



Integrative GI:
Microbiome, Environment, and Metabolic Signals
March 19-20, 2027
The Ballantyne Hotel | Charlotte, NC

Thursday, March 18, 2027

9:00 AM – 5:00 PM	WORKSHOP: The Implant Effect – When the Cure Becomes the Cause
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Friday, March 19, 2027

7:30 AM – 8:15 AM	REGISTRATION (Breakfast)
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8:15 AM – 8:30 AM	Welcome and Introductions
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Program Chairs: Robban Sica, MD & John Humiston, MD

8:30 AM – 9:30 AM	The Gut: The Body's Permissive Gatekeeper
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David Armstrong, MA, MB MBChir, FRCP (UK), FRCPC, CAGF, FACG, AGAF

9:30 AM – 10:15 AM	EXHIBITOR BREAK
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10:15 AM – 11:15 AM	Integrative Medicine Starts on the Farm
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Arden Andersen, DO, MSPH, PhD

11:15 AM – 12:15 PM	Reversing Disease Through Optimizing Metabolic Biochemistry
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Lisa Everett-Andersen, RPh, CCN, FACA, FAPC

12:15 PM – 1:30 PM	EXHIBITOR BREAK (Lunch)
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1:30 PM – 2:30 PM	All About GLP-1 Receptor Agonists-Safely Using A Helpful Medication
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Mona Morstein, ND, DHANP

2:30 PM – 3:00 PM	EXHIBITOR BREAK
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3:00 PM – 4:00 PM	TBA
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Bruce Semon, PhD (tentative)

4:00 PM – 4:30 PM

EXHIBITOR BREAK

4:30 PM – 5:30 PM

Panel Q&A

Arden Andersen, Lisa Andersen, David Armstrong, Mona Morstein, Bruce Semon

5:30 PM – 6:30 PM

Exhibit Hall Happy Hour

Saturday, March 20, 2027

7:30 AM – 8:30 AM

EXHIBITOR BREAK (Breakfast)

8:30 AM – 9:30 AM

The Poisoned Garden: What Environmental Toxins Reveal About the Gut, the Microbiome, and GI Cancer

Nasha Winters, ND, LAc, FABNO

9:30 AM – 10:30 AM

Cancer Across the Life Span

Paul E. Marik, MD, FCCM, FCCP

10:30 AM – 11:00 AM

EXHIBITOR BREAK

11:00 AM – 12:00 PM

Gut Microbiome and Mycobiome Role on the Induction of Inflammatory and Autoimmune Disorders

Aristo Vojdani, PhD, MSc, CCLS

12:00 PM – 1:30 PM

EXHIBITOR BREAK (Lunch)

1:30 PM – 2:00 PM

Legal Update

John Richardson, JD

2:00 PM – 3:00 PM

A SAD Story: Correlating Modern Diet & Additives with Increase in Disease

John Humiston, MD

3:00 PM – 3:45 PM

EXHIBITOR BREAK

3:45 PM – 4:45 PM

Ferroptosis & C15:0 Deficiency: Emerging Roles in MASLD, MASH and Cognitive Decline

Stephanie Venn-Watson, DVM, MPH

4:45 PM – 5:00 PM

EXHIBITOR BREAK

5:00 PM – 5:45 PM

Panel Q&A

John Humiston, Paul E. Marik, John Richardson, Stephanie Venn-Watson, Aristo Vojdani, Nasha Winters

5:45 PM – 6:00 PM

Closing Statements

Program Chairs: Robban Sica, MD & John Humiston, MD