
Date: Wednesday, October 1st, 2025 | **Time:** 9:30-11:00am PST | **Location:** [Zoom](#)

Access to Health and Wellbeing Workgroup Mission: To improve access to health and wellbeing in King County through education, coordination, and advocacy of transportation services.

Meeting Goals:

- 1) Learn how to navigate WA Cares in King County
- 2) Hear about the impact of federal changes on Apple Health for immigrants and refugees
- 3) Roundtable sharing between partners

9:30am – 9:40am Welcome & Introductions

Attendees will be invited to briefly introduce themselves to the group

9:40am-10:00am Navigating WA Cares in King County

Brian Sindel, Human Services Coordinator | WA Cares

10:00am- 10:30am Impact of Federal Changes on Apple Health for Immigrants and Refugees

Dr. Charissa Fotinos, State Medicaid and Behavioral Health Medical Director

10:30am-10:50am Roundtable Sharing

An opportunity for meeting attendees to share information with the group such as resources, program changes, project updates, known needs and gaps, or requests for support. This is also a great time to share any topics you would like to see the group discuss or prioritize in the future.

10:55am – 11:00am Next Steps & Close

Next Meeting: Wednesday, December 3rd, 2025 from 9:30am-11:00am on Zoom

Access to Health and Wellbeing Workgroup Contact:

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For more information on the KCMC and the Access to Health and Wellbeing Workgroup, contact Heather Clark, visit our website linked [here](#), or sign up for our distribution list [here](#).

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