
Monthly Newsletter

October 2026



Welcome

Welcome to Caring Alternatives, where comfort, independence, and compassionate care come together in a warm and welcoming environment. With three locations in Oak Creek and Muskego, we are committed to providing personalized care that supports each resident's unique physical, emotional, and social needs.

At Caring Alternatives, we believe every resident deserves to feel comfortable, respected, and cared for. Our dedicated team takes a hands-on and heartfelt approach, playing an active role in the lives of our residents while helping them maintain their independence and quality of life.

Our aging-in-place philosophy means that once a resident becomes part of our community, we make every effort to keep them comfortable and cared for through every stage of life. As their needs change, our level of care changes with them, providing the support they need along the way.

As an independently owned and operated community, we take pride in getting to know each resident and their individual needs. When additional care is needed, we also partner with trusted healthcare agencies to ensure our residents receive the comprehensive support they deserve.

At Caring Alternatives, we're more than just a place to receive care—we're a community dedicated to making each resident feel valued, comfortable, and at home. We invite you to discover the warmth, personalized care, and heartfelt approach that make Caring Alternatives a special place to call home.

Resident & Employee of the Month

Arlene

Arlene's favorite food is a hamburger fresh off the grill, and when it comes to music, she loves country and western music—the kind that always gets you out on the dance floor!

Of the four seasons, summer is Arlene's favorite. She grew up in Iowa, where one of her fondest childhood memories was living on the farm and spending time with the baby pigs.

Arlene's advice is simple but meaningful: "Behave and don't be mean to people." Family is very important to Arlene. She has five children—four girls and one boy—and five grandchildren. At Caring Alternatives, Arlene especially enjoys getting outside, playing bingo, and playing cards. We love having Arlene as part of our Caring Alternatives family!

Gabbie

Gabbie has been part of the Caring Alternatives team for 2½ years. What she enjoys most about her job is hearing the residents' stories and spending time doing activities with them in the evenings.

Gabbie recently graduated with her Master of Science and recently moved to Muskego. She comes from a big family and has twin brothers. Many of her family members have also served in the military.

Looking ahead 10 years, Gabbie hopes to be working in her field of study, married, and raising a family of her own. We are so grateful to have Gabbie as part of our Caring Alternatives family and appreciate the time and connection she shares with our residents!



Resident Birthdays

1TH



Rosalie

9TH



Judy

18TH



Glorian

Employee Birthdays

10TH



Ariana

13TH



Brenda

22ND



Tia

23RD



Nicole

National Days

October 1st

**PUMPKIN SPICE/
HOMEMADE COOKIES
DAY**

October 2nd

**SMARTIES
DAY**

October 5th

**APPLE
BETTY DAY**

October 7th

**FRAPPE/
CHOCOLATE COVERED
PRETZEL DAY**

October 8th

**FLUFFERNUTTER
DAY**

October 14th

**DESSERT
DAY**

October 15th

**CHEESE CURD
DAY**

October 16th

**SPORTS
DAY**

October 20th

**WRITING
DAY**

October 21st

**APPLE
DAY**

October 22nd

**TAVERN STYLE
PIZZA DAY**

October 26th

**PUMPKIN
DAY**

October 27th

**AMERICAN BEER
DAY**

October 28th

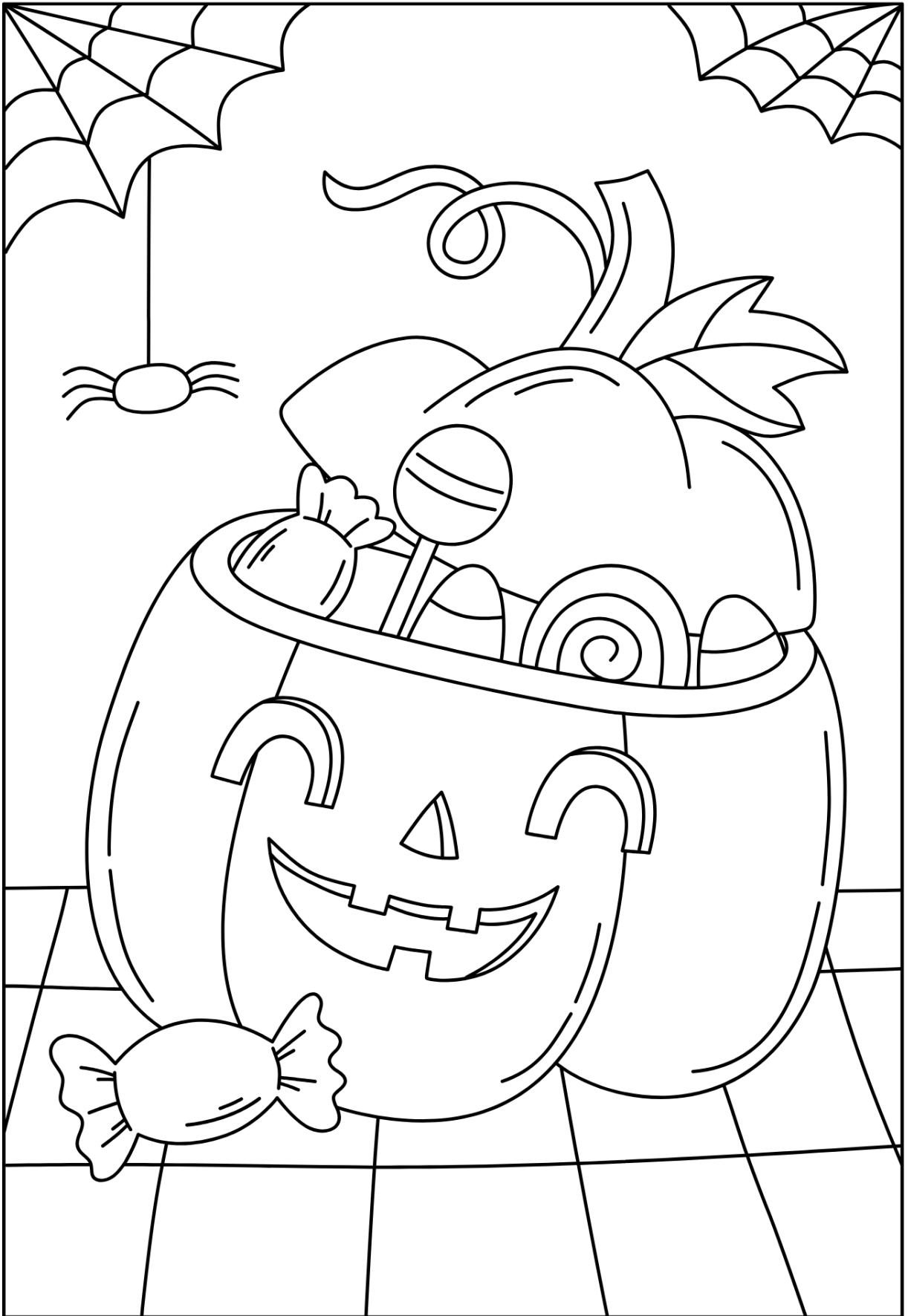
**CHOCOLATE
DAY**

October 30th

**CANDY CORN
DAY**

October 31st

HALLOWEEN





Thank you for reading!

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