FITNESS TESTING April 10th and 11th, 2025 **Rising Starz / Rising Starz Elites**

Name		Rank	Age		Hangs	High Knees	Pushups	Situps	Kicks	Strikes	Final Grade
Niko W		JW	5		12 / 5	90 / 5	25 / 5	24 / 4	57 / 4	146 / 3	26
Jackson M		JW	4		0 / 1	90 / 5	0 / 1	10 / 1	20 / 1	0 / 1	10
Julian S		JW	5		6 / 3	90 / 5	2 / 1	10 / 1	46 / 3	104 / 1	14
Oliver S		MW	5		3 / 1	90 / 5	10 / 3	23 / 4	42 / 2	115 / 1	16
Ryan P		MW	5		7 / 3	90 / 5	20 / 5	20 / 3	56 / 4	152 / 3	23
Caleb F		MO	4		6 / 4	75 / 4	16 / 5	18 / 3	57 / 4	145 / 3	23
Elliot C		MY	5		3 / 1	90 / 5	8 / 2	9 / 1	43 / 2	174 / 4	15
Gabriel C		MY			/	/	/	/	/	/	
Cason H		JC	5		16 / 5	90 / 5	15 / 5	21 / 3	55 / 4	195 / 4	26
Elysian C		JW	6		0 /1	90 / 5	2 / 1	11 / 1	35 / 1	65 / 1	10
Jonathan L		JO	6		8 / 4	90 / 5	8 / 2	19 / 3	41 / 2	167 / 4	20
Janice C		MC	6		13 / 5	90 / 5	17 / 5	21 / 3	60 / 1	172 / 4	23
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