

CREEK SIDE TERRACE

Monthly Newsletter

February 2026



WARM GREETINGS FROM YOUR FRIENDS AT
CREEKSIDE TERRACE!

February Zodiacs

Aquarius (Water Bearer) February 1–18

Pisces (Fish) February 19–28

What's Lucky in February

Lucky Color: Fuchsia

Lucky Animal: Zebra

Lucky Day: Wednesday

Lucky Plant: Rose

UPCOMING BIRTHDAYS & EVENTS

February 2 - Groundhog Day

February 11 - 3:00-4:00 Music with Alex

February 14 - Valentines Day

February 16 - Presidents Day

February 18 - Ash Wednesday

February 19 - Bowling with Preceptor

February 25 - Anne P's Birthday



CARING ALTERNATIVES



Flower – – Violet

While roses are commonly associated with Valentine's Day, violets are the traditional flower to give on February 14. Legend has it that while imprisoned by the Romans, the Christian priest Saint Valentine used crushed violet petals as ink to write secret notes of love and friendship.

Birthstone – Amethyst

February's birthstone is amethyst, a purple variety of quartz. The stunning stone has been prized for thousands of years for its beauty and perceived mythical powers. The name comes from the Greek word amethystos, meaning "not drunk," as the violet stone was thought to prevent intoxication.

"February, the month of love, is a time to cherish the bonds that warm our hearts."

~ D. A. Blankinship



Meet the team!



*Robin
Med Lead-Caregiver*



*Amanda & Kaitlyn
Activities & Caregiver*



*Brenda
Director*



*Tia and Bonnie
Caregiver*