

The Harvia logo is a red square with the word "HARVIA" in white, bold, sans-serif capital letters.

Sauna & Spa

# Custom-Cut Saunas

2025 Custom Saunas Guide

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# Tailored, Crafted, Personalized

Our Custom-Cut Sauna transforms any space into a truly personalized wellness retreat. Designed to fit your exact dimensions, layouts, and design preferences, each sauna is a one-of-a-kind creation, crafted with premium materials and built to Harvia's exacting standards. Whether for a compact home spa or a large-scale wellness suite, Custom-Cut Saunas blend timeless craftsmanship, advanced performance, and architectural flexibility to bring your vision to life.

## Design Aspects

Imagine a sauna crafted around you — from the dimensions of the room to the textures of the wood, the placement of glass panels, and the glow of ambient lighting.

Whether you're integrating a compact corner sauna into a private residence or building a statement wellness room in a commercial project, our Custom-Cut program lets you design a space that is uniquely yours. From clean minimalism to warm, natural retreats, the possibilities are endless.

## Health & Wellness Benefits

Beyond its beauty, your Harvia sauna is a true sanctuary for health and restoration. Regular sauna sessions can promote muscle recovery, stress reduction, improved sleep, skin rejuvenation, and respiratory relief.

Enhance your wellness ritual further by integrating aromatherapy. Using essential oils in your sauna transforms each session into a sensory experience, promoting relaxation, mental clarity, and emotional well-being. Steam infused with eucalyptus, lavender, or citrus can uplift the mind and support respiratory health, bringing a spa-like atmosphere home.



# What's Included with Every Custom-Cut Sauna

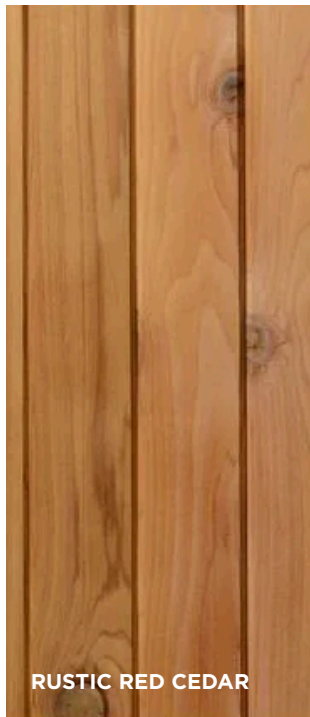
Wall and Ceiling T&G Cladding  
Bench(es) and Bench Supports  
Under-Bench Full-Spectrum LED Lighting  
Backrest(s)  
Interior Trim for All joints

Pre-Hung Door with Hardware  
Sliding Vent Cover  
Vapor Barrier  
Heater with Digital Wi-Fi Control  
Sauna Accessory Kit

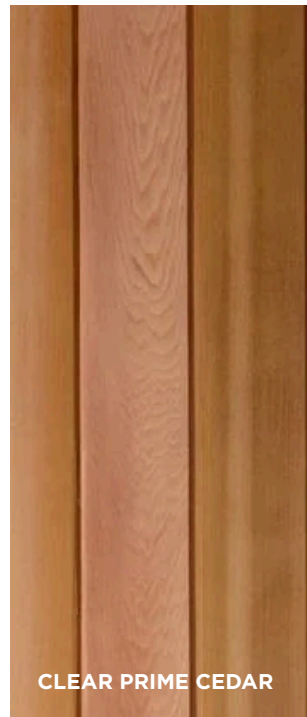
# Lumber



HEMFIR



RUSTIC RED CEDAR



CLEAR PRIME CEDAR



THERMALLY MODIFIED  
HEMLOCK

Choose from curated, premium-grade woods, each offering a unique aesthetic and sensory experience:

## **Thermally Modified Hemlock**

Warm brown tones with enhanced durability and moisture resistance; subtle, earthy aroma.

## **Clear Prime Red Cedar**

Refined, knot-free appearance with warm, smooth wood tones and a balanced, classic cedar aroma.

## **Rustic Red Cedar**

Vibrant reds and rich browns with striking grain; aromatic, spicy-sweet scent perfect for traditional saunas.

## **Hemfir**

Light to pale brown tones with a fine, straight grain. Offers a smooth, refined look and a fresh, natural wood scent with subtle resinous notes.

# Heaters

Engineered for performance, control, and lasting comfort.

These industry-leading sauna heaters offer powerful output, even heat distribution, and refined design, backed by advanced control options for a seamless experience. The size of your sauna room determines the kilowatt (kW) heater required. Once we know the appropriate kW, we can recommend heater styles that fall within that range and meet your design and performance preferences.

## Harvia Heaters

Finnish-built and time-tested, Harvia heaters deliver consistent, powerful heat with the ability to add water for gentle steam. A trusted choice rooted in tradition. CX Digital Controller and Xenio WiFi Touch Pad is included with all heaters, except the Wall, which has Built-in Control.

**Models:** Virta, Spirit, Wall, KIP, Virta PRO (3ph)



**Spirit Heater**



**Virta**

## EOS Heaters

German-engineered with a modern edge, EOS heaters combine sleek design, smart control, and evenly distributed heat—perfect for elevated, contemporary sauna environments. EOS Touch 3 WiFi Control is included with all heaters.

**Models:** Mythos S35, Mythos S45 (3ph), Cubo Avantgarde, Gracil, Invisio



**Mythos S35 Heater**



**Cubo Avantgarde**



# Stones

Elevate heat performance with stones that balance function and form.

Select sauna stones that enhance performance, hold heat evenly, and complement your heater's design. From classic to contemporary, these stones are crafted for durability, efficient heating, and visual impact.



## Harvia Heater Stones

Naturally rugged and sauna-tested, Harvia's stone selection balances tradition with consistent performance.

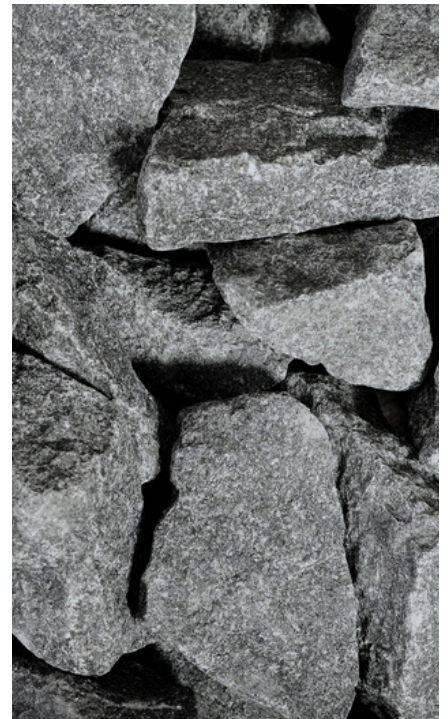
**Models:** Rounded Sauna Stones



## EOS Heater Stones

Sculptural and refined, EOS stone options offer a design-forward look with excellent heat retention.

**Models:** Cubius Loop 4 Stone, Cubius Stones



## Universal Stones

Designed for maximum thermal mass and long-lasting durability.

**Models:** Standard Stones, Vulcanite Stones, Blizzard Stones

# Accessory Kit

Complete the experience with functional, design-forward accessories.

Each Custom-Cut Sauna includes a Deluxe Accessory Kit, thoughtfully selected to enhance usability and style.

Crafted for durability in high-heat environments, these accessories bring both utility and a polished finishing touch to your sauna space.



## Harvia Deluxe Accessory Kit

- Stainless steel bucket and ladle with wooden handles.
- Thermometer and hygrometer for accurate sauna management.



## EOS Lux Accessory Kit

- Matching bucket and ladle sets
- Thermometer and hygrometer available separately



# Lighting

Set the mood with customizable lighting that enhances every moment.

Each Custom-Cut Sauna includes Full-Spectrum RGB LED lighting under the benches and behind the backrests, designed to support relaxation, restoration, and mood elevation through color. From calming blues to energizing reds, lighting transforms the sauna into a personalized sanctuary.

## Lighting Upgrades

Additional lighting enhancements are available to further elevate the sensory experience and create a fully immersive environment.

## Full-Spectrum RGB Lighting





# Himalayan Salt Block Walls

Introduce natural beauty and holistic wellness with Himalayan salt walls.

Glue-free systems are recommended for easy relocation and backlighting. Tile-mounting is also possible but does not support backlighting and requires salt-safe adhesive. Always consult trade professionals for proper installation.

When backlit, these warm pink salt blocks create a serene, spa-like glow while promoting respiratory health, skin hydration, and mood-boosting negative ions.

Salt walls release trace minerals and purifying ions when heated, supporting clearer breathing, improved skin balance, and a sense of calm. Their soft illumination enhances the overall ambiance of any sauna space.



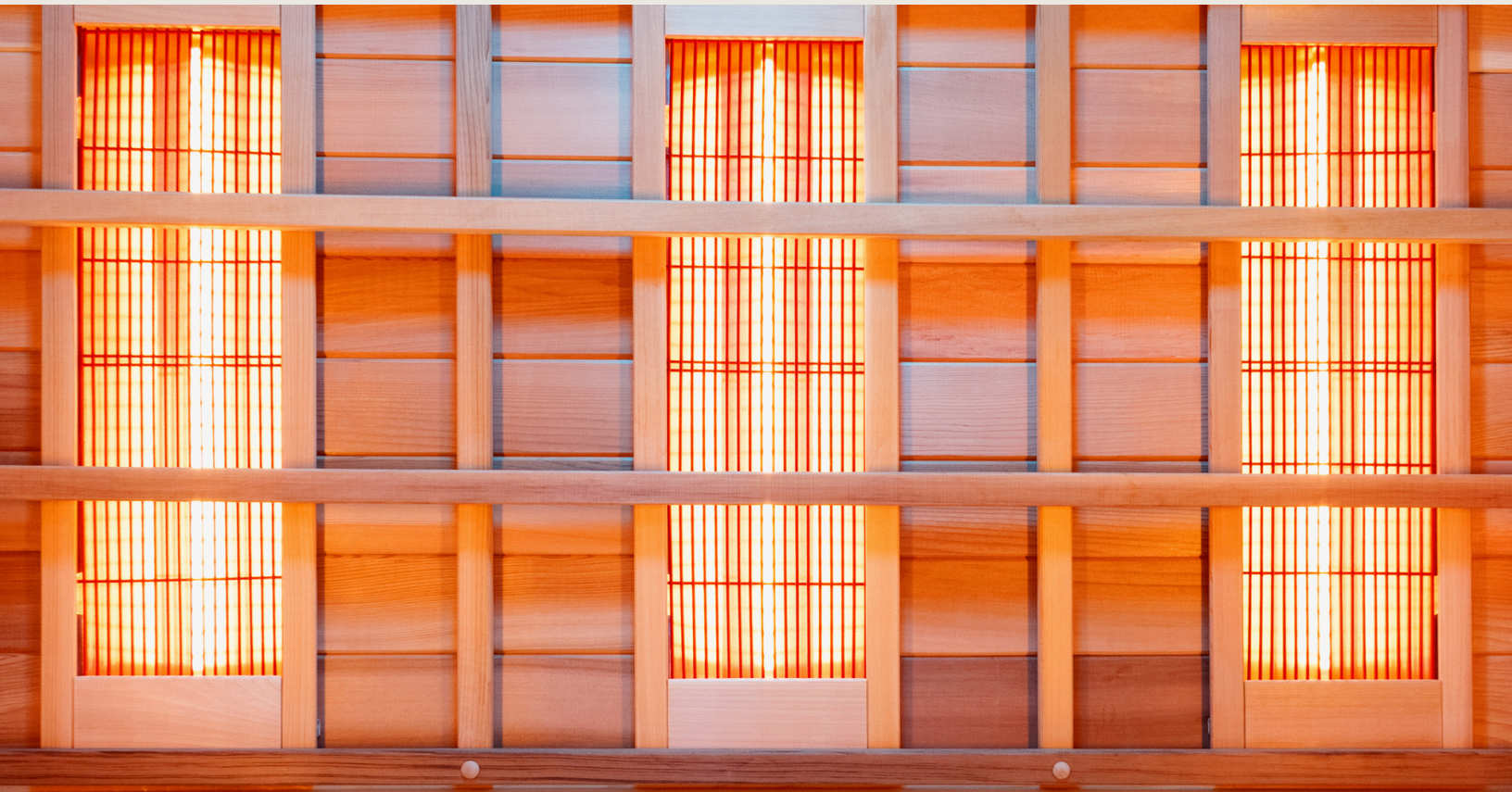


# Infrared Panels

Expand your wellness experience with integrated infrared therapy.

Combine the enveloping warmth of traditional sauna heat with the targeted, deep-penetrating benefits of infrared. This hybrid approach offers a versatile solution for recovery, relaxation, and overall well-being.

Infrared panels emit lower-temperature radiant heat that penetrates deeply into muscles and joints—helping to reduce tension, improve circulation, and support post-workout recovery. Seamlessly built into Custom-Cut Sauna designs, these panels allow you to enjoy the best of both worlds in one personalized environment.



# The possibilities are endless.

With a Harvia Custom-Cut Sauna, you're not just purchasing a sauna—you're creating a sanctuary built around your vision. Whether it's a private retreat or a large commercial wellness center, our team is here to guide you every step of the way. With limitless design flexibility, premium materials, and wellness-driven enhancements, your dream becomes a reality, one custom detail at a time.

## **Ready to get started?**

Schedule a consultation and let's bring your sauna vision to life.

Contact [sales@harvia.com](mailto:sales@harvia.com)



***HARVIA***

*Sauna & Spa*

THERMASOL®

***HARVIA***  
*Sauna & Spa*

AA  
ALMOST HEAVEN  
SAUNAS