



Tips for packing

The TSA allows traveling with CPAP, Bilevel and APAP devices in both your checked and carry-on bags. We recommend packing them in a carry-on bag to avoid accidental damage or loss.

Want to double check?

[You can review the TSA's latest policies on CPAP travel here](#)

- Before you pack the humidifier, make sure it's free from water.
- Always pack an extension cord in case wherever you're staying doesn't have a power source near your bed – you usually won't know for sure until you get there.
- Traveling outside of North America? Don't forget to bring an international power adapter!



Packing List

- ☐ Device & accessories in a clear plastic bag
- ☐ Empty humidifier
- ☐ Extension cord
- ☐ International power adapter if traveling abroad
- ☐ FAA Compliance Letter
- ☐ Distilled/drinking water, depending on accessibility at destination



Tips for the airport

Thanks to growing awareness of sleep apnea, it's no longer necessary to show a medical statement when going through security with a CPAP device. However, each agent does have the authority to refuse admission at their own discretion, so we recommend bringing a copy of our FAA Compliance Letter, just in case.

Need our compliance letter?

[Get a copy of a ResMeds FAA Compliance Letter here](#)

- When going through security, you can leave the mask and tubing in their cases, but you may be asked to remove the machine for X-ray screening (don't worry — this won't damage it). You can keep the machine in a clear plastic bag during this process.
- No matter how well you prepare, airport security can be unpredictable –so make sure to leave early to give yourself plenty of time!



Tips for the flight

- If you plan to use CPAP therapy during the flight, contact the airline well ahead of time to check whether the plane has a compatible power source, and to request a seat next to it.
- Always switch your machine to airplane mode during flights.