

Tip sheet:

ResMed CPAP supplies & replacement parts



Replacement tips for mask parts

What to look for:

- You have to tighten the straps often
- The mask has lost its spring
- Your therapy feels less effective than usual
- The silicone loses its grip and remains greasy, even after cleaning
- Mask seal is deteriorating or becoming more challenging



Insurance coverage tip

Before ordering any supplies or replacements, we recommend contacting your insurance provider to make sure the parts you need are covered under your plan.

Replacement tips for mask parts

These replacement schedule guidelines are based on the current U.S. Medicare replacement schedule.*

Twice per month

- Nasal mask cushions
- Nasal pillows mask cushions
- Oral nasal mask cushions



Replacing your mask cushions on a regular basis is important for hygiene, which may help your therapy be as comfortable and effective as possible.

Every 3 months

- Mask frame systems

Frame systems are in close proximity to your face and should be replaced regularly to keep therapy effective.



Every month

- Full face mask cushions



Every 6 months

- Mask headgear

Headgear can become stretched out and lose elasticity with regular use, which can lead to overtightening and discomfort. Bacteria from sweat and moisture can also build up over time.



CPAP machine & accessories replacement tips

These replacement schedule guidelines are based on the current U.S. Medicare replacement schedule.*

Every month

- Disposable air filters

Filters can wear out with use. Dirt and dust can also build up over time, which can lead to blockages and unsanitary conditions.



Every 3 months

- Air tubing

Tubing can develop small holes or tears over time, which can cause air leaks.



Every 6 months

- Humidifier water chambers

Tubs can become discolored, cloudy, pitted or cracked, which can trap bacteria.



Every 5 years

- CPAP, APAP and Bilevel machine

You may need a new machine to enjoy new features that enhance your treatment and benefit from digital health tools offering personalized support for sleep therapy.



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