

# January 2026

MORHAVEN

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

			1	<b>Closed for groups</b> We are still open for In Home Support & Community Access Assistance!	2	<b>Closed for groups</b> We are still open for In Home Support & Community Access Assistance!	3	<b>Closed for groups</b> We are still open for In Home Support & Community Access Assistance!	4	<b>Closed for groups</b> We are still open for In Home Support & Community Access Assistance!
5	<b>Active All-Stars</b> Gym & Fitness Workshop  <b>The Social Plate</b> Grow your confidence in social skills, money management & communication  <b>Lights, Camera, Confidence!</b> Explore drama, movement, & story telling to boost confidence & social skills.	<b>Stronger Together Fitness</b> Wellness & Gym session  <b>My Budget, My Cooking</b> Cook the food you love on a budget you manage  <b>Teamworks = Dreamworks</b> Boost your communication & problem solving skills in a fun, supportive group.	<b>Podcast 'Drop the Mic'</b> Creativity meets entertainment  <b>Picnic Project</b> Pack your appetite! We're exploring the outdoors.  <b>The Flavor Factory</b> Friends, fun, & mastering meal prep	<b>Community Connect</b> Volunteering with community organisations  <b>Kahoot Quick Quiz</b> Interesting Questions, big smiles & easy fun!  <b>Skills for Life Workshop</b> Led by our experienced Social Workers	<b>The Friendship Circle</b> Catching The Train and Ferry to Manly for the day  <b>Friday Night Group</b> Outdoor Cinema- WICKED: for Good 5.30 pm to 11.30 pm	10		11		
12	<b>Active All-Stars</b> Gym & Fitness Workshop  <b>The Social Plate</b> Grow your confidence in social skills, money management & communication  <b>Lights, Camera, Confidence!</b> Explore drama, movement, & story telling to boost confidence & social skills.	<b>Stronger Together Fitness</b> Wellness & Gym session  <b>My Budget, My Cooking</b> Cook the food you love on a budget you manage  <b>Teamworks = Dreamworks</b> Boost your communication & problem solving skills in a fun, supportive group.	<b>Podcast 'Drop the Mic'</b> Creativity meets entertainment  <b>Picnic Project</b> Pack your appetite! We're exploring the outdoors.  <b>The Flavor Factory</b> Friends, fun, & mastering meal prep	<b>Community Connect</b> Volunteering with community organisations  <b>Kahoot Quick Quiz</b> Interesting Questions, big smiles & easy fun!  <b>Skills for Life Workshop</b> Led by our experienced Social Workers	<b>The Friendship Circle</b> Swimming and lunch at Brooklyn Outdoor Pools  <b>Friday Night Group</b> Paint & Mocktails Night at Hornsby HQ	17	<b>Saturday Social</b> Manly Beach Adventure	18		
19	<b>Active All-Stars</b> Gym & Fitness Workshop  <b>The Social Plate</b> Grow your confidence in social skills, money management & communication  <b>Lights, Camera, Confidence!</b> Explore drama, movement, & story telling to boost confidence & social skills.	<b>Stronger Together Fitness</b> Wellness & Gym session  <b>My Budget, My Cooking</b> Cook the food you love on a budget you manage  <b>Teamworks = Dreamworks</b> Boost your communication & problem solving skills in a fun, supportive group.	<b>Podcast 'Drop the Mic'</b> Creativity meets entertainment  <b>Picnic Project</b> Pack your appetite! We're exploring the outdoors.  <b>The Flavor Factory</b> Friends, fun, & mastering meal prep	<b>Community Connect</b> Volunteering with community organisations  <b>Kahoot Quick Quiz</b> Interesting Questions, big smiles & easy fun!  <b>Skills for Life Workshop</b> Led by our experienced Social Workers	<b>The Friendship Circle</b> Visiting the Australian Museum  <b>Friday Night Group</b> Time zone and Grill'd Burgers	24		25	<b>SPECIAL EVENT</b> Palm Beach Markets 10 am to 4 pm	
26	<b>Closed for groups</b> We are still open for In Home Support & Community Access Assistance!	<b>Stronger Together Fitness</b> Wellness & Gym session  <b>My Budget, My Cooking</b> Cook the food you love on a budget you manage  <b>Teamworks = Dreamworks</b> Boost your communication & problem solving skills in a fun, supportive group.	<b>Podcast 'Drop the Mic'</b> Creativity meets entertainment  <b>Picnic Project</b> Pack your appetite! We're exploring the outdoors.  <b>The Flavor Factory</b> Friends, fun, & mastering meal prep	<b>Community Connect</b> Volunteering with community organisations  <b>Kahoot Quick Quiz</b> Interesting Questions, big smiles & easy fun!  <b>Skills for Life Workshop</b> Led by our experienced Social Workers	<b>The Friendship Circle</b> Catching the Parramatta Rivercat into the city  <b>Friday Night Group</b> Beachside Bites Enjoy a picnic adventure at the beach	31	<b>Saturday Social</b> Raging Waters Sydney			

- Our activities have been designed with the below goals in mind
- Developing living skills and independence Relationships
- Building & keeping strong friendships Safety, health & wellbeing
- both mental and physical Developing appropriate social skills



Monday to Friday 9am to 3pm  
Friday Evening 5pm to 9pm  
Saturday Socials 10am to 4pm (unless specified)

1800 168 468  
hello@morhaven.com.au

# February 2026

MORHAVEN

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1

**SPECIAL EVENT**  
Mona Vale Beach Markets  
9am to 4pm

2 **Active All-Stars**  
Gym & Fitness Workshop  
  
**The Social Plate**  
Grow your confidence in social skills, money management & communication  
  
**Lights, Camera, Confidence!**  
Explore drama, movement, & story telling to boost confidence & social skills.

3 **Stronger Together Fitness**  
Wellness & Gym session  
  
**My Budget, My Cooking**  
Cook the food you love on a budget you manage  
  
**Teamworks = Dreamworks**  
Boost your communication & problem solving skills in a fun, supportive group.

4 **Podcast 'Drop the Mic'**  
Creativity meets entertainment  
  
**Picnic Project**  
Pack your appetite! We're exploring the outdoors.  
  
**The Flavor Factory**  
Friends, fun, & mastering meal prep

5 **Community Connect**  
Volunteering with community organisations  
  
**Kahoot Quick Quiz**  
Interesting Questions, big smiles & easy fun!  
  
**Skills for Life Workshop**  
Led by our experienced Social Workers

6 **Out & About**  
Catching the train to the Chinese friendship Garden  
  
**Friday Night Group**  
Dinner at the grounds of Alexandria

7 **Saturday Social**  
Sydney Zoo

8

9 **Active All-Stars**  
Gym & Fitness Workshop  
  
**The Social Plate**  
Grow your confidence in social skills, money management & communication  
  
**Lights, Camera, Confidence!**  
Explore drama, movement, & story telling to boost confidence & social skills.

10 **Stronger Together Fitness**  
Wellness & Gym session  
  
**My Budget, My Cooking**  
Cook the food you love on a budget you manage  
  
**Teamworks = Dreamworks**  
Boost your communication & problem solving skills in a fun, supportive group.

11 **Podcast 'Drop the Mic'**  
Creativity meets entertainment  
  
**Picnic Project**  
Pack your appetite! We're exploring the outdoors.  
  
**The Flavor Factory**  
Friends, fun, & mastering meal prep

12 **Community Connect**  
Volunteering with community organisations  
  
**Kahoot Quick Quiz**  
Interesting Questions, big smiles & easy fun!  
  
**Skills for Life Workshop**  
Led by our experienced Social Workers

13 **Out & About**  
Catching the bus to Hornsby Pools for a fun day of swimming (\$10 entry)  
  
**Friday Night Group**  
Smash Room and dinner with friends

14 **SPECIAL EVENT**  
Ed Sheeran Concert

15

16 **Active All-Stars**  
Gym & Fitness Workshop  
  
**The Social Plate**  
Grow your confidence in social skills, money management & communication  
  
**Lights, Camera, Confidence!**  
Explore drama, movement, & story telling to boost confidence & social skills.

17 **Stronger Together Fitness**  
Wellness & Gym session  
  
**My Budget, My Cooking**  
Cook the food you love on a budget you manage  
  
**Teamworks = Dreamworks**  
Boost your communication & problem solving skills in a fun, supportive group.

18 **Podcast 'Drop the Mic'**  
Creativity meets entertainment  
  
**Picnic Project**  
Pack your appetite! We're exploring the outdoors.  
  
**The Flavor Factory**  
Friends, fun, & mastering meal prep

19 **Community Connect**  
Volunteering with community organisations  
  
**Kahoot Quick Quiz**  
Interesting Questions, big smiles & easy fun!  
  
**Skills for Life Workshop**  
Led by our experienced Social Workers

20 **Out & About**  
Exploring Meadowbank river  
  
**Friday Night Group**  
Hawaiian Island Party  
  
**Holiday Stay**  
Amaroo Homestead

21 **Holiday Stay**  
Amaroo Homestead

22 **Holiday Stay**  
Amaroo Homestead

23 **Active All-Stars**  
Gym & Fitness Workshop  
  
**The Social Plate**  
Grow your confidence in social skills, money management & communication  
  
**Lights, Camera, Confidence!**  
Explore drama, movement, & story telling to boost confidence & social skills.

24 **Stronger Together Fitness**  
Wellness & Gym session  
  
**My Budget, My Cooking**  
Cook the food you love on a budget you manage  
  
**Teamworks = Dreamworks**  
Boost your communication & problem solving skills in a fun, supportive group.

25 **Podcast 'Drop the Mic'**  
Creativity meets entertainment  
  
**Picnic Project**  
Pack your appetite! We're exploring the outdoors.  
  
**The Flavor Factory**  
Friends, fun, & mastering meal prep

26 **Community Connect**  
Volunteering with community organisations  
  
**Kahoot Quick Quiz**  
Interesting Questions, big smiles & easy fun!  
  
**Skills for Life Workshop**  
Led by our experienced Social Workers

27 **Out & About**  
Exploring Parramatta River with Friends  
  
**Friday Night Group**  
Hyper Karting 5 pm to 10 pm

28 **Saturday Social**  
Luna Park

- Our activities have been designed with the below goals in mind
- Developing living skills and independence Relationships
- Building & keeping strong friendships Safety, health & wellbeing
- both mental and physical Developing appropriate social skills



Monday to Friday  
9am to 3pm

Friday Evening  
5pm to 9pm

Saturday Socials  
10am to 4pm  
(unless specified)

1800 168 468

hello@morhaven.com.au