

21 DAYS

The Healthy Church: 21 Days of Renewal, Reflection, and Revival



Week 1: A Healthy Heart... Loving God Deeply

The spiritual health of the church begins with the spiritual health of each believer. A healthy church starts with hearts fully surrendered to God. When love for God is the root, everything else flourishes. We will flourish in alignment, unity, purpose, and passion.

Day 1 - The Greatest Commandment

Matthew 22:37 (ESV) ³⁷ And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind.

Focus: True health begins with whole-hearted devotion.

Day 2 - The Pure Heart

Psalms 51:10 (ESV) ¹⁰ Create in me a clean heart, O God, and renew a right spirit within me.

Focus: Ask God to renew your inner life before you serve outwardly.

Day 3 - First Love Restored

Revelation 2:4 (ESV) ⁴ But I have this against you, that you have abandoned the love you had at first.

Focus: Let your passion for God burn again, then let that fire shape what you build for Him.

Day 4 - Abiding And Staying Connected To Him

John 15:5 (ESV) ⁵ I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

Focus: Spiritual health is sustained by daily connection to the Vine.

Day 5 - Worship In Spirit And Truth

John 4:24 (ESV) ²⁴ God is spirit, and those who worship him must worship in spirit and truth.

Focus: A spiritually healthy church worships authentically, not just emotionally.

Day 6 - Guard Your Heart

Proverbs 4:23 (NLT) ²³ Guard your heart above all else, for it determines the course of your life.

Focus: What fills the heart shapes the church.

Day 7 - A Wholehearted Church

2 Chronicles 16:9a (NLT) ⁹ The eyes of the Lord search the whole earth in order to strengthen those whose hearts are fully committed to him....

Focus: God strengthens those who serve Him with undivided hearts.

Week 2: Together, We Grow Into A Healthy Body Of Christ

The heart of the church beats with love for one another. A spiritually healthy church reflects Christ's love through unity, humility, and service. When we are one body with many parts, health flows through every member. The church must be intentional in keeping the body of Christ healthy.

Day 8 - One Body, Many Parts

1 Corinthians 12:27 (NLT) ²⁷ All of you together are Christ's body, and each of you is a part of it.

Focus: Every believer is essential to the church's health.

Day 9 - Unity in the Spirit

Ephesians 4:3 (NLT) ³ Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

Focus: Unity is not automatic, it's maintained by growing to a spiritually mature believer.

Day 10 - Love in Action

1 John 3:18 (ESV) ¹⁸ Little children, let us not love in word or talk but in deed and in truth.

Focus: Love that isn't lived out is unhealthy.

Day 11 - Bearing Each Other's Burdens

Galatians 6:2 (ESV) ² Bear one another's burdens, and so fulfill the law of Christ.

Focus: A healthy church lifts the weak, not criticizes them.

Day 12 - Forgive as Christ Forgave You

Colossians 3:13 (NIV) ¹³ Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Focus: Forgiveness is the medicine that heals the body of Christ.

Day 13 - Speak Life

Ephesians 4:29 (NIV) ²⁹ Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Focus: Healthy words build healthy people.

Day 14 - The Bond of Love

Colossians 3:14 (ESV) ¹⁴ And above all these put on love, which binds everything together in perfect harmony.

Focus: Love is the glue that holds the body together.

Week 3: A Healthy Church Lives Out Its Mission

The ultimate mark of a spiritually healthy church is its outward focus. A church alive in the Spirit doesn't just exist, it multiplies, serves, and impacts the world with the Gospel. A healthy church must focus not only on gathering believers but on reaching, baptizing, and teaching so that they can mature and grow in Christ.

Day 15 - We Are Sent As Jesus Was Sent

John 20:21 (ESV) ²¹ Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you.

Focus: A healthy church understands it is sent by Jesus Himself. It's her identity.

Day 16 - The Great Commission

Matthew 28:19 (ESV) ¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.

Focus: Spiritual health leads to spiritual reproduction.

Day 17 - The Assignment Of Every Believer In The Church

Mark 16:15-16 (ESV) ¹⁵ And he said to them, "Go into all the world and proclaim the gospel to the whole creation. ¹⁶ Whoever believes and is baptized will be saved, but whoever does not believe will be condemned.

Focus: Healthy believers understand their assignment.

Day 18 - Serving Christ by Serving Others

Matthew 25:35-36 (ESV) — ³⁵ For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, ³⁶ I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.

Focus: See Christ in every person you serve.

Day 19 - The Mission of Jesus Becomes Our Mission

Luke 4:18-19 (ESV) ¹⁸ "The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, ¹⁹ to proclaim the year of the Lord's favor."

Focus: God has anointed his church to fulfill the mission of Jesus.

Day 20 - Compassion in Action

Matthew 9:36 (ESV) ³⁶ When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd.

Focus: God's heartbeat is souls. A healthy church feels what Christ feels for the lost.

Day 21 - Called to Proclaim His Glory

1 Peter 2:9 (NIV) ⁹ But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.

Focus: The mission of the church is rooted in its identity. God's people exist to declare His glory to the world.