# Available Resources

BROCHURES | BOOKS | VIDEOS | WEBSITES



We understand there are many questions that you may have when discussing or planning funeral arrangements. Please understand you are not alone and we are here to help you.

We have prepared this Available Resource Guide which contains a list of brochures, books, videos, and websites to better help you.

Our aim is to provide a varied source of information which touches on the many aspects of funerals from pre-planning to traditional services and cremation considerations. We are also pleased to provided grief resources to help as well. We also can provide materials available on unique types of grief, such as the loss of a spouse, child or suicide.

All of our brochures are available free of charges. Books and videos can be loaned for a period of one month (or longer if needed) and the websites are links that you can search from the privacy of your own home

It is our goal to help you. If you have a topic you are interested in learning more about, please contact us and we will do our best to assist you in any way we can.

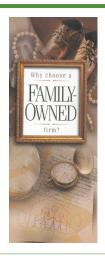


# Table of Contents

General Funeral Home Related Topics	3
Pre-Arranging and Pre-Planning	4-5
Traditional Funeral	6
Cremation	7
Veterans Information	8
Grief Resources	9
Highmark Caring Place Grief Resources	10
Books for Lending	14
DVDs for Lending	15
Website Links	16
Order Form	17

Wiedeman Funeral Home & Cremation Services, Inc., makes no guarantees or warranties for any merchandise or products offered or displayed in this brochure. The only guarantee or warranty that may be provided would come from the manufacturer of the product if there is any at all.

### **TOPIC:** General Funeral Home Related Topics



# WHY CHOOSE A FAMILY OWNED FIRM

Discusses the advantages of choosing a family owned and operated firm over corporate conglomerate firm.



Getting Through

# DO YOU KNOW WHAT A FUNERAL DIRECTOR DOES FOR YOU?

Discusses the importance of working with a licensed funeral director. Covers the licensing requirements and training required for licensure. You should feel comfortable calling on your funeral director at any time to discuss pre-planning, to ask for guidance when death occurs in the family, or to inquire about special programs and help available afterwards, includind grief counseling.



## **HOW MUCH DOES**A FUNERAL COST?

Whether pre-need or at-need, this brochure discusses the costs related to funeral services and discusses creating memorable, unique services that are cost effective.



#### **GETTING THROUGH**

This gentle guide through funeral preparation includes basic information on what funerals are, why you should work with a licensed funeral director, the types of services funeral homes offer, a glossary of terms and a unique checklist for persons to complete. There is also a section which offers assistance to help grieving persons.



#### THE CHOICE IS YOURS

Many options are available when planning funeral services. This brochure discusses and defines the types of services that a funeral home can provide to create a meaningful, personalized service.



### TOPIC: Pre-Arranging and Pre-Planning



#### EXPLAINING PRE-ARRANGING TO YOUR AGING PARENTS

One of the most difficult conversations family members have to have with their loved ones is about end of life decisions. This brochure offers tips to help start the discussion.



#### WARNING SIGNS TO WATCH FOR WHEN SHOPPING FOR A PRE-NEED FUNERAL OR BURIAL PLAN

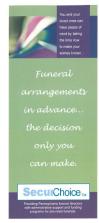
More and more people are making the choice to plan ahead for their own funerals. This brochure identifies warning signs that families should watch for when exploring prearrangement.



#### PRE-PLANNING A FUNERAL... YOUR RIGHT TO CHOOSE

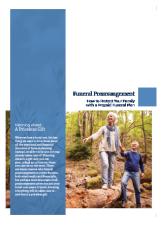
This pamphlet provides answers to the following questions:

- Why Would anyone pre-plan their own funeral.
- I've already received phone calls about pre-planning, are they legitimate?
- Do I have to buy everything individually?
- Should I shop around?
- Where do I start?
- How do I know who to look for?



#### FUNERAL ARRANGEMENTS IN ADVANCE... THE DECISION ONLY YOU CAN MAKE

You and your loved ones can have peace of mind by taking the time now to make your wishes known. This brochure discusses how preplanning works and defines SecurChoice, a pre-need funding program through the Pennsylvania Funeral Directors Association.



# FUNERAL PREARRANGEMENT

When we lose a loved one, the last thing we want to do is think about all the emotional and financial decisions of funeral planning. Instead, wouldn't it be nice if it was already taken care of? Planning ahead is a gift only you can give...a final act of love for those you care about the most.

\*Available for download on our website





plut a lared services of my life, a life of some different plus of s



This 8.5 X 11 cardstock guide is a checklist that can be completed to answer questions about a person and their service choices. It includes personalization items as well. It is meant to be completed and kept safely in files at home as well as the funeral home.

\*Available for download on our website



#### GIVE ME ONE GOOD REASON WHY I SHOULD PLAN MY FUNERAL IN ADVANCE

This brochure provides you with 99 reasons/ decisions that will need to be made if you choose NOT to pre-arrange your funeral in advance. Then it covers how pre-arranging in advance will provide peace of mind.

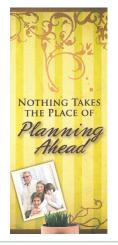
\*Available for download on our website



#### WHAT ARE YOUR WISHES?

This brochure discusses how working with a funeral director to meet your wishes can work. It defines services that funeral homes provide and ways that theses services can incorporate and meet your wishes.

### TOPIC: Pre-Arranging and Pre-Planning



#### NOTHING TAKES THE PLACE OF PLANNING AHEAD

This brochure discusses being prepared, securing the future and advantages to preneed funeral arrangement and discusses costs of funeral services and merchandise.

\*Available for download on our website



#### **DECISIONS MADE EARLY**

Making the choice to pre-arrange funeral services is a decision that once made early, will spare survivors of emotional and financial burdens. This brochure discusses the advantages of making these decisions early.



#### **SEIZE THE DAY**

It can be uncomfortable to think about our own mortality; however, we can spare our loved ones significant pain when we seize the day and plan ahead. This brochure covers planning for the future and funeral pre-planning.

\*Available for download on our website



#### THE CHOICE IS YOURS

No two funerals are alike, nor should they be. A funeral planning specialist can help you personalize a funeral within a budget you are comfortable with and in the way you want yourself or your loved one to be remembered. Be sure to share your ideas for personalizing the funeral with them. Ask questions and state your unique preferences no matter what they may be.

\*Available for download on our website



#### MEDICAID SPEND DOWN WITH A PREPAID BURIAL PLAN

Are you or someone you know facing the decision to enter a long-term care facility in the near future? Or perhaps you have a family member currently residing in a nursing home. If so, this information could help your family preserve assets and protect your family financially.

\*Available for download on our website



#### **BECAUSE WE CARE**

Today, more and more people are choosing to plan their funerals in advance. This brochure covers three basic reasons for choosing prearrangements.

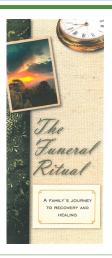
\*Available for download on our website



## HAVING THE TALK OF A LIFETIME

This brochure defines ways that you can open the door to discussion with your loved one about end of life decisions and advance funeral planning.





#### THE FUNERAL RITUAL

A family's journey to recovery and healing after the death of a loved one begins with the funeral ritual. This brochure defines the main components of a funeral ritual.

\*Available for download on our website





#### PLANNING A MEANINGFUL **FUNERAL SERVICE**

Examines the many options a family has during the difficult time and includes a worksheet to help create a meaningful funeral.



for a Life Worth Colehnating

#### Beginning the Healing Process...



How A Traditional Funeral Can Help

#### **BEGINNING THE HEALING PROCESS - HOW A** TRADITIONAL FUNERAL **CAN HELP**

The loss of a loved one is one of life's most difficult events. By planning a traditional fuenral, the grieving process will begin and healing can start after the loss.



**Funerals** Are for the Living



#### **FUNERALS ARE** FOR THE LIVING

This brochure provides a personal account on the healing power of the funeral.



#### ARE CASH ADVANCE ITEMS?

#### WHAT ARE **CASH ADVANCE ITEMS**

Cash Advance items are included on the Statement of Funeral Goods and Services that families sign to contract for services. This brochure defines in detail, what cash advance items are and includes examples of types of cash advances.

\*Available for download on our website



#### WHAT DO I SAY

It is always difficult to know what to say to a person when someone dies. Most people attend very few funerals in their lifetimes, so one might not know if it is appropriate or necessary to attend a "visitation" or if one is expected to attend both the funeral service and a graveside service.

This is a guide to help you help an acquaintance, friend, or family member during one of the most difficult times in life. It is designed to answer common questions about "being there" for someone during and after a funeral.

\*Available for download on our website



#### **FUNERALS ARE MORE IMPORTANT THAN YOU** THINK

A funeral, celebration of life or memorial service provides all the essential qualities that make up the ideal healing and transition process after the loss of a loved one. When considering options, please consider the benefits a well-designed, personalized service can offer your loved ones. Healing is a process.

\*Available for download on our website





#### **EMBALMING**

Explains the basics of the embalming process, why it's important and when it is required or recommended. Written in easy-to-understand language, this brochure is appropriate for families choosing burial or cremation.



Cremation & its options...

Ways to

Honor A Life.

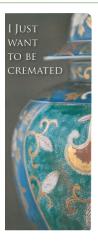
# CREMATION & ITS OPTIONS...WAYS TO HONOR A LIFE

Choosing cremation is one of many options that can be selected as part of a funeral service. Before you make a final choice, please take a moment to read this brochure which describes the many ways to honor a life.



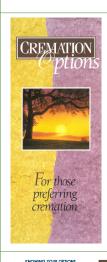
# CHOOSING CREMATION DOESN'T MEAN YOU HAVE TO OMIT FUNERAL SERVICES

Did you know that prior to cremation that you can choose to hold traditional or contemporary funeral services? This brochure defines the types of services selected in Pennsylvania.



## I JUST WANT TO BE CREMATED

You have heard people say, "I just want to be cremated." This brochure defines the three important elements to a healing and healthy funeral experience.



#### **CREMATION OPTIONS**

For families choosing cremation, this informative brochure explains all the cremation choices available.



#### **CREMATION IS...**

Questions and answers about cremation and how to make it a part of your funeral plans.

\*Available for download on our website





commons is upposed under security or is senginus, none cost, our proteints, by our consistent or consistent or positions are restricted as you, below, you will give asserts to some of the most frequently asked questions about cremation. If you have further questions, please do not heakate to direct them to your funeral director so that he or she may help y make an informat and advantage directions are some first all and account of the factors are to the contraction.

WHAT IS CREMATION?

Cremation is a common method of final disposition and an alternative to ground lunds. It is the precess by wiften high temperatures and exportation are utilized to reduce a body to its most busic elements.

WAY DO PEOPLE CHOOSE CREMATION? Many people choose creenation for its simplicity. Some choose creenation for its code-effectiveness, in though this largety depends on the other service options selected. Other chooses creenation because of environmental resource or the final-billity is although

ROWAL COSTS:

The basis charge for direct cremation can be somewhat less than immediate turist, but they a cotten comparable in our. The difference in our sites primarily from the options solected above and beyond the basis services. Therefore, the obtained correspond and busined by a force or and beyond the basis services.

CAN I DECRET WHAT HAPPENS TO MY CREMATED BODY?

Yes. You may been written directives for your loved ones to billow. A written plan eases the burden on lemilies and bridge a great deal of pace of hird to be wide ones at the time of Your loss prearrangement good after or a funeral director can easity you will be or a funeral director can easity you will be or a funeral director can easity you will be ordering a written plant.

MAT IF I WOULD LIKE MY CREMATI CATTERED?

eout your options for countring, societing may be onche legally on privately property with premishers however, public property would fell surder boat confliences. Condider also that countring the created body on the memberglist, but for any obter translate, but the parent with to to do the coast-refu, To ret rout all that it mortal of connecting such leaves no mortal of your fill behind, but any to long all the leaves no mortal of your fill behind, but any to long make all the premiser translated to the behind, but any to long make all the premiser translated to the translates of that bread once are able to tells, reflect, and



COL WE MANT A CERTAINAY?

Find the medit of posting from a common required on of water

for the medit of posting from a common required on of water

for the control of the control of the control of the control

for the control of the control of the control

for the control of the control

A procession of the find entire pairs

A procession of the control of the co

# CREMATION FAQS

This downloable sheet answers many questions that families have about cremation and available options.

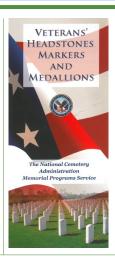


### **TOPIC:** Veteran's Information



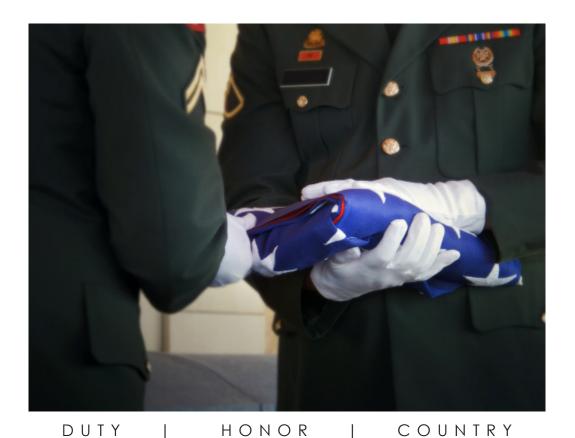
## INDIANTOWN GAP NATIONAL CEMETERY

Produced and made available through the National Cemetery Administration, this brochure defines guidelines for burial at Indiantown Gap National Cemetery in Annville, Pennsylvania.



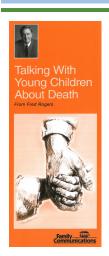
#### VETERANS' HEADSTONES MARKERS AND MEDALLIONS

Produced and made available through the National Cemetery Administration, this brochure discusses the available options for headstones, markers and medallions.



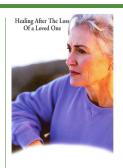
PAGE 8

#### **TOPIC:** Grief Resources



#### **TALKING WITH YOUNG** CHILDREN ABOUT DEATH

In this booklet, Mr. Rogers eases fears about how to speak to young children and death. He provides meaningful answers to commonly asked questions and feelings.

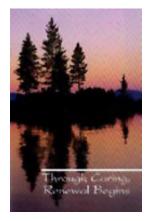


#### **HEALING AFTER THE LOSS** OF A LOVED ONE

Addresses specific signs of grief - physical and emotional - and ways individuals can help themselves, such as contacting support groups and taking care of their health.







#### THROUGH CARING **RENEWAL BEGINS**

This caring kit is available to persons working through grief to help them understand the many natural feelings after the death of a loved one.



#### **GRIEVING ALONE** & TOGETHER

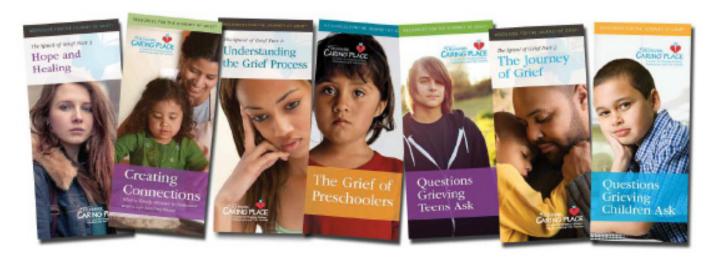
This booklet is in response to the loss of a loved one during the COVID-19 Pandemic. It provides words of help and understanding the unique concerns associated with grief during this pandemic.



#### RESOURCES FOR THE JOURNEY OF GRIEF® BROCHURES

Available upon request at no cost







Resources for the Journey of Grief is a series of informational brochures that focuses on educating and supporting families and community professionals on the needs of grieving children and families.

The purpose of the brochures is to help parents, as well as teachers and other professionals who work with children, to be better equipped when interacting with grieving children.

These user-friendly brochures, brief and easyto-read, and available without cost, capture the essence of the issues and provide guidance in supporting a grieving child or adult.

See inside for descriptions of each of the brochures.

### The Spiral of Grief

"Once I began this process, I had no idea how I was going to proceed. It was like going blindly down a road that I had never been on before."—Shari, Caring Place

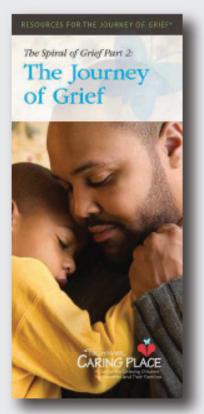
What is grief about? What can I expect—for myself or for someone I know who is grieving? Does it ever get better?

Even though everyone's grief is unique, some patterns can be noticed. The insights and experiences of many children and adults shared over many years at the Caring Place are distilled in this set of three short brochures, providing an understanding of the feelings and experiences of the grief process, as well as reasons for hope that healing is possible.



Grief is more than just sadness or missing the one we love, but what else is involved? What does grief look like? What does grief feel like?

Here is an overview of grief, from shock, anxiety and feeling alone, to an understanding that grief is the natural and normal response to a broken heart.



Grief is the process of discovering what it means to live without someone who has been woven into our lives.

These painful feelings can be productive, as they allow us to move toward healing and a reconnection to life. Feeling our feelings is a way of saying "yes" to ourselves.



As we travel our journey of grief, it's important to remember that hope and healing are possible.

This healing can be helped by sharing feelings and memories, especially with those who support us by listening to us and accepting us where we are.

"Grief is love never, ever ready to say goodbye."
—Rabbi Dr. Earl Grollman

### Questions

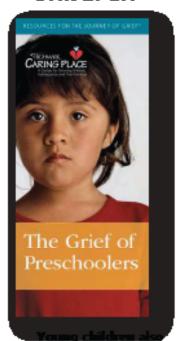
Grieving children are filled with questions, many of which are difficult to answer. What lies behind some of the most common questions, what is it that the children are seeking, and how can we best provide it?

When a grieving child asks a question, ultimately the conversation that results—the connection made with the child—is more important than the answer. Learn about connecting with, listening to, and validating a grieving child.



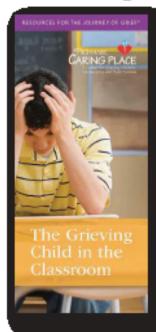
eesagers are old mough to græsp nare of the impliations of death, nd to feel their rief and their loss. ery profoundly. heir deepest uestions revolve round their lentity now that he person they eve has died. here they fit in he family and in he world, and how o cope—with life, and with their own eelings.

# Preschool Children



grieve—in fact, anyone old enough to kive is old enough to grieve. Although they may not have all the words to be able to express their feelings and questions, they're looking for safety and security. Find out more about the needs of preschoolers, as well as how their needs can be met.

## Grieving & School



ow can a grieving hild be supported t school? What an a teacher or rincipal do to nderstand and elo the child? ow can other tudents be repared for the dum of a onevig dassmate? nese and other sues are ddressed in he Grieving Child the Classroom.

### **Funerals**



aying goodbye is ifficult, for children s well as adults. But 's hard to know hat's best for a child ter someone they ve has died. Should child attend a ineral or other eremony? Should the hild view the body? re they old enough understand? How an children particiate in the funeral? ow can they be repared? See what kese who have been irough the experince think about vestions like these.

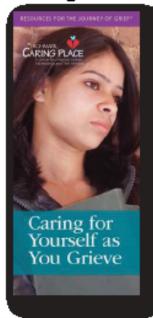
### Anticipatory Grief

When a family member is faced with a lifelimiting illness, we all want to make sure that the children will be **CK**. When, what and how to tell the children about the diagnosis are addressed, as are some of the many ways in which life-long connections can be created with the children.





## Taking Care of Yourself



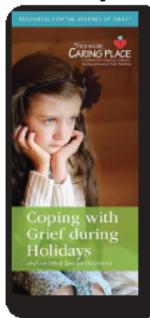
In the midst of the chaos that is grief, especially when ere trying to care for others grieving around us, it's hard to men know what to do to alce care of ourselves. Here are a number of suggestions for ways of caring for yourself as you grieve.

### Helping a Friend

When a friend has experienced the death of a loved one, how can we help them? This brochure aims to provide answers to that question, focusing on the needs of both teens and adults. It takes a look at what a grieving person feels, what we can say, or avoid saying, and what we can do to help.



### Holiday Grieving

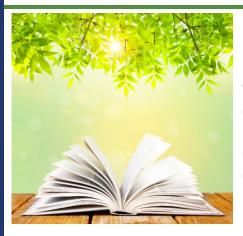


Holidays, and other special occasions like birthdays and anniversaries. often seem to intensify the already hard feelings of sadness and pain after a death. Thoughts gathered from Caring Place families about coping with special days are shared in this brochure.

For these and other resources, contact: www.HighmarkCaringPlace.com

CENTRAL PA 1-866-613-4673 ERIE 1-866-212-4673

PITTSBURGH 1-888-224-4673 WARRENDALE 1-888-734-4073



Books can be a wonderful way to better understand and work through grief and mourning. Below are two lists of books. One is from our lending library the other are recommended readings of books available for purchase online. If you are interested in a specific topic, please contact us and we will do our best to assist you.

#### RECOMMENDED READINGS...

On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss

When Your Grandparent Dies: A Child's Guide to Good Grief

When There Are No Words: Finding Your
Way to Cope with Loss and Grief
Understanding Your Grief: Ten Essential
Touchstones for Finding Hope and
Healing Your Heart

When Grief Breaks Your Heart

Talking about Death: A Dialogue between Parent and Child

Living When a Loved One Has Died:
Revised Edition

#### **Notable Authors:**

Earl Grollman
Elisabeth Kubler-Ross
Alan Wolfelt

Living With Dying ~David Carroll

How It Feels When A Parent Dies ~ Bill Krementz

Living With Grief: At Work, At School, At Worship ~ Edited by Joyce D. Davidson

Death and Attitudes Towards Death

Concerning Death: A Practical Guide for the Living ~ Dr. Earl Grollman

When Pregnancy Fails ~ Susan Borg

A Grief Unveiled ~ Gregory Floyd

Suicide: Prevention, Intervention, Post Vention ~ Dr. Earl Grollman

Your Grieving Child ~ Bill Dodds

The Denial of Death ~ Earnest Becker

The American Way of Death ~ Jessica Mitford

When A Family Loses A Loved One

On Death And Dying ~ Elisabeth Kubler-Ross

Cremation ~ Paul Irion

Talking About Death: A Dialogue Between Parent and Child ~ Dr. Earl Grollman

The Christian Funeral ~ Edgar Jackson

For the Living ~ Edgar Jackson

Death: The Final Stage of Growth ~ Elisabeth Kubler-Ross

Explaining Death To Children ~ Dr. Earl Grollman

The Way We Die ~ David Dempsey

Telling A Child About Death ~ Edgar Jackson

Helping Children Cope With Grief ~ Alan Wolfelt

Find A Way ~ Merril Hoge

You Don't Have to Like It, But You Do Have to Live It ~ A. Barbara Coyne

Have A Little Faith ~ Mitch Albom



The following DVD's are available for use from our funeral home. DVD's are permitted to be used for a period of one month and are to be returned. If a longer period of time is needed, please contact us and we will make arrangements.

Video Title	Video Description
Children Teaching Children About Grief	Children share their stories of losing a loved one. Helpful for a child looking for a way to reltea to a peer and work through grief.
Death and the Civil War	Explores an essentaial but largely overlooked aspect of the most pivotal event in American History that contended with death on a unprecedented scale
Helping Children Grieve	A profound resource to guide adults in understanding and helping children of all ages grieve with hope and heart
Teen Grief: A Guide for Adults	Helps adults offer effective support to grieving teens. Marcia Lattanzi- Licht, a well-known speaker on grief-related topics, provides specific suggestions for dealing with teen grief issues.
Beyond Death's Door: Help for the Grieving Process After Someone You Love Has Died	Learn to live again - not just survive - after the death of a loved one.
Teen Grief: Climbing Back	Provides an intimate look at the grieiving process experienced by teens through group interviews. Captures the emotional ups and downs common to experienceing grief.
What On Earth Do You Do When Someone Dies?	Provides children and adults with answers to many questions surrounding the death of a loved one. Topics include: Why do people have to die? Is it okay to cry? What is a funeral or memorial service?
A Ray of Hope: Facing the Holidays Following a Loss	Paul Alexander, Pyschotherapist and bereavement specialist, addresses the anxiety and stress holidays can bring. Presents helpful advice and wisdom from bereaved individuals.
Helping Parents Grieve: Finding New Life After the Death of a Child:	For any parent who has experienced the death of a child and anyone who helps someone who is grieving.
What About Me? Kids & Grief	Highlights the grief experiences of 11 boys and girls ages 4 to 14 who have experienced the death or chronic illness of a sibling, parent or grandparent. Multicultural video is ideal for children and adolescents.
We Will Miss You: Support for Grieving the Death of a Pet	Provides support for those grieving the loss of a beloved animal companion.
At Death's Door: Facing the Terminal Illness of a Loved One	Helps family members acknowledge emotions about a loved one's terminal illness. Offers guidance to hep them live fully with their loved one through the last months.
Footprints on Our Hearts: Walking Through Grief After A Miscarriage, Stillbirth or Newborn Death	Compassionately covers the grieving process after the death of a baby, including tips for those who want to help.
Grieving the Sudden Death of a Loved One	Presents a full hour of support, wisdom and counsel from grief experts who explore how to slowly move toward acceptance when the unthinkable happens.
Journey Through the Shadows: Hope for Healing After Someone You Love Has Committed Suicide	Offers help for those coping with the suicide of a loved one - from sudden initial impact through "why?" questioning, feelings of guilt, support and survival.
Frontline: The Undertaking	This PBS Frontline documentary presents an intimate deeply moving view of funeral service and the work of the funeral director.

Organziation Name	Website Address
Pennsylvania Funeral Directors Association	www.pfda.org
National Funeral Directors Association	www.nfda.org
Highmark Caring Place	www.h ighmarkcaringplace.com
Hospice of Central Pennsylvania	www.hospiceofcentralpa.org
Grief net	www.griefnet.org
Elizabeth Kubler Ross	www.ekrfoundation.org
Alan Wolfelt	www.centerforloss.com
Open To Hope	www.opentohope.com
The Centre For The Grief Journey	www.griefjourney.com
The Center For Complicated Grief	www.complicatedgrief.org
Compassionate Friends	www.compassionatefriends.org
Survivors of Suicide	www.survivorsofsuicide.com
Grief.Com	www.grief.com
Journey of Hearts	www.journeyofhearts.org
American Foundation of Suicide Prevention	www.afsp.org
Suicide Awarenecess Voices of Education	www.save.org
Widow Net	www.widownet.org



# RESOURCE ORDER FORM

Name:

Organization (when applicable):

	Address:	
	City/State/Zip:	
	Daytime Phone:	
	Email:	
RR	OCHURES	
	tity Desired	Brochure Name (please print)
<b>(</b>		
DV	D'S	
	Needed:	DVD Title
Dato	11000001	
	OKS	
Date	Needed:	Book Title Book Title

Materials listed above are available free of charge. Please complete the order form above. Please note: DVD's and Books are available from our lending library for a period of one month. If you would like them for a longer period of time, please note on your order form.

Complete and Return To: WIEDEMAN FUNERAL HOME & CREMATION SERVICES, INC.

Attn: Lisa M. Wiedeman 357 South Harrisburg Street | Oberlin, Steelton, PA 17113 Phone 717.939.2344 | Fax 717.939.1999 | Email mail@wiedemanfh.com



# THE CHOICE IS YOURS.







#### THE PROCESSION

The procession to the final resting place is a powerful symbol of mutual support and a public honoring of the decessed. A procession and committal may take a variety of forms:

- Procession to the grave for burial
- Procession using special vehicles, such as a motorcycle hearse, antique car, horse and carriage, truck, or tractor
- Procession to the crematory for a brief family service (if possible).
- Procession to a niche in a columbarium (using an um ark carried by palibearers)
- Procession to an ossuary or place of scattering.
- Procession to embrace the immediate family and offer condulences.
- Optional procession to view the body
- Procession to lay a flower on the casket.
- Other creative and meaningful ideas

A well-planned, personalized funeral service is a litting celebration of the life that has been lived.

#### A MEANINGFUL SERVICE

Following a loss, a funeral or memorial service provides much needed closure to loved ones. Usually, a healing funeral service incorporates three basic elements:

- Agathering
- A ceremony with religious or spiritual overtones
- A procession to the linal resting place

Any or all of these aspects of a healing funeral or memorial could be used to help a family begin to cope after a loss.

Each aspect of a healing funeral or memorial meets a specific need of family members, helping them acknowledge the reality of death, give and receive support, face the pain of loss, search for meaning, and honor the memory of the one who died.

When planning ahead, it is important to find a balance between the needs of the family for closure and the wishes of the deceased.









#### THE GATHERING

The gathering allows family and friends to receive love, comfort, and support from one another in an informal setting. A gathering may be anything from a fellowship. meal, to a visitation, viewing, wate, and/or private family viewing. Gatherings may include several different elements, such as:

- Viewing the deceased publicly, privately, or optionally
- Display of photos and mementus
- Memorial video tribute
- Memory sharing time
- Rosary or prayer service
- A shared meal

A public gathering helps the family begin to acknowledge the reality of the loss as: they spend time together sharing, laughing, and grieving.

#### THE CEREMONY

The ceremony honors the memory of the one who has died through a special tribute to his or her life. The ceremony may include any of the following components:

- A focal point
  - The presence of the body in a casket.
  - The presence of the cremated body in an urn.
  - A memorial portrait
- A celebration of life
- **Eulogy or other public reflections**
- Music, readings of secret tests, poems, and inspirational quotes
- Cultural traditions, symbols, and rituals
- Military horars, Lodge rites
- Memorial video tribute
- Memory sharing time
- Candle lighting, balloon release, dove release, or other meaningful events.

The ceremony helps family and friends face the pain of their loss and process. their emotions. Ceremonies often incorporate appropriate spiritual or religious overtunes, offering loved ones hope and comfort as they search for meaning in the loss. He sure to share your ideas for personalizing the funeral with those you love.

#### IT'S UP TO YOU

A funeral is an important moment in the lives of your loved ones. For that reason, it is important to provide a plan of action\_because our loved ones only have one. chance to get it right!

A well-planned, personalized funeral service is a litting celebration of the life that has been lived. At absolutely no charge, our prearrangement specialists can help you plan your service down to the last detail, offering your loved ones a healing and meaningful funeral experience, It's all about what is best for you and your family. Truly, the choice is yours.



FUNERALBASICS To home where there to plan about fire treating and mountingfulfun or mounted command, as to assurption about any



recipmentations | \$10,000,0015 | from 97225 | 9 \$100 Pursual Obsessions Life illum regarding propositifications and community rights and protections under Passe that regarding propositifications and community rights and protections under Passe that projectifications is increased.





#### WIEDEMAN FUNERAL HOME & CREMATION SERVICES, INC.

357 South Harrisburg Street | Oberlin, Steelton, PA 17113 Phone: 717.939.2344 | Fax: 717.939.1999

email: mail@wiedemanfh.com | www.wiedemanfuneralhome.com

Dennis L. Wiedeman, Funeral Director, President, Certified Crematory Operator
William A. Sibert, Funeral Director, Supervisor, Certified Cremation Service Provider, Certified Crematory Operator
Lisa M. Wiedeman, Funeral Director, Certified Cremation Service Provider, Marketing Director, Insurance Agent, Certified Crematory Operator
Brian M. Silvis, Funeral Director, Certified Crematory Operator
Patricia A. Wiedeman, Administrative Officer
George E. Turnbull, Staff Assistant

family owned and operated THROUGH EVERY SEASON WE LISTEN & WE CARE