







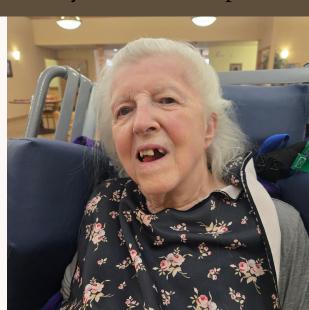
WARM GREETINGS FROM YOUR FRIENDS AT CREEKSIDE TERRACE!

October Zodiacs
Libra (The Scales) October 1–22
Scorpio (The Scorpion) October 23–31

What's Lucky in October?
Lucky Color: Tangerine
Lucky Animal: Fox
Lucky Day: Thursday
Lucky Plant: Pumpkin

UPCOMING BIRTHDAYS & EVENTS

October 1st - Happy Birthday Judy B October 9th - Happy Birthday Sharon C October 18th- Happy Birthday Cheri B



CARING ALTERNATIVES





Flower – Calendula

The flower for October is the calendula, which is native to southern Europe and also known as the pot marigold. The calendula (pronounced kə-'len-jə-lə) is cousin to the daisy and the common marigold. But unlike the pungent marigold used to repel garden pests, the pot marigold's tangy, peppery flavor has become known as the "poor man's saffron." Its petals can be used as an edible colorant in pots of soup, pasta, rice, scrambled eggs, and salads.

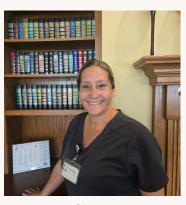
"I wish that every day was Saturday and every month was October." ~ Charmaine J. Forde







Meet the team!



Melissa Med Lead



Amanda with the Residents



Robin-Med Lead/Caregiver



Susan 3rd shift Caregiver