

GSHIM 5

#	Move	Side	Stance	Direction	Section
1	Knifehand outer forearm block	L	Right Back	North West	H
2	Punch	R	Left Front	North West	H
3	Back leg front kick	R		North West	M/H
4	Punch	L	Left Front	North West	H
5	Punch	R	Left Front	North West	H
6	Knifehand outer forearm block	R	Left Back	North East	H
7	Punch	L	Right Front	North East	H
8	Back leg front kick	L		North East	M/H
9	Punch	R	Right Front	North East	H
10	Punch	L	Right Front	North East	H
11	Twin outer forearm block		Left Front	North	H
12	Knifehand strike	R	Right Front	East	H
13	Knifehand/palmheel Combo	R/L	Right Front	East	H
14	Punch	L	Right Front	East	H
15	Twin outer forearm block		Left Front	North	H
16	Knifehand strike	L	Left Front	West	H
17	Knifehand/palmheel Combo	L/R	Left Front	West	H
18	Punch	R	Left Front	West	H
19	Twin outer forearm block		Right Front	North	H
20	Step spin hook kick	R		North	M/H
21	360 Knifehand strike	R	Right Front	North	H
22	Knifehand/palmheel Combo	R/L	Right Front	North	H
23	Punch //Kihap//	L	Right Front	North	H
24	Back leg front kick	L		North	M/H
25	Twin outer forearm block		Right Front	North	H
26	Twin outer forearm block		Left Front	South	H
27	Step spin hook kick	L		South	M/H
28	360 Knifehand strike	L	Left Front	South	H
29	Knifehand/palmheel Combo	L/R	Left Front	South	H
30	Punch	R	Left Front	South	H
31	Back leg front kick	R		South	M/H
32	Twin outer forearm block		Left Front	South	H
33	Punch //Kihap//	L	Right Front	North	H