The KCMC Welcomes Everyone

The King County Mobility Coalition welcomes and values all communities. We value, respect, and honor the identity and experience of all members. We encourage everyone to participate, regardless of ability. We are committed to listening, learning, and improving in this process.

We acknowledge that the work we do takes place on the traditional land of the Coast Salish and Duwamish peoples, among others, as the first people of this county. We honor with gratitude the land itself and past, present, and future of these tribes.
Agenda

• Welcome, Introductions, and Announcements
• Action Plan Update
• Community Collaboratory: Volunteer Engagement
• Valley Medical Community Surveying Processes
• Roundtable Sharing
• Next Steps
Introductions

Please share

• Your name and pronouns, if comfortable

• Organization/Affiliation

• Icebreaker: What is your favorite way to express gratitude for help or support you have received?
King County Mobility Coalition Action Plan
1. Review the draft actions
2. Add details to the draft projects for the committee
3. Identify the action the committee needs to approach first (momentum builder)
The King County Mobility Coalition uses Action Plans as an essential tool for aligning our work with community needs. They are our roadmap for identifying next steps, coalition priorities, and potential projects.

This process is going to develop a three-year Action Plan based on findings from the 2021 Community Transportation Needs Assessment, community outreach, and coalition member input. This process will include convening advisory meetings, soliciting comments from a panel of reviewers, and engaging with aligned coalitions and community groups.
Access to Healthcare Proposed Projects

Administrative Projects:
1. Committee rebrand “Access to Health and Wellbeing”

Research and Resource Creation Projects:
1. Regional Needs Assessment based on Transportation Insecurity Index
2. Forum to discuss connections for older adults and adults with disabilities, accessing flexible transportation services.

Partnership Projects
1. Disability Mobility Initiative Story Telling
2. Find a Ride Update

Topics of Interest and Advocacy
1. Expanding definitions of eligible trips - more trips for wellness
2. Transportation as an essential element of quality of life
3. Accessible and flexible services
4. Strengthened Volunteer Programs
5. Medicare and Medicaid communications
Caring for our communities
Offering social support locally is too difficult...

“I have an irregular schedule, kids and work...I can’t make a 6-month volunteer commitment.”

– Amy*, Seattle resident

* Pseudonym to protect confidentiality
## Project Goal

<table>
<thead>
<tr>
<th>Traditional Volunteering</th>
<th>Our Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-6 weeks onboarding</td>
<td>1-2 days onboarding</td>
</tr>
<tr>
<td>3-6 month commitment</td>
<td>None</td>
</tr>
<tr>
<td>Regular Schedule</td>
<td>Irregular Schedule</td>
</tr>
<tr>
<td>Universal Safety/Vetting Process</td>
<td>Tailored Safety/Vetting Process</td>
</tr>
</tbody>
</table>

**How to offer both safety & flexibility?**
Traditional vs. Our Solution

**Traditional**
- Interest Form
- Volunteering Application
- Valid ID
- Background check
- 3 references
- Phone/In-Person Interview
- Confidentiality Agreement
- 1 hour training

**Our Solution**
- Interest Form
- Tailored Vetting Process
  - None, Low, Medium, High
- Matched
How to create tailored background vetting?

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Definition</th>
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</thead>
<tbody>
<tr>
<td>1. Task</td>
<td>What is the task?</td>
</tr>
<tr>
<td>2. Vulnerable Adult</td>
<td>Vulnerable adult according to WA state law? (Y/N)</td>
</tr>
<tr>
<td>3. In-Person/Remote</td>
<td>Task done remotely or in-person? (Y/N)</td>
</tr>
<tr>
<td>4. Transportation</td>
<td>Is a person being transported? (Y/N)</td>
</tr>
</tbody>
</table>
# Safety Vetting

<table>
<thead>
<tr>
<th></th>
<th>None</th>
<th>Low</th>
<th>Medium</th>
<th>High</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Confidentiality</strong></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td>Agreement</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Phone/Zoom interview</strong></td>
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<td>X</td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td><strong>Valid ID</strong></td>
<td></td>
<td></td>
<td>X</td>
<td>X</td>
</tr>
<tr>
<td><strong>Reference (1)</strong></td>
<td></td>
<td></td>
<td></td>
<td>X</td>
</tr>
<tr>
<td><strong>Background Check</strong></td>
<td></td>
<td></td>
<td></td>
<td>X</td>
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## Safety Vetting continued

<table>
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</thead>
<tbody>
<tr>
<td><strong>Task Risk Assessment</strong></td>
<td>Low</td>
<td>Low</td>
<td>Medium</td>
<td>High</td>
</tr>
<tr>
<td><strong>Vulnerable Adult</strong></td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Remote/In-Person</strong></td>
<td>Remote</td>
<td>In-Person</td>
<td>In-Person</td>
<td>In-Person</td>
</tr>
<tr>
<td><strong>Transportation</strong></td>
<td>No</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
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</table>
Scenario 1: Grocery Delivery

• Bill, 50 years old
  • 2 chronic medical conditions
  • Receiving contactless grocery delivery

• Task Risk:
  • Home address

<table>
<thead>
<tr>
<th></th>
<th>No Vetting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Task Risk Assessment</td>
<td>Low</td>
</tr>
<tr>
<td>Vulnerable Adult</td>
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<td>Remote/In-Person</td>
<td>Remote</td>
</tr>
<tr>
<td>Transportation</td>
<td>No</td>
</tr>
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</table>
Scenario 2: Social Support Call

- Susan, 30 years old
  - 2 chronic medical conditions
  - Wants weekly social support check-in

- Task Risk:
  - Manipulation during telephone call to share personal information or meet in-person

<table>
<thead>
<tr>
<th></th>
<th>Low Vetting</th>
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</thead>
<tbody>
<tr>
<td>Task Risk Assessment</td>
<td>Low-Medium</td>
</tr>
<tr>
<td>Vulnerable Adult</td>
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</tr>
<tr>
<td>Remote/In-Person</td>
<td>Remote</td>
</tr>
<tr>
<td>Transportation</td>
<td>No</td>
</tr>
</tbody>
</table>
Scenario 3: Cleaning Apartment

- Susan, 30 years old
  - 2 chronic medical conditions
  - Wants monthly apartment cleaning support

- Task Risk:
  - Home address
  - In-person safety (volunteer & Susan)

<table>
<thead>
<tr>
<th>Medium Vetting</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Task Risk Assessment</td>
<td>Medium</td>
</tr>
<tr>
<td>Vulnerable Adult</td>
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</tr>
<tr>
<td>Remote/In-Person</td>
<td>In-Person</td>
</tr>
<tr>
<td>Transportation</td>
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</table>
Community Health Needs Assessment

Kawai Kaneali'i, MSN, RN
Community Health & Wellness Advocate
What is it?

- **Purpose**: To identify and prioritize significant health needs of the community we serve

- A legal requirement for nonprofit hospitals

- **Areas Assessed**: Access to healthcare, chronic disease management, disease prevention, economic insecurity, food insecurity, housing and homelessness, mental health, substance use, weight management, abuse, STIs, COVID-19
What is the process?

- Held every three years, working with consultants
- What do we have the power to impact?
- Focus on social drivers of health
- Three avenues of data collection
- Use of inclusive, non-judgmental language
Survey Promotion

- Surveys collected via SurveyMonkey link
- Promotion through various channels (social media, newsletters, outreach)
- 2020 survey had 125 responses
- 2023 survey had 394 responses
How do we use it?

- Improving how we engage with the community
- Focus efforts on highest need
- Identify communities we're not reaching
- Create valuable health education resources
- Identify ways to build trust with the community
Demographic Data

Gender
- Male: 22.9%
- Female: 74.9%
- Other: 1.7%

Age
- 25 - 34: 4.3%
- 35 - 44: 7.2%
- 45 - 54: 8.3%
- 55 - 64: 15.2%

Race / Ethnicity
- White: 80.8%
- Asian or Asian American: 6.2%
- Black or African American: 2.5%
- More than one race: 4.6%
- Asian or Asian American: 6.2%

UW Medicine | Valley Medical Center
Important Considerations

- Where is the data coming from?
- Is the data representative of desired groups?
- Establish trust
- Have representation at the table
- Acknowledge impact of what you're asking
Transportation Comments

"Transportation issues make it difficult to access care."
"We need transportation in South King County."
"We need more transportation help and more access to resources."

"You must have the time and transportation to access available resources. Sometimes to get to the food bank you have to pay for a bus or an Uber or gas for the car. This involves thinking long term rather than short term when it comes to basic needs. You must think how long I can go without food and what does that mean so I can pay the rent and keep a roof over my family."

"My advice is to take the lessons we learned during the pandemic and not go back to where we were in 2019. If we reduce barriers around health and transportation and immigration and health care access points, we will have greater success."

"People are unable to see a doctor in a reasonable amount of time because of economic, language and transportation barriers"
Roundtable Sharing
Next Steps

Next Committee Meeting: Wednesday, June 7th from 9:30am to 11:00am, Zoom

Contact: Bebhinn Gilbert at bgilbert@hopelink.org