

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Terrace February 2026

All Activities are Subject to Change

8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner  Tu B'Shevat Begins Grammy Awards	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Ring Toss 12:15 Lunch 2:45 Groundhog day Craft 5:00 Dinner  Groundhog Day	8:00 Breakfast <b>11:00 Bible Study</b> 11:45 Fun & Fit 12:15 Lunch 2:45 Bingo with Friends 5:00 Dinner	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Bean Bag Toss 12:15 Lunch 2:45 Penny Game 3:15 Art for Relaxation 5:00 Dinner	8:00 Breakfast 11:15 Sit and Stretch 11:30 Daily Chronicle 11:45 Trivia 12:15 Lunch 2:45 <b>Pretty Nails- Manicures and Nail Trim</b> 5:00 Dinner  National Sweater Day	8:00 Breakfast 11:15 Golden Exercise 11:30 Daily Chronicle 11:45 Hot Potato 12:15 Lunch 2:45 5 Card Bingo 3:15 Happy Hour 5:00 Dinner  National Wear Red Day	8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner
8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner	8:00 Breakfast 11:15 Golden Exercise 11:30 Daily Chronicle 11:45 Noodle Ball 12:15 Lunch 2:45 Valentines Day Card Craft 3:15 Art for Relaxation 5:00 Dinner	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Ring Toss 12:15 Lunch 2:45 Bingo with Friends 5:00 Dinner	8:00 Breakfast 11:15 Fun & Fit 11:30 Daily Chronicle 11:45 Hot Potato 12:15 Lunch <b>3:00 Music with Alex</b> 5:00 Dinner  Appreciate a Friend Day	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Bean Bag Toss 12:15 Lunch 2:45 Penny Game 3:15 Yahtzee 5:00 Dinner	8:00 Breakfast 11:15 Sit and Stretch 11:30 Daily Chronicle 11:45 Trivia 12:15 Lunch 2:45 Valentines Day Social 3:15 Happy Hour 5:00 Dinner	8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner  Valentine's Day
8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner	8:00 Breakfast 11:15 Sit and Stretch 11:30 Daily Chronicle 11:45 Trivia 12:15 Lunch 2:45 Presidents Day Craft 5:00 Dinner  Presidents' Day (U.S.)	8:00 Breakfast 11:15 Golden Exercise 11:30 Daily Chronicle <b>11:45 Resident Council</b> 12:15 Lunch 2:45 Mardi Gras Party 5:00 Dinner  Mardi Gras Chinese New Year	8:00 Breakfast <b>11:00 Church Services</b> 11:45 Seniorcise 12:15 Lunch <b>3:00 Black History Month Music Trivia with Brighton</b> 5:00 Dinner  Ash Wednesday	8:00 Breakfast 11:15 Fun & Fit 11:30 Daily Chronicle 11:45 Noodle Ball 12:15 Lunch <b>2:00 Bowling with Lorie Ann</b> 3:15 Penny Game 5:00 Dinner	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Ring Toss 12:15 Lunch 2:45 Penny Game 3:15 Happy Hour 5:00 Dinner  Caregivers Day	8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner
8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Trivia 12:15 Lunch 2:45 Coffee with Friends 5:00 Dinner  Tootsie Roll Day	8:00 Breakfast 11:15 Sit and Stretch 11:30 Daily Chronicle 11:45 Trivia 12:15 Lunch <b>3:00 Bingo Store</b> 5:00 Dinner	8:00 Breakfast 11:15 Golden Exercise 11:30 Daily Chronicle 11:45 Bean Bag Toss 12:15 Lunch 2:45 Left, Right, Center 3:15 Uno 5:00 Dinner  Happy Birthday Anne P	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Ring Toss 12:15 Lunch <b>2:30 Music by Fred from Unity</b> 5:00 Dinner	8:00 Breakfast 11:15 Fun & Fit 11:30 Daily Chronicle 11:45 Noodle Ball 12:15 Lunch 2:45 Bingo with Friends 3:15 Happy Hour 5:00 Dinner	8:00 Breakfast 11:30 Exercise and News Review 12:15 Lunch 2:45 Movies & Snacks 5:00 Dinner