

Layout of U6

OBJECTIVE U6: THE PITCH

Micro (U6)

- 15 by 25 yards. The dimensions for play should not vary.
- 2 fields set up for each game
- 4v4 format
- No goal keepers
- Size 3 ball
- Goals are set up using pop up goals. If pop up goals are not available, use poles or corner flags inserted in large cones.
- If it is not possible to line the fields, use cones and/or flags at the corners and midfield.
- Addition disk cones can delineate the 3x5 goal area and further delineate the field boundaries at the discretion of the coach.

FIELD LAYOUT FOR U5-U8 GAME FORMAT



Layout of U8

OBJECTIVE U8: THE PITCH

Micro (U8)

- 25 by 35 yards. The dimensions for play should not vary.
- 2 fields set up for each game
- 4v4 format
- No goal keepers
- Size 3 ball
- Goals are set up using bownets. If bownets are not available, use poles or corner flags inserted in large cones.
- If it is not possible to line the fields, use cones and/or flags at the corners and midfield.
- Addition disk cones can delineate the 3x5 goal area and further delineate the field boundaries at the discretion of the coach.

FIELD LAYOUT FOR U5-U8 GAME FORMAT

