

# 2026

# PROVEN

*JOHN 15:8*



## 21 Days of Prayer Guide

ONE GLOBAL MISSION

# HOW TO USE THIS GUIDE

***Welcome to the 21 Days of Prayer Guide for 2026!***

We are so thankful that you have chosen to join us in prayer this year. This guide is designed to lead up to our **24 Hours of Unbroken Prayer on February 12-13**, but it can also be used on its own.

Each day should take **approximately 10-20 minutes** to complete, depending on whether you are using it individually or as a group. However, please feel free to meditate on each day's content for as long as you like.

We suggest taking time to read over the Scripture slowly two or three times to see what stands out to you about God's heart for the nations. Next, read the supplemental text to dive deeper before engaging with the prayer prompts.

Every seventh day is dedicated to reflecting on the week and on the Great Commission. If you are doing this in a group, feel free to use these days to discuss what the Lord has revealed to you.

Our hope is that each day will draw you closer to the Lord and help you gain a better understanding of His heart to redeem the world.

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# ***Day 1***

**God's Ambition is to Redeem All Nations**

***Scripture: Gen. 3: 1-20***

There are many places in the Bible where the story feels bleak—where it feels like there is nowhere left for the story to go. This is the first one. It is the first place in the Bible that makes you think the story is over before it even begins... but it's actually just the opposite.

This may seem like a strange place to start praying, but even through the first sin—the first betrayal of humanity against God—God already had a plan to fix it. He has a plan to unite the world to the way it was when He first created it, and the miracle of that plan is that He also wants to include us. What an incredible gift!

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## ***Prayer Prompt***

- Pray that God would reveal His heart of unity to you this week.
- Pray for those around the world that have not heard of God's redeeming love.

# ***Day 2***

## **A Nation to Reach All Nations**

### ***Scripture: Gen. 12: 1-4***

**There was nothing special about Abraham. He wasn't smarter, more attractive, or more successful than anyone else. Abraham only had one thing that set him apart: saying "yes" to God—even when he didn't know His name yet.**

**Abraham's step of faith created a nation whose sole purpose was to point toward God and His character. Israel was meant to represent the living God and make His name known to the world.**

**Ultimately, that same faith opened the door for the entire world to become heirs to the kingdom of God.**

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### ***Prayer Prompt***

- Pray that you would live your life as an accurate representation of the Living God.**
- Pick a country and pray that the believers in that country would grow in their faith & trust in Jesus.**

# *Day 3*

## God Sends Out His People

### *Scripture: Joshua 4:23-24*

Many times we hear the story of the Red Sea and the drying up of the Jordan and simply see them as extraordinary events to save God's people. But both of these events had a greater purpose that we sometimes forget: to show the greatness of God.

Joshua is a book all about the victorious strength of God through the obedience of His people. We don't often equate simple obedience to victory, but the Old Testament is full of story after story of one small "yes" becoming a milestone of faith. The Israelites are also an example of how God doesn't need us to be perfect—He just needs our "yes," and He'll take care of the victory.

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### *Prayer Prompt*

- Ask God to reveal where you aren't aligned with His will.
- Pray those called to serve the nations would say "yes" to the small promptings of God.

# Day 4

God is personal and global

***Scripture: 1 Chron. 16: 7-36***

David's praise is given in the presence of God as the Ark of the Covenant is moved back into its rightful place in the tabernacle. Even as king of Israel, David knew his place. He knew that he was a worshipper, not the one to be worshipped.

This song is a great representation of David's heart after God. He knew who God was in the world—not just to the Israelites—and David rejoiced in this attribute of God's character.

When was the last time you rejoiced over God's redeeming and unifying character to bring all nations to Himself?

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## ***Prayer Prompt***

- Take a moment to praise God for his character, even the mysteries that we don't understand.
- Pray that believers around the world would know who God is to the world and not just their individual places.

# ***Day 5***

## **God Works through Disobedience**

### ***Scripture: Isaiah 11:9-10***

In the midst of exile and the feeling of hopelessness for the Israelites, God used Isaiah to speak His redemption plan to their hearts once again. He looked past their current sorrow to a future where the "Root of Jesse" would stand as a banner for all people.

Just as the ocean leaves no part of the seabed dry, God's desire is for no corner of the earth to be left without the knowledge of who He is.

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### ***Prayer Prompt***

- Ask the Lord to speak His peace into any area of your life that feels like "exile" or hopelessness.
- Pray that the nations would gather to Jesus as their banner and find their rest in His glory.

# ***Day 6***

## **No Nation is Disqualified**

### ***Scripture: Ruth 4:9-11***

Even early in the Old Testament, God was using other nations in the plan to redeem His people.

Ruth, a Moabite, is named in the genealogy of Jesus in Matthew 1. Her faithfulness to her mother-in-law, Naomi, and subsequently Naomi's God, allowed her story to be used as a picture of the Gospel hundreds of years before Jesus' birth.

Ruth's life is a constant reminder that redemption is for all people and that nationality is not a disqualification with the God of gods.

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### ***Prayer Prompt***

- Ask God to reveal any nationalities you deem as disqualified from redemption.
- Pray for those called to serve their enemies or groups seen as "other"-- that they would be bold to represent the heart of God.

# ***Day 7***

## **Great Commission Reflection #1**

### ***Scripture: Matthew 28:19-20***

**Over these 21 days, we'll have three reflections on the Great Commission.**

**During this first reflection, take into account all that you have read in Scripture and prayed for this week.**

**How has God stirred your heart for His plan—the one He set in motion from the beginning—to redeem all people? Is there any particular thought that was highlighted to you?**

**Spend time in prayer thanking the Lord for His perfect plan and asking Him to reveal more of Himself as you continue to pray through this guide.**



# ***Day 8***

## **God Rules and Guides the Nations**

### ***Scripture: Psalm 67***

**We know that God is the ruler of all things, but how often do we equate His sovereignty to the nations? God is the ruler and guide of the nations; even the governments of the world must bow to the King of Kings.**

**Current events can feel confusing at times—we want God to step in and act, but our timing is not the Lord's. What we know with certainty is that, at the end of it all, He will restore and bring all nations back into His divine kingdom. We also know He is worthy of praise in the meantime.**

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### ***Prayer Prompt***

- Pray that God's sovereignty would give you a reason to praise Him today.**
- Pray for believers in countries that are currently in turmoil to hold fast to the truth that Jesus is the only true ruler of the nations.**

# ***Day 9***

## **God's People Praise with Creation**

### ***Scripture: Psalm 98***

**How beautiful is it to picture creation praising the Creator? Mountains singing and rivers clapping their hands... it's overwhelming to our human minds to comprehend the grandeur of God and His influence.**

**But also, how beautiful that we are part of that creation that gets to praise the greatness of our God! Together, with every other believer on Earth, we can worship the One who created us in His image—and one day, we will be doing it in one large crowd of witnesses.**



### ***Prayer Prompt***

- **Praise God for the talents and abilities with which He has uniquely gifted you.**
- **Pray that missionaries would reach nations that have never heard the name of Jesus.**



# ***Day 10***

**God's Name will be Great**

***Scripture: Malachai 1:11***

When it comes to God's name being great among the nations, it can sometimes feel like a fantasy. It can be hard to believe that one day God's very name will be the greatest thing in our world—especially when everything feels broken, or when there are nations where saying Jesus' name is unwelcome or unsafe.

But isn't it such a gift to have certainties in Scripture, like the book of Malachi, that let us know it will, in fact, be a reality someday? When we feel hopeless looking at the world, we can instead find hope in the greatness of our God.

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## ***Prayer Prompt***

- Pray through the places where you feel hopeless when it comes to the state of the world.
- Pray that God would restore your hope for His second coming.

# ***Day 11***

**God is Faithful to His People**

***Scripture: Psalm 117***

**God's love and faithfulness toward us are some of the greatest aspects of His character. We do not deserve to be loved so much, yet "while we were still sinners, Christ died for us" (Rom. 5:8). Even from the beginning, God had us in mind and continued to prove His character to His people over and over—and even if that were the only thing He ever did, He would be worthy of all our praise.**

**Both His love and faithfulness will endure with us forever. Amen!**

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## ***Prayer Prompt***

- Thank God for three specific ways He has been faithful to you.**
- Pray God's love would capture the hearts of closed countries.**

# ***Day 12***

**God is the Judge of the Nations**

***Scripture: Ecclesiastes 12:13-14***

After everything that Solomon acquired and everything he did in his life, he concluded his wisdom by saying that God is in control and all mankind should obey Him.

Even though we don't like to talk much about judgment, it is a fundamental part of God's character; He is the ruler and judge of all creation. Because we do not have to fear God's judgment because of Jesus, we can walk in the freedom of knowing our only job is to make His name known, leaving the Judge to rule however He sees fit.

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## ***Prayer Prompt***

- Pray through any places where you fear God's judgement on you.
- Ask God if there is any place where you try to do His job and judge any nations or people.

# ***Day 13***

**Kingship Belongs to the Lord**

***Scripture: Psalm 22:27-28***

**All hail King Jesus! No matter what we encounter here on Earth, kingship will always belong to the Lord. He is the one whose name will draw the nations back to Himself, and He will receive all of our worship forever.**

**These words in Psalm 22 give a sense of peace, knowing we can trust the supreme sovereignty of the Lord. Even when the world feels divided, we have the ultimate hope that it will end in perfect unity under His rule.**

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## ***Prayer Prompt***

- **Pray that you would find peace in God's sovereignty, and His kingship would be first in your life.**
- **Pray for unity and healing across borders and God would reveal any places reconciliation is needed.**

# ***Day 14***

## **Great Commission Reflection #2**

### ***Scripture: Matthew 28:19-20***

**Read over the Great Commission once again.**

**During this reflection, take into account all that you have read in Scripture and prayed for this week.**

**How has God moved your heart to trust in His sovereignty over the nations?**

**Spend time in prayer thanking the Lord for His character and asking Him to reveal more of Himself as you continue to pray through this guide.**

**Feel free to also offer up any confessions or questions you have for the Lord.**



# ***Day 15***

**God Loves the World**

***Scripture: John 3:16-17***

We all have heard these verses throughout our time as Christians, whether 50 years or 50 days, usually in context to how much God loves us. And of course, that is true, but in our context of God's heart for the nations, it means so much more.

God loved the nations so much that He orchestrated the perfect plan to send His Son, Jesus, to suffer so the world could be made right again. Our hope isn't just for a better world—it's for an eternal life in His presence.



## ***Prayer Prompt***

- Pray that you would find renewed joy in the Gospel.
- Pray that the Gospel would be renewed in countries that have regressed in their belief.



# ***Day 16***

## **God Answers Cries for Help**

### ***Scripture: Mark 7:24-30***

**How desperate are you for Jesus? Are you willing to defy cultural norms in order to get to Him?**

**This woman's bold and humble faith demonstrates that anyone can approach the Lord—even when they feel like an outsider. She knew that a “crumb” from the Master's table was more than enough. Because of her persistence and her trust in who Jesus was, her daughter was healed.**

**It is a beautiful reminder that God's mercy knows no boundaries and that He hears the prayers of all who call upon His name in faith.**



### ***Prayer Prompt***

- Ask the Lord to give you a heart that is desperate for His presence and a faith that trusts He is more than enough for your every need.**
- Pray that the nations would become as desperate as this woman to come to Jesus' feet.**



# Day 17

## Faith Makes a Family

### *Scripture: Galatians 3:7-9*

Being part of God's family isn't about your physical lineage; it's about your faith.

Our faith in Jesus fulfills the prophecy over Abraham to make Him a "father of all nations." We are all connected through the same promise that we prayed through on Day 2. It is a beautiful reminder that Scripture has always pointed toward a global family of believers.

The global church is more than just a shared belief—it's family.

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### *Prayer Prompt*

- Pray that you would find rest in the fact that your true identity is found through faith.
- Pray for the widows, orphans, and the rejected around the world to hear that they are invited into a greater family heritage.

# ***Day 18***

## **Beautiful Feet Walking the Same Way**

### ***Scripture: Romans 10:14-15***

**It is a high calling to be the "beautiful feet."  
Whether you are going across the street or  
across the world, you are a vital part of this  
divine chain.**

**We cannot expect the nations to call on a Lord  
they have never heard of; we must be willing to  
use our voices and our lives to bridge that gap—  
and, in turn, support those who are doing the  
work within their own countries.**

**It takes all of us, working together, to make the  
biggest difference.**

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### ***Prayer Prompt***

- Ask the Lord to shift your heart from a spirit of scarcity to a spirit of kingdom-generosity with your money and your time.**
- Ask the Lord to provide a supernatural surplus for all of the missionaries worldwide - in funds and in fruit.**

# ***Day 19***

## **The Gospel to the Ends of the Earth**

### ***Scripture: Acts 1:8***

**We have been reflecting on the Great Commission and how God is calling us through this command, but we aren't sent out in our own strength. We are promised power through the Holy Spirit to be witnesses to the ends of the earth.**

**Whether it's in our own "Jerusalem" or to the most remote parts of the globe, we are called to carry the light of Jesus. When we feel unequipped or afraid, we can lean into the promise that the Spirit goes with us, empowering us to speak and live for His glory.**

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### ***Prayer Prompt***

- Pray over your own Jerusalem, Judea, and Samaria, asking the Lord how you can play a more active role in sharing the Gospel where you are.**
- Ask for boldness for believers worldwide to share the Gospel in every divine encounter.**

# ***Day 20***

**We will Worship the Lamb as One**

***Scripture: Revelation 7:9-10***

What a beautiful and breathtaking look at the finish line. This is the goal of all history: a diverse, global family unified in the worship of the Lamb.

Sometimes the work of the Gospel feels slow or small, but we already have the victory. One day, every tongue will confess and every tribe will be represented.

As we pray, we are leaning into an inevitable, glorious reality where Jesus receives the full reward of His suffering—and we get to join Him in His glory.

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## ***Prayer Prompt***

- Ask the Lord to help you live today with the joy and confidence of someone who already knows how the story ends.
- Pray that you would have a diverse “multitude” in your own life.

# Day 21

## Great Commission Reflection #3

### *Scripture: Matthew 28:19-20*

*Thank you for praying through this guide with us. We hope your heart was expanded to see the world a bit more like God sees it.*

During this last reflection, take into account all that you have read in Scripture and prayed over these 21 days.

How has God stirred your heart for your part in the Great Commission? Is there a conversation you need to have? An opportunity you need to explore?

Spend time in prayer asking the Lord to show you what He may be asking you to do as a next step.



# Next Steps

## **Pray**

Devote time to regular prayer asking God to empower efforts to reach other cultures with the Gospel.

## **Give**

Contribute financially to support missions and outreach programs to reach other cultures, including our FCA Global teammates.

## **GO**

Actively participate in sharing the Gospel through personal outreach, volunteering, or participating/recruiting in mission/vision trips to other cultures.

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# ***Additional Resources***

The following pages are a continuation of prayer and a quick guide of how to pray.

# Monthly Prayer Calendar

## PRAYING DAILY FOR OUR COACHES & ATHLETES

*Continue in prayer every month using the prompts below daily.*

- 1 INTEGRITY** *Proverbs 11:3* | Heavenly Father, please guide them as You cultivate integrity, so that they will demonstrate Christ-like wholeness, privately and publicly.
- 2 SERVING** *John 13:12-15* | God, help them to be sensitive to the needs around them and give them a desire to meet those needs as they model Jesus' example of serving.
- 3 TEAMWORK** *Philippians 2:1-5* | May they express unity and harmony in Christ in all their relationships and show to them how much they need each other.
- 4 EXCELLENCE** *Colossians 3:23-24* | Lord Jesus, help coaches and athletes honor and glorify you in all they do, on and off the field of competition.
- 5 PURITY** *Psalms 51:10* | Lord, create clean hearts in our coaches and athletes and renew steadfast spirits within them.
- 6 PASSION** *Psalms 84:2* | May they yearn, even faint, for the courts of the Lord; crying out for the living God.
- 7 BLESSING** *1 Chronicles 4:9-10* | Lord, pour out Your blessings upon our coaches and athletes. Enlarge their territory, fill them and protect them.
- 8 JOY** *Philippians 2:2* | May their joy be complete in You, Lord, as they strive to be like You in love, unity and purpose.
- 9 PROTECTION** *Psalms 91:11* | Father, protect them, give Your angels charge over them, guarding them in all their ways.
- 10 LOVE** *1 Thessalonians 3:12* | Heavenly Father, allow them to increase and abound in love for one another just as You love them.
- 11 PATIENCE** *Psalms 40:1* | God, give them hearts that wait patiently for You, knowing that You hear them and will answer them.
- 12 FELLOWSHIP** *1 John 1:7* | Father, may they walk in the light as You are in the light, having sweet fellowship with each other and with You.
- 13 RIGHTEOUSNESS** *Matthew 5:6* | Father, bless the coaches and athletes who hunger and thirst for righteousness, for they will be filled.
- 14 KINDNESS** *Ephesians 4:32* | May they be kind to one another, tender-hearted, forgiving each other just as You forgave them.
- 15 FAITHFULNESS** *Galatians 6:9* | Lord, may they not lose heart in remaining faithful, for in due time they will reap Your reward.

# Monthly Prayer Calendar

## PRAYING DAILY FOR OUR COACHES & ATHLETES

- 16 WISDOM** *James 3:17* | Lord, help them understand that wisdom from You is pure, peace-loving, considerate and sincere.
- 17 BOLDNESS** *Acts 4:31* | Almighty God, may they be filled with the Holy Spirit and speak the Word of God with boldness.
- 18 INTEGRITY** *Proverbs 11:3* | Heavenly Father, please guide them as You cultivate integrity, so that they will demonstrate Christ-like wholeness, privately and publicly.
- 19 PRAYER** *James 5:16* | God, give athletes and coaches a passion for prayer that is powerful and effective.
- 20 HUMILITY** *1 Peter 5:5* | Lord, may they clothe themselves with humility in all aspects of their lives.
- 21 BROKENNESS** *2 Corinthians 1:3-5* | Blessed are You, God, who comforts them in their brokenness so that they may comfort others.
- 22 FREEDOM** *Galatians 5:1* | You set them free God. Enable them to keep standing firm as they experience You.
- 23 UNITY** *Psalms 133:1* | Lord, unify our coaches and athletes, that they may dwell together in the common bond of Christ.
- 24 GODLINESS** *1 Timothy 4:7* | Father, may they discipline themselves for godliness, having nothing to do with worldly things.
- 25 HOPE** *Romans 15:13* | God, fill them with all hope, joy and peace that they may abound in hope by the power of the Holy Spirit.
- 26 STRENGTH** *Ephesians 6:10* | Almighty Father, may our coaches and athletes be strong in You and in the strength of Your might.
- 27 PEACE** *Colossians 3:15* | Let Your peace rule in their hearts, since, as one body, they are called to peace.
- 28 COURAGE** *Deuteronomy 20:3-4* | Lord, make them strong and courageous, confident that You will go before them and give them victory.
- 29 FOCUS** *Hebrews 12:1-3* | Let their eyes be fixed on the author and perfecter of their faith, so that they will not grow weary and lose heart.
- 30 DEVOTION** *Psalms 5:3* | Draw coaches and athletes to You daily, as they spend time in Your Word and grow spiritually.
- 31 LANGUAGE** *Ephesians 4:29* | May they speak life with each word they utter, bringing healing as they talk. May their language be Yours, Lord.

# How to Pray

Consider the following verse to help you learn how to pray:

*“Pray at all times in the Spirit with every prayer and request.”*  
— *Ephesians 6:18*

## 1. PRAY

- Is a sacred term for conversation with God
- Is a two-way conversation, where you speak and listen to God

## 2. AT ALL TIMES

- Derives from Greek words meaning “in every season” or always
- Represents words that Jesus used consistently
- Luke 21:36 is another example: “But be alert at all times, praying that you may have strength to escape all these things that are going to take place and to stand before the Son of Man”

## 3. IN THE SPIRIT

- In literal terms this means “to be joined with.”
- This represents that God (or the Holy Spirit) lives in us and enables us to pray
- Romans 8:15, 26 is another example: “Instead, you received the Spirit of adoption, by whom we cry out, “‘Abba’, Father!” In the same way the Spirit also helps us in our weakness, because we do not know what to pray for as we should, but the Spirit himself intercedes for us with inexpressible groanings

## 4. WITH EVERY PRAYER

- Use the Adoration, Confession, Thanksgiving, Supplication (ACTS) prayer pattern
- Try this by recording your prayers on the ACTS chart on the next page

## 5. AND REQUEST

- Has a root word of “supply” to meet needs
- Represents us receiving blessings from God and averting evils or fears

# A.C.T.S Worksheet

<p><b>A</b></p> <p><b>ADORE</b></p>	<p>Praise God for His character traits.</p>
<p><b>C</b></p> <p><b>CONFESS</b></p>	<p>Tell God what's affecting your relationship with Him.</p>
<p><b>T</b></p> <p><b>THANK</b></p>	<p>Praise God for what He has done.</p>
<p><b>S</b></p> <p><b>SUPPLY</b></p>	<p>Ask God to provide or meet your needs and desires.</p>

# *Connect with Us*

We would love to hear the stories that come from using this guide or through 24 Hours of Unbroken Prayer! If you would like more information on how to get involved with FCA locally or globally:

Please email [Iroback@fca.org](mailto:Iroback@fca.org)



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