

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <i>January 2026 Manor</i> All Activities are Subject to Change				8:00 Breakfast 10:00 Tone It Up 10:15 Daily Chronicle 10:30 Ring Toss 12:00 Lunch 1:15 Bingo w/ Friends 5:00 Dinner 1 New Year's Day Happy Birthday Dannette	8:00 Breakfast 10:00 Golden Exercise 10:15 Daily Chronicle 10:30 Bean Bag Toss 12:00 Lunch 1:15 New Year's Social 5:00 Dinner 2	8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 3
8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 4 Spaghetti Day	8:00 Breakfast 10:00 Golden Exercise 10:15 Daily Chronicle 10:30 Bean Bag Toss 12:00 Lunch 1:15 Penny Game 2:00 Card Games 5:00 Dinner 5	8:00 Breakfast 10:00 Seniorcise 10:15 Daily Chronicle 10:30 Noodle Ball 12:00 Lunch 1:15 Arts and Crafts 5:00 Dinner 6 Pepe Le Pew Day	8:00 Breakfast 10:00 Fun & Fit 10:15 Daily Chronicle 10:30 Trivia 12:00 Lunch 1:15 Nail Trimming and Manicures 5:00 Dinner 7	8:00 Breakfast 10:00 Sit & Stretch 10:15 Daily Chronicle 10:30 Wheel of Fortune 12:00 Lunch 1:15 Hot Cocoa & Card Games 5:00 Dinner 8	8:00 Breakfast 10:00 Tone It Up 10:15 Daily Chronicle 10:30 Ring Toss 12:00 Lunch 1:15 Law Enforcement Appreciation Social 5:00 Dinner 9 Law Enforcement Appreciation Day	8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 10
8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 11 Golden Globe Awards Night	8:00 Breakfast 10:00 Tone It Up 10:15 Daily Chronicle 10:30 Ring Toss 12:00 Lunch 1:15 Bingo w/ Friends 5:00 Dinner 12	8:00 Breakfast 10:00 Golden Exercise 10:15 Daily Chronicle 10:30 Bean Bag Toss 12:00 Lunch 1:15 Penny Game 2:00 Card Games 5:00 Dinner 13	8:00 Breakfast 10:00 Seniorcise 10:15 Daily Chronicle 10:30 Church Services 12:00 Lunch 1:15 Arts and Crafts 5:00 Dinner 14	8:00 Breakfast 10:00 Fun & Fit 10:15 Daily Chronicle 10:30 Trivia 12:00 Lunch 1:15 5 Card Bingo 2:00 Art for Relaxation 5:00 Dinner 15	8:00 Breakfast 10:00 Sit & Stretch 10:15 Daily Chronicle 10:30 Wheel of Fortune 12:00 Lunch 1:15 Happy Hour & Dragon Social 5:00 Dinner 16 Appreciate a Dragon Day	8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 17 Happy Birthday Paul Snowflake Day
8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 18	8:00 Breakfast 10:00 Sit & Stretch 10:15 Daily Chronicle 10:30 Resident Council 12:00 Lunch 1:15 Snowflake Paint & Sip 5:00 Dinner 19 Martin Luther King Jr. Day	8:00 Breakfast 10:00 Tone It Up 10:15 Daily Chronicle 10:30 Bible Study 12:00 Lunch 1:15 Bingo w/ Friends 2:00 Art for Relaxation 5:00 Dinner 20	8:00 Breakfast 10:00 Golden Exercise 10:15 Daily Chronicle 10:30 Bean Bag Toss 12:00 Lunch 1:15 Penny Game 2:00 Card Games 5:00 Dinner 21 Lollipop Day	8:00 Breakfast 10:00 Seniorcise 10:15 Daily Chronicle 10:30 Noodle Ball 12:00 Lunch 1:15 Arts and Crafts 5:00 Dinner 22	8:00 Breakfast 10:00 Fun & Fit 10:15 Daily Chronicle 10:30 Trivia 12:00 Lunch 1:15 Bingo Store 5:00 Dinner 23	8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 24 Compliment Day
8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 25	8:00 Breakfast 10:00 Fun & Fit 10:15 Daily Chronicle 10:30 Trivia 12:00 Lunch 1:15 Jenga 2:00 Art for Relaxation 5:00 Dinner 26 Australia Day (Observed)	8:00 Breakfast 10:00 Sit & Stretch 10:15 Daily Chronicle 10:30 Wheel of Fortune 12:00 Lunch 1:15 Blackjack 5:00 Dinner 27 Strange Socks Day Mad Hatter Day	8:00 Breakfast 10:00 Tone It Up 10:15 Daily Chronicle 10:30 Ring Toss 12:00 Lunch 1:15 Bingo w/ Friends 5:00 Dinner 28	8:00 Breakfast 10:00 Golden Exercise 10:15 Daily Chronicle 10:30 Bean Bag Toss 12:00 Lunch 1:15 Penny Game 2:00 Card Games 5:00 Dinner 29	8:00 Breakfast 10:00 Seniorcise 10:15 Daily Chronicle 10:30 Noodle Ball 12:00 Lunch 1:15 Arts and Crafts 5:00 Dinner 30	8:00 Breakfast 10:00 Morning Exercise & News Review 12:00 Lunch 2:00 Movies & Popcorn 5:00 Dinner 31