

ST. MARY'S FALLS TRAIL: (Forest Service Trail #624) From Colorado Springs, take Cheyenne Blvd. to North Cheyenne Canyon Rd. to Gold Camp Rd.; go west on Gold Camp Rd. (FDR 370) for about one mile to a tunnel. This is where the trail starts. The trail goes first to St. Mary's Falls and then continues to Frosty Park where it ends on FDR 379. A total distance of 6.4 miles. This is rated as a moderate to difficult trail with an elevation gain of 2,100 feet. MOTOR VEHICLES ARE NOT ALLOWED.