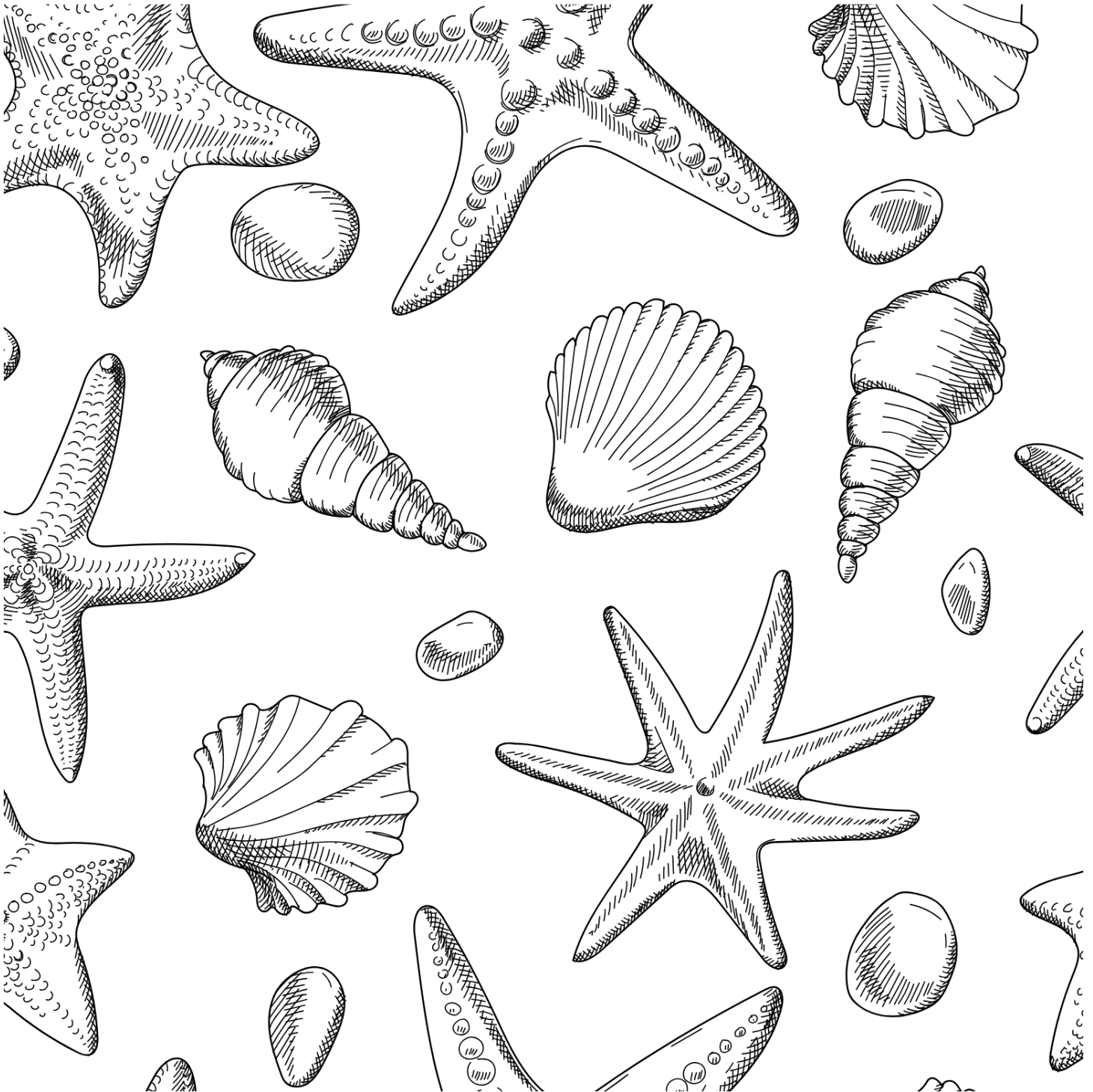

AUGUST 2026

CARING ALTERNATIVES MUSKEGO



MONTHLY NEWSLETTER

AUGUST

Arlene's favorite meal is a delicious hamburger fresh off the grill, and you can always count on her to enjoy just about any country western song. Of all four seasons, summer is her favorite, bringing back fond memories of growing up on a farm in Iowa, where she especially loved caring for the baby pigs.

If Arlene could share one piece of advice, it would be simple but meaningful: Behave, and don't be mean to people. She believes kindness and respect go a long way. Family has always been at the heart of Arlene's life. She is the proud mother of five children—four daughters and one son—and is blessed with five grandchildren.

What Arlene enjoys most about her community is the opportunity to spend time outdoors, play bingo, and gather with friends for a good game of cards. These simple pleasures bring her joy and help keep her connected with those around her.



AUGUST

Lauren has been a valued member of the team since May 15. At 22 years old, she is a proud mom to her son, who was born in March of last year, and a loving stepmom to her 3-year-old stepson. She also has nine siblings and shares her life with her wonderful fiancé, Dustin.

Looking ahead, Lauren hopes that in 10 years she will be married, have another child, and be living on a large piece of land filled with as many animals as possible. It's a dream that reflects her love of family and the outdoors. Lauren's favorite part of her job is getting to know the residents and building meaningful connections with them. She enjoys hearing their stories and making each day a little brighter.

One thing many people may not know about Lauren is that she loves the cold. While many look forward to summer, her favorite seasons are fall and winter, while she much prefers being cold!



-AUGUST-

RESIDENT BIRTHDAYS



1ST

Ron

5TH

Susan

23RD

Judy

26TH

Bonnie

31ST

Dottie



-AUGUST-

EMPLOYEE BIRTHDAYS



1ST

Lauren



3rd

NATIONAL WATERMELON DAY



4th

NATIONAL CHOCOLATE CHIP COOKIE DAY



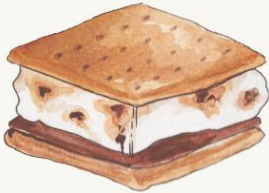
6th

NATIONAL ROOT BEER FLOAT DAY



10th

NATIONAL S'MORES DAY



12th

NATIONAL VINYL RECORD DAY



14th

NATIONAL CREAMSICLE DAY



19th

NATIONAL SOFT ICE CREAM DAY



21st

NATIONAL SENIOR CITIZENS DAY



24th

NATIONAL WAFFLE DAY



25th

NATIONAL BANANA SPLIT DAY



26th

NATIONAL DOG DAY

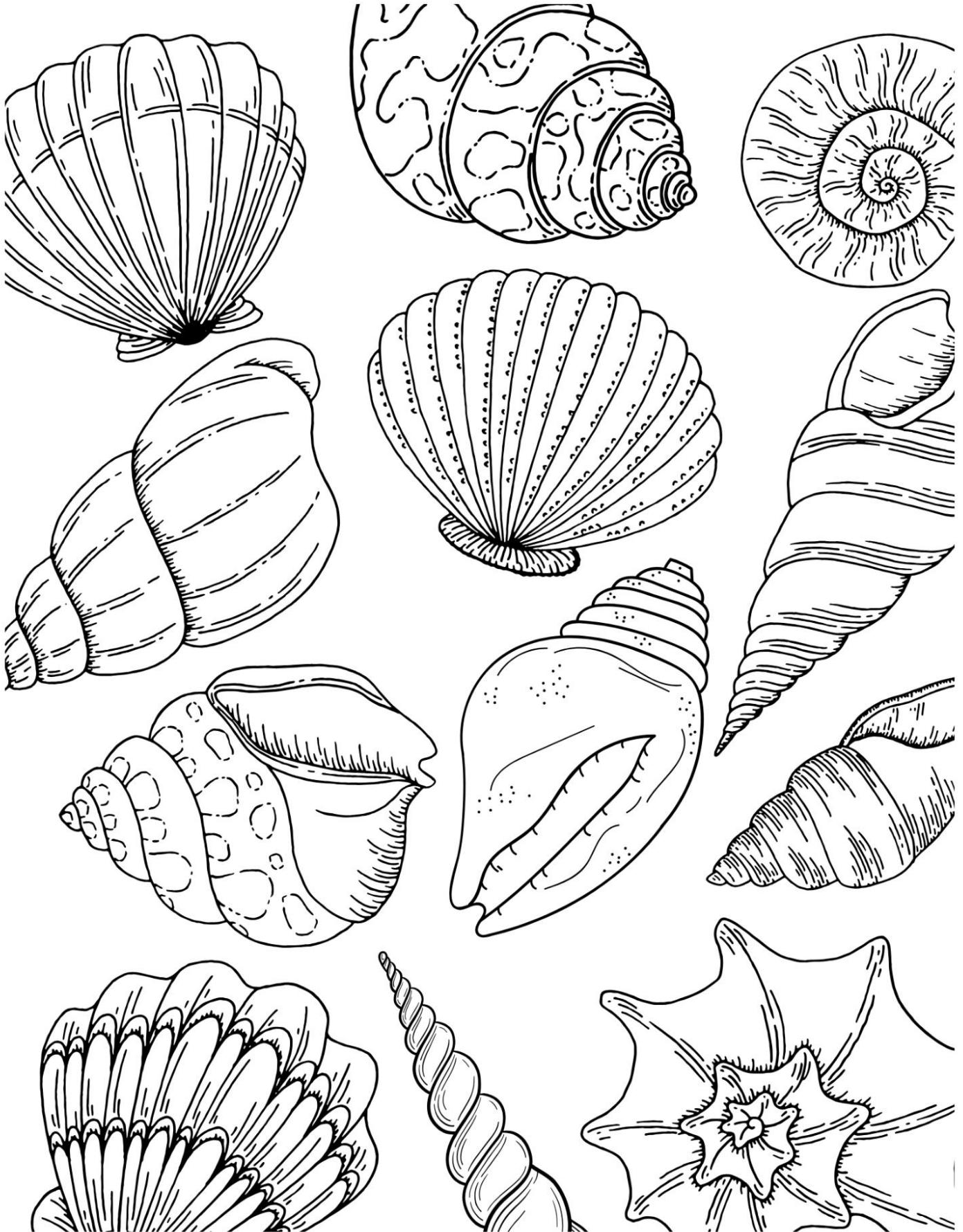


31st

NATIONAL EAT OUTSIDE DAY



TAKE A BREAK & COLOR!



Under the Sea

D	O	L	P	H	I	N	B
P	S	U	P	O	T	C	O
F	T	S	W	I	M	L	D
I	A	A	E	A	A	A	E
S	R	N	A	A	M	M	E
H	F	D	E	R	L	O	W
A	I	Y	S	C	Y	O	A
R	S	H	A	R	K	C	E
S	H	E	L	L	N	S	S

fish

dolphin

clam

swim

starfish

shark

octopus

seal

shell

sand

seaweed

sea

