## August 2025

SUN MON **TUES WED THURS** FRI SAT

Out & About

Mastering accessing the community and using public transport

> Friday Night Group Night at the Movies

Saturday Social Sea Life Aquarium

Stronger Together Fitness

The Lunch Club

Grow your confidence in social skills, money management & communication

Team Building Building skills to increase your ability to work well with others

Stronger Together Fitness

The Lunch Club

Grow your confidence in social skills, money management & communication

Team Building

Building skills to increase your ability to work well with others

Stronger Together Fitness

Gvm Session Money Masters & Cooks Corner

Where budgeting & cooking

Social Media Hub

Learn how to present your est self online

Stronger Together Fitness

Gym Session

Money Masters & Cooks Corner

Where budgeting & cooking meets creativity

Social Media Hub

Learn how to present your est self online

Community Connect

Through volunteering with community organisations

Trivia Champions Are you ready for the challenge?

Cooks Comer

Prepare & take home dinner for the whole family

Community Connect

13

Through volunteering with community organisations

Trivia Champions

Cooks Comer

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Professional Podcast Group 'Drop the Mic'

Creativity meets communication entertainment

Gardening Gurus Growing responsibility one veggie at a time

Relationship Program Led by our experienced Psychology Team

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Professional Podcast Group

'Drop the Mic'

Creativity meets communication

entertainment

Gardening Gurus

Growing responsibility one veggie at a time

Out & About

Friday Night Group Pyjama Pizza Party @ Morhaven

HO. Come dressed in your cosiest pyjamas!

STA- Amaroo Homestead

STA

Amaroo Homestead Special Event

Hot Wheels Monster Truck LIVE

Saturday Social

Bubble Plannet

10am - 4pm

STA

10

Amaroo Homestead

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Out & About

Mastering accessing the community and using public transport

Friday Night Group Paint and Sip @ Morhaven HQ

Mastering accessing the community and using public transport

22 Out & About

Mastering accessing the community and using public transport

> Friday Night Group Swing City Golf

29

Out & About Mastering accessing the community and using public transport

Friday Night Group Indoor Rock Climbing @ The Edge, Castle

31



- Developing living skills and independence
- Relationships -Building & keeping strong friendships
- Safety, health & wellbeing both mental and physical
- Developing appropriate social skills

**Monday to Friday Friday Evening** 

9am to 3pm

5pm to 9pm

**Saturday Socials** 10am-4pm

(unless specified)



## September 2025

SUN

MON

Stronger Together Fitness Gvm Session

The Lunch Club

Grow your confidence in social skills money management & communication

Team Building

Building skills to increase your ability to work well with others

Stronger Together Fitness

The Lunch Club

Grow your confidence in social skills,

money management &

communication

Team Building

Building skills to increase your ability to

work well with others

Stronger Together Fitness

15

22

29

NSW Transport Heritage Day out with Thomas

All aboard for a day with Thomas! The Party Tour rolls into NSW Rail Museum with games, activities, and real steam train rides!

STA

Amaroo Homestead

14

The Lunch Club Grow your confidence in social skills,

money management & communication Team Building

Building skills to increase your ability to work well with others

The Lunch Club

Grow your confidence in social skills, money management &

Stronger Together Fitness

Team Building

Building skills to increase your ability to work well with others

Stronger Together Fitness

Gym Session

The Lunch Club

Grow your confidence in social skills, money management & communication

Team Building

Building skills to increase your ability to work well with others

**TUES** 

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Gym Session

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Gvm Session

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Learn how to present your est self

Stronger Together Fitness

23

30

Gym Session

Money Masters & Cooks Corner

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**WED** 

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Community Connect

17

24

Through volunteering with community organisations

Trivia Champions

Cooks Comer Prepare & take home dinner for the whole family

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**THURS** 

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a time Relationship Program Led by our experienced Psychology Team FRI

Out & About

Mastering accessing the community and using public transport

Friday Night Group Dinner with Friends @ The Governor

Hotel - Macquarie Park

12

Out & About

Mastering accessing the community and using public transport

> Friday Night Group Morhaven Masterchet

> > 19

Out & About Mastering accessing the community and using public transport

Friday Night Group Smash & Splash Room

26

Out & About Mastering accessing the community and

Friday Night Group Global Flavours - Thai Street Food STA Amaroo Homestead

using public transport

SAT

Special Event

Circ De Soil 4pm - 11pm

Special Event Amaroo Homestead - Fun Day

13

Saturday Social

Taronga Zoo visit 10am - 5pm

STA Amaroo Homestead

Our activities have been designed with the below goals in mind

- Developing living skills and independence
- Relationships -Building & keeping strong friendships
- Safety, health & wellbeing both mental and physical
- Developing appropriate social skills

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