FITNESS TESTING Nov. 18th and 19th, 2024 **Rising Starz**

Name		Rank	Age		Hangs	High Knees	Pushups	Situps	Kicks	Strikes	Final Grade
Adrian H (JW)					5 / 2	90 / 5	10 / 3	20 / 3	25 / 1	46 / 1	15
Cedric M (JW)					13 / 5	90 / 5	14 / 2	14 / 2	38 / 1	127 / 2	17
Hayato I (JW)					5 / 2	90 / 5	12 / 5	5 / 1	37 / 1	132 / 2	16
Caleb F (MW)					7 / 3	90 / 5	7 / 1	14 / 2	55 / 4	140 / 2	17
Gabriel C (MW)					10 / 5	90 / 5	12 / 5	20 / 3	86 / 5	208 / 5	28
Ichise J (MW)					11 / 5	90/ 5	12 / 5	19 / 3	94 / 5	196 / 5	28
Elliot C (JY)					4 / 2	90 / 5	8 / 2	14 / 2	67 / 5	122 / 1	17
Cason H (JO)					7 / 3	90 / 5	10 / 3	20 / 3	62 / 5	198 / 5	24
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