

7th Grade Volunteer Hours Form

Name of Volunteer _____

As part of Confirmation preparation, students are required to complete 10 hours of service each year (7th & 8th Grade). At least 6 hours should be completed through the parish, school, community organization, nonprofit or other approved service opportunity. Up to 4 hours may be completed by helping a family member, neighbor or someone in the community who genuinely needs assistance, beyond normal household chores or responsibilities.

Please bring this form with you when completing service. The supervising adult should verify the date, type of service, number of hours completed, and sign the form.

Service Hours Must Be Completed and Form Returned to School or RE by April 9, 2027.

[illegible]

Service Reflection

After completing your service hours, take a few minutes to reflect on the experience. In a short paragraph, respond to the following:

What did you do, who did your service help, and what did you learn from the experience? How did this service connect to your faith or change the way you think about serving others? Your reflection should be thoughtful and written in your own words.