

January 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Closed for groups We are still open for In Home Support & Community Access Assistance!	2 Closed for groups We are still open for In Home Support & Community Access Assistance!	3 Closed for groups We are still open for In Home Support & Community Access Assistance!	4 Closed for groups We are still open for In Home Support & Community Access Assistance!
5 Active All-Stars Gym & Fitness Workshop The Social Plate Grow your confidence in social skills, money management & communication Lights, Camera, Confidence! Explore drama, movement, & story telling to boost confidence & social skills.	6 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	7 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	8 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	9 The Friendship Circle Catching The Train and Ferry to Manly for the day Friday Night Group Outdoor Cinema- WICKED: for Good 5.30 pm to 11.30 pm	10	11
12 Active All-Stars Gym & Fitness Workshop The Social Plate Grow your confidence in social skills, money management & communication Lights, Camera, Confidence! Explore drama, movement, & story telling to boost confidence & social skills.	13 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	14 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	15 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	16 The Friendship Circle Swimming and lunch at Brooklyn Outdoor Pools Friday Night Group Paint & Mocktails Night at Hornsby HQ	17 Saturday Social Manly Beach Adventure	18
19 Active All-Stars Gym & Fitness Workshop The Social Plate Grow your confidence in social skills, money management & communication Lights, Camera, Confidence! Explore drama, movement, & story telling to boost confidence & social skills.	20 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	21 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	22 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	23 The Friendship Circle Visiting the Australian Museum Friday Night Group Time zone and Grill'd Burgers	24	25 SPECIAL EVENT Palm Beach Markets 10 am to 4 pm
26 Closed for groups We are still open for In Home Support & Community Access Assistance!	27 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	28 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	29 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	30 The Friendship Circle Catching the Parramatta Rivercat into the city Friday Night Group Beachside Bites Enjoy a picnic adventure at the beach	31 Saturday Social Raging Waters Sydney	

1800 168 468
hello@morhaven.com.au

- Our activities have been designed with the below goals in mind
- Developing living skills and independence Relationships
- Building & keeping strong friendships Safety, health & wellbeing
- both mental and physical Developing appropriate social skills



Monday to Friday
9am to 3pm

Friday Evening
5pm to 9pm

Saturday Socials
10am to 4pm
(unless specified)

February 2026



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

						1 SPECIAL EVENT Mona Vale Beach Markets 9am to 4pm
2 Active All-Stars Gym & Fitness Workshop The Social Plate Grow your confidence in social skills, money management & communication Lights, Camera, Confidence! Explore drama, movement, & story telling to boost confidence & social skills.	3 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	4 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	5 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	6 Out & About Catching the train to the Chinese friendship Gardent Friday Night Group Dinner at the grounds of Alexandria	7 Saturday Social Sydney Zoo	8
9 Active All-Stars Gym & Fitness Workshop The Social Plate Grow your confidence in social skills, money management & communication Lights, Camera, Confidence! Explore drama, movement, & story telling to boost confidence & social skills.	10 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	11 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	12 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	13 Out & About Catching the bus to Hornsby Pools for a fun day of swimming (\$10 entry) Friday Night Group Smash Room and dinner with friends	14 SPECIAL EVENT Ed Sheeran Concert	15
16 Active All-Stars Gym & Fitness Workshop The Social Plate Grow your confidence in social skills, money management & communication Lights, Camera, Confidence! Explore drama, movement, & story telling to boost confidence & social skills.	17 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	18 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	19 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	20 Out & About Exploring Meadowbank river Friday Night Group Hawaiian Island Part y Holiday Stay Amaroo Homestead	21 Holiday Stay Amaroo Homestead	22 Holiday Stay Amaroo Homestead
23 Active All-Stars Gym & Fitness Workshop The Social Plate Grow your confidence in social skills, money management & communication Lights, Camera, Confidence! Explore drama, movement, & story telling to boost confidence & social skills.	24 Stronger Together Fitness Wellness & Gym session My Budget, My Cooking cook the food you love on a budget you manage Teamworks = Dreamworks Boost your communication & problem solving skills in a fun, supportive group.	25 Podcast 'Drop the Mic' Creativity meets entertainment Picnic Project Pack your appetite! We're exploring the outdoors. The Flavor Factory Friends, fun, & mastering meal prep	26 Community Connect Volunteering with community organisations Kahoot Quick Quiz Interesting Questions, big smiles & easy fun! Skills for Life Workshop Led by our experienced Social Workers	27 Out & About Exploring Parramatta River with Friends Friday Night Group Hyper Karting 5 pm to 10 pm	28 Saturday Social Luna Park	

1800 168 468
hello@morhaven.com.au

- Our activities have been designed with the below goals in mind
- Developing living skills and independence Relationships
- Building & keeping strong friendships Safety, health & wellbeing
- both mental and physical Developing appropriate social skills



Monday to Friday
9am to 3pm

Friday Evening
5pm to 9pm

Saturday Socials
10am to 4pm
(unless specified)