



ACCESS TO HEALTH AND WELLBEING WORKGROUP

October 7th, 2026



WELCOMES EVERYONE

The King County Mobility Coalition values and respects the identity and experience of all members.

We encourage everyone to participate, regardless of ability. We are committed to listening, learning, and improving.

We acknowledge that the work we do takes place on the traditional land of the Coast Salish and Duwamish peoples, among others, who were the first people of this region. We honor with gratitude the land itself and past, present, and future of these tribes.

INTRODUCTIONS

- **Please add to the chat:**
- **Your name (pronouns)**
- **Organization/Affiliation**
- **Focus Question: What topic would you like to see in an AtHW meeting in 2027?**

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ANNOUNCEMENTS

Announcements

- ☐ [Inclusive Planning Toolkit](#) Revision
- ☐ Volunteer Driver Program (BORPSAT)
Networking Event – Dec 4th, 2026
- ☐ Rural Transportation Advocacy Toolkit
- ☐ KCMC Co-Chair elections Feb 2027

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MEDICAL CHAPERONE TRANSPORTATION: INCREASING ACCESS TO ESSENTIAL OUTPATIENT CARE

HEATHER CLARK AND STACI SAHOO | HOPELINK

KCMC ACCESS TO HEALTH AND WELLBEING WORKGROUP

OCTOBER 7TH, 2026



OVERVIEW

1. King County Mobility Coalition's Identified Need
2. Funding Opportunity Proposal
3. Q&A
4. Discussion to Operationalize the Pilot



MEDICAL CHAPERONE PILOT PROJECT

THE NEED

- Frequent requests for post-sedation transportation are fielded by our Transportation Resources Line.
- Often mentioned by partner organizations as a significant barrier.
- Disproportionately affects those with fewer resources.
- Many forgo needed healthcare altogether due to this specific barrier.

MEDICAL CHAPERONE PILOT PROJECT

ACTION TAKEN

- Reached out to the Coordinating Council on Access and Mobility Technical Assistance Center (CCAM-TAC).
- Connected with Agency on Aging of South Central Connecticut to learn about their post-sedation transportation program.
- Partnered with Eastside Friends of Seniors to explore the possibility of piloting a volunteer medical chaperone project.
- Collected information from healthcare sector to learn more about the issue.
- Explored potential funding opportunities.

MEDICAL CHAPERONE PILOT PROJECT

SUSPENDED

- Eastside Friends of Seniors received funds to expand their geographic service area.
- Could not expand both their scope and geographic service area simultaneously.
- Suspended the project and summarized what was learned in a document, [The Need for Medical Chaperones for Post-Sedation Transportation](#)



FUNDING OPPORTUNITY: KAISER PERMANENTE (KP) FOUNDATION

- Goal to provide **Access to Care**
- Service area within counties served by KP (does not have to serve KP members)
- Up to \$24,000



PROPOSAL:

- Clients eligible: people with low or fixed incomes (targeting older adults, people with disabilities, and Veterans)
- Service area: King County medical destinations (cross-county trips eligible)
- Objective: By December 2027, **60 individuals** identified as needing medical chaperone transportation will receive vital medical care that requires sedation or anesthesia.



PROPOSED PLANNED ACTIVITIES

1. Workgroup and partner engagement
2. Training for referral medical facilities
3. Screening eligibility and coordinating chaperones/rides with third-party vendor
4. Evaluation report to identify sustained, patient-forward solutions

POSSIBLE THIRD-PARTY VENDOR: MYFREDY

- National medical chaperone provider that *includes* transportation
- Established in Seattle-area for 3 years
- Provides:
 1. Responsible-adult presence for sedation and anesthesia workflows
 2. On-site availability through the required discharge handoff
 3. Private transportation to the patient's home or recovery hotel
 4. Optional non-clinical Aftercare for up to 24 hours
 5. Centralized Operations support before and during service
- Provider rate: \$80/hour (2 hour minimum) + extra for 30+ miles
 - Nationwide, routine colonoscopy is ~ 4 hours, including aftercare

What is the procedure?

This helps us assign the right Fredy.

☐ Plastic / Cosmetic

☐ Eye / Cataract

☐ GI / Endoscopy

☐ Dental

☐ Orthopedic

☐ Pain Management

☐ Fertility

☐ Hernia

☐ Urology

☐ Cardiac

☐ Neuro

☐ OBGYN

☐ General / Follow-Up

☐ Other / Not listed

How should Fredy support this patient?



Round trip

Fredy picks up the patient from home, stays on-site through discharge, and returns them home.



Meet at check-in

Fredy meets the patient at the facility and stays through discharge.



Discharge home

Fredy arrives at discharge time and returns the patient home.



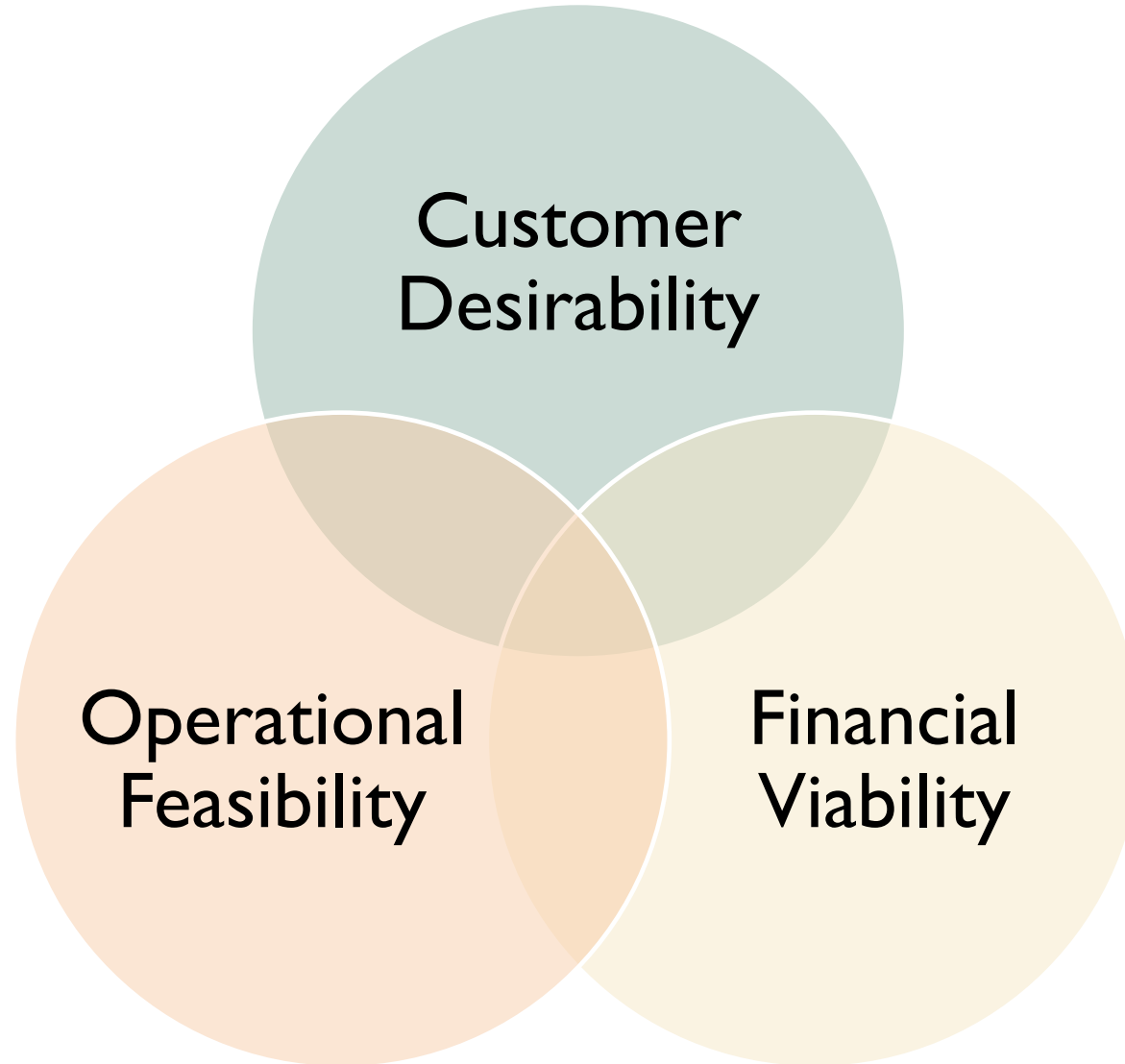
NEXT STEPS

- Your feedback!
- Grant submittal under review by KP
- Update by December 2nd AtHW Workgroup meeting

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Q & A

DESIGN THINKING FRAMEWORK





DISCUSSION:

- Referrals – How is someone referred? Who should refer them?
- Screening process prompts:
 - Income component?
 - Lack of friend or family member?
- Limiting eligibility (e.g. capping total hours; type of procedure)
- Catchy pilot name?
- Other concerns? Feedback to consider?

THANK YOU!

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H.R. 1 Communications Toolkit

H.R.1 impacts to Apple Health (Medicaid) eligibility

Apple Health (Medicaid) Work Requirements – WA State Health Care Authority

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- **Apple Health Benefits and Services:**

<https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/benefits-and-services>

- **Apple Health Coverage for Children:**

<https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/children>

- **Nonemergency Transportation Services:**

<https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/transportation-services-nonemergency>

- **Apple Health Eligibility Overview:**

<https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/eligibility-overview>

NEXT STEPS AND CLOSE

■ Next AtHW Workgroup Meeting:

December 2nd, 2026 9:30-11:00am, ZOOM

Sharissa Tjok Community Access Manager - International Community Health Services (ICHS)

Basic information about H.R. 1, new updates with Public Charge including its key provisions and the potential impacts it may have on the communities we serve.

■ Next KCMC Meeting:

Tuesday, November 17th, 2026 9:30-11:30am IN PERSON Bellevue City Hall

Coordinated dispatch of WAVs, Community Compensation Guidelines

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CONTACT US

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