

# CREEK SIDE TERRACE

*Monthly Newsletter*

# February 2026



**WARM GREETINGS FROM YOUR FRIENDS AT  
CREEKSIDE TERRACE!**

## February Zodiacs

**Aquarius (Water Bearer) February 1–18**

**Pisces (Fish) February 19–28**

**What's Lucky in February**

**Lucky Color: Fuchsia**

**Lucky Animal: Zebra**

**Lucky Day: Wednesday**

**Lucky Plant: Rose**

## UPCOMING BIRTHDAYS & EVENTS

**February 2 - Groundhog Day**

**February 11 - 3:00-4:00 Music with Alex**

**February 14 - Valentines Day**

**February 16 - Presidents Day**

**February 18 - Ash Wednesday**

**February 19 - Bowling with Preceptor**

**February 25 - Anne P's Birthday**





## Flower -- Violet

While roses are commonly associated with Valentine's Day, violets are the traditional flower to give on February 14. Legend has it that while imprisoned by the Romans, the Christian priest Saint Valentine used crushed violet petals as ink to write secret notes of love and friendship.

## Birthstone--Amethyst

February's birthstone is amethyst, a purple variety of quartz. The stunning stone has been prized for thousands of years for its beauty and perceived mythical powers. The name comes from the Greek word amethystos, meaning "not drunk," as the violet stone was thought to prevent intoxication.

*"February, the month of love, is a time to cherish the bonds that warm our hearts."*

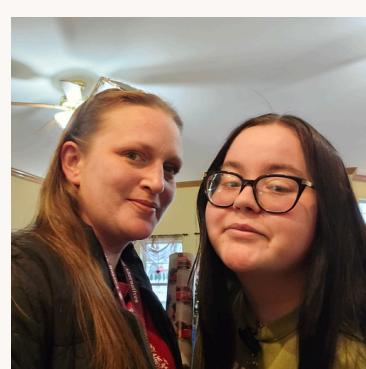
*~ D. A. Blankinship*



Meet the team!



Robin  
Med Lead-Caregiver



Amanda & Kaitlyn  
Activities & Caregiver



Brenda  
Director



Tia and Bonnie  
Caregiver