

Calendula and Lavender Balm

Ingredients:

Organic Olive Oil

Dried Calendula and Lavender Flowers

A large Jar

A large brown paper bag

For Balm (Makes 8 small 25ml pots of salve or 3 medium 60 ml pots) you can quadruple the batch for larger quantities

6 oz of calendula oil ($\frac{3}{4}$ Cup)

2 oz of coconut oil ($\frac{3}{4}$ cup)

1 oz beeswax

Pinch of turmeric powder (optional)

15-18 drops of lavender essential oils (optional)

Directions:

For the oil

Dump dried flowers into a large jar filling it atleast halfway

Completely cover petals with 6 oz of olive oil

Place Jar in a brown paper bag abd leave it in a sunny location for 1 month

Strain the oil using mesh strainer or cheese cloth

Place beeswax, coconut oil, and infused calendula oil into a double boiler, stirring gently until the wax is melted

Once melted assed essential oil and turmeric powder

Pour mixture into tins or jars

Allow to set before using