



suicide statistics of veterans diagnosed with ptsd



PTSD is a significant risk factor for suicide among veterans; the suicide rate for veterans with a PTSD diagnosis is estimated to be **between 50 and 60 deaths per 100,000**. Veterans with PTSD are also at a higher risk of suicidal ideation and attempts compared to the general population. [↗](#)

Key Statistics and Risk Factors

- **Elevated Risk:** The age- and sex-adjusted suicide rate among veterans is over 1.5 times higher than that of non-veteran U.S. adults.
- **PTSD as a Factor:** Among veterans who died by suicide in 2022, nearly 25% had a PTSD diagnosis.
- **Comorbidity:** The risk of suicide is significantly higher when PTSD is combined with other mental health conditions, such as depression or substance use disorders. Veterans with both PTSD and depression have a substantially elevated risk (Hazard Ratio of 15.2 in one study).
- **PTSD Severity:** Any level of PTSD symptoms above a minimal threshold is associated with a doubled suicide mortality rate at one month after assessment compared to those with minimal symptoms.
- **Demographics:** Younger veterans (ages 18-34) with PTSD and depression have a higher suicide rate than older veterans with the same conditions. Female veterans with PTSD also face a significantly increased suicide risk compared to their male counterparts.

Ask anything





[Veterans Crisis Line website](#) to connect with caring, qualified responders.

- **National Suicide Prevention Lifeline:** Call or text **988**. [🔗](#)

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Association of PTSD Severity and Death by Suicide - PMC - NIH

Feb 23, 2024 — Results: Any level of PTSD symptoms above the minimal threshold for symptomatic remission (i.e., PCL >18) was associat...

National Institutes of Health (.gov) ⋮

PTSD and Death from Suicide

and the risk of traumatic deaths among Vietnam veterans. The Journal of Nervous and Mental Disease, 182, 604-610. Vietnam veterans...



National Center for PTSD (.gov) ⋮

Posttraumatic Stress Disorder- A Risk Factor for Suicide Among ...

* Posttraumatic stress disorder (PTSD) is. * endorsed by about 6% of the U.S. population at. * some point in their lives and about...

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