Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 Breakfast 11:15 Fun & Fit 12:15 Lunch 2:45 Christmas Decorating 5:00 Dinner	8:00 Breakfast 11:00 Bible Study 11:45 Sit & Stretch 12:00 Daily Chronicle 12:15 Lunch 2:45 Christmas Cards 5:00 Dinner	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Wreath Toss 12:15 Lunch 2:45 Christmas Bingo 3:15 Art for Relaxation 5:00 Dinner	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Find the Elves 12:15 Lunch 2:45 Nail Trimming and Manicures 5:00 Dinner	8:00 Breakfast 11:15 Golden Exercise 11:30 Daily Chronicle 11:45 Left Right Game 12:15 Lunch 2:45 St. Nick Social 5:00 Dinner	8:00 Breakfast 11:30 Morning Exercise & 6 News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner
8:00 Breakfast 11:30 Morning Exercise & 7 News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner	8:00 Breakfast 11:15 Golden Exercise 11:30 Daily Chronicle 11:45 Left Right Game 12:15 Lunch 2:45 Christmas Cards 5:00 Dinner	8:00 Breakfast 11:15 Fun & Fit 11:30 Daily Chronicle 11:45 Noodle Ball 12:15 Lunch 2:45 Xmas Crafts 5:00 Dinner	8:00 Breakfast 11:15 Sit & Stretch 11:30 Daily Chronicle 11:45 Christmas Trivia 12:15 Lunch 2:45 Penny Game 3:15 Card Games 5:00 Dinner	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Wreath Toss 12:15 Lunch 2:45 Gift Wrapping 5:00 Dinner	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Bean Bag Toss 12:15 Lunch 2:45 Decorating Xmas Cookies with Ryan 5:00 Dinner	8:00 Breakfast 11:30 Morning Exercise News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner
8:00 Breakfast 11:30 Morning Exercise 4 News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner Hanukkah Begins Happy Birthday Shirley	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Wreath Toss 12:15 Lunch 2:45 Penny Game 3:15 Card Games 5:00 Dinner	8:00 Breakfast 11:15 Golden Exercise 11:30 Daily Chronicle 11:45 Left Right Game 12:15 Lunch 2:45 Veteran's Honoring Ceremony 5:00 Dinner	8:00 Breakfast 11:15 Fun & Fit 11:30 Daily Chronicle 11:45 Noodle Ball 12:15 Lunch 2:45 Golden Gals Perform 5:00 Dinner	8:00 Breakfast 11:15 Sit & Stretch 11:30 Christmas Movies 12:15 Lunch 2:45 Art for Relaxation 5:00 Dinner	8:00 Breakfast 11:00-3:00 Christmas Party 5:00 Dinner	8:00 Breakfast 11:30 Morning Exercise 20 News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner
8:00 Breakfast 11:30 Morning Exercise & 1 News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner Winter Begins	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Wreath Toss 12:15 Lunch 2:45 Bingo Store 5:00 Dinner	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Bean Bag Toss 12:15 Lunch 2:45 1:15 Snow Globe Craft 5:00 Dinner	8:00 Breakfast 11:00 Church Services 11:45 Golden Exercise 12:00 Daily Chronicle 12:15 Lunch 2:45 Christmas Bingo 5:00 Dinner	8:00 Breakfast 11:15 Fun & Fit 11:30 Daily Chronicle 11:45 Noodle Ball 12:15 Lunch 2:45 Movie & Popcorn 5:00 Dinner	8:00 Breakfast 11:15 Sit & Stretch 11:30 Daily Chronicle 11:45 Trivia 12:15 Lunch 2:45 5:00 Dinner Boxing Day (Canada) Kwanzaa Begins	8:00 Breakfast 11:30 Morning Exercise & 7 News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner
8:00 Breakfast 11:30 Morning Exercise & News Review 12:15 Lunch 2:00 Movies & Popcorn 5:00 Dinner	8:00 Breakfast 11:15 Sit & Stretch 11:30 Daily Chronicle 11:45 Trivia 12:15 Lunch 2:45 Art's & Crafts 3:15 Fun with Paint 5:00 Dinner	8:00 Breakfast 11:15 Tone It Up 11:30 Daily Chronicle 11:45 Ring Toss 12:15 Lunch 2:45 Bingo with Friends 3:15 Art for Relaxation 5:00 Dinner	8:00 Breakfast 11:15 Seniorcise 11:30 Daily Chronicle 11:45 Bean Bag Toss 12:15 Lunch 2:45 New Years Eve Party 5:00 Dinner	December 2025 Te	ber * rrace	