

# CREEK SIDE TERRACE

*Monthly Newsletter*

## October 2025



WARM GREETINGS FROM YOUR FRIENDS AT  
CREEKSIDE TERRACE!

### October Zodiacs

**Libra (The Scales) October 1–22**

**Scorpio (The Scorpion) October 23–31**

### What's Lucky in October?

Lucky Color: Tangerine

Lucky Animal: Fox

Lucky Day: Thursday

Lucky Plant: Pumpkin

## UPCOMING BIRTHDAYS & EVENTS

October 1<sup>st</sup> - Happy Birthday Judy B

October 9<sup>th</sup> - Happy Birthday Sharon C

October 18<sup>th</sup> - Happy Birthday Cheri B







## Flower – Calendula

The flower for October is the calendula, which is native to southern Europe and also known as the pot marigold. The calendula (pronounced kə-ˈlen-jə-lə) is cousin to the daisy and the common marigold. But unlike the pungent marigold used to repel garden pests, the pot marigold's tangy, peppery flavor has become known as the "poor man's saffron." Its petals can be used as an edible colorant in pots of soup, pasta, rice, scrambled eggs, and salads.

*"I wish that every day was Saturday and every month was October." ~ Charmaine J. Forde*



## Meet the team!



*Melissa  
Med Lead*



*Amanda with the  
Residents*



*Robin-  
Med Lead/Caregiver*



*Susan  
3rd shift Caregiver*