the Soil and Human Microbiome from a Chinese Medicine Perspective**

Jennifer Breschini, Clinical Herbalist

3:15 PM – 3:30 PM

EXHIBITOR BREAK

3:30 PM – 4:30 PM

Specific Mental Disorders and the Complexity of the Gut Microbiome

Bruce Semon, PhD

4:30 PM – 4:45 PM

EXHIBITOR BREAK

4:45 PM – 5:30 PM

Panel Q&A

*Arden Andersen, Lisa Andersen, David Armstrong, Jennifer
Breshchini, Mona Morstein, Bruce Semon*

5:30 PM – 7:00 PM

Exhibit Hall Happy Hour

Saturday, March 20, 2027

7:30 AM – 8:30 AM

EXHIBITOR BREAK (Breakfast)

8:30 AM – 9:30 AM

**The Poisoned Garden: What Environmental Toxins Reveal About the
Gut, the Microbiome, and GI Cancer**

Nasha Winters, ND, LAc, FABNO

9:30 AM – 10:30 AM

Cancer Across the Life Span

Paul E. Marik, MD, FCCM, FCCP

10:30 AM – 11:00 AM

EXHIBITOR BREAK

11:00 AM – 12:00 PM

**Gut Microbiome and Mycobionome Role on the Induction of Inflammatory
and Autoimmune Disorders**

Aristo Vojdani, PhD, MSc, CCLS

12:00 PM – 1:30 PM

EXHIBITOR BREAK (Lunch)

1:30 PM – 2:00 PM

Legal Update

John Richardson, JD

2:00 PM – 3:00 PM

**A SAD Story: Correlating Modern Diet & Additives with Increase in
Disease**

John Humiston, MD

3:00 PM – 3:45 PM

EXHIBITOR BREAK

3:45 PM – 4:45 PM

**Ferroptosis & C15:0 Deficiency: Emerging Roles in MASLD, MASH
and Cognitive Decline**

Stephanie Venn-Watson, DVM, MPH

4:45 PM – 5:00 PM

EXHIBITOR BREAK

5:00 PM – 5:45 PM

Panel Q&A

John Humiston, Paul E. Marik, John Richardson, Stephanie Venn-Watson, Aristo Vojdani, Nasha Winters

5:45 PM – 6:00 PM

Closing Statements

Program Chairs: Robban Sica, MD & John Humiston, MD