

SEIZURE ACTION PLAN

This student is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

Student Name:	Date of Birth:	
Parent/Guardian:	Phone:	Cell:
Other Emergency Contact:	Phone:	Cell:

SEIZURE TYPE

Seizure Type	Length	Frequency	Description
Seizure triggers or warning signs:			
Student's response after a seizure:			

EMERGENCY MEDICATION

Medication	Dosage	Common Side Effects & Special Instructions

Green Zone <i>less than 2 minutes</i>	Yellow Zone 2 - 5 minutes	Red Zone <i>more than 5 minutes or 3 or more seizures in an hour</i>
*Begin seizure First Aid *Closely observe the student until recovered from seizure *Notify parent/guardian *Return student to class	*Continue Seizure First Aid *Call for help *Prepare to administer Diastat/Versed *Closely observe student until recovered *Notify parent/guardian *Student may return to class/home as instructed by parent/guardian	*Continue Seizure First Aid *Administer Diastat/Versed *Monitor respirations and heartbeat and start CPR if needed *Notify parent/guardian *Call 911 if seizure is greater than five (5) minutes

Basic Seizure First Aid -Stay calm & track time -Keep child safe -Do not restrain -Do not put anything in mouth -Record seizure in log -Stay with child until fully conscious For tonic-clonic seizure: -Protect head -Keep airway open/watch breathing -Turn child on side	A seizure is generally considered an emergency when: -Convulsive (tonic-clonic) seizure lasts longer than 5 minutes -Student has repeated seizures without regaining consciousness -Student is injured or has diabetes -Student has a first-time seizure -Student has breathing difficulties -Student has a seizure in water
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Special Considerations and Precautions (regarding school activities, sports, trips, etc)

Describe any special considerations or precautions:		
Provider Signature	Date	Time
Parent/Guardian Signature	Date	Time
School Nurse Signature	Date	Time