



# Blessed Sacrament Catholic Church

5 Saint Teresa Drive  
Charleston, South Carolina 29407  
(Corner of US - 17 & Moore Drive)  
843-556-0801 www.blsac.org

March 8, 2026

## PASTORAL STAFF

*Pastor:* Rev. Arnulfo Jara Galvez  
*Parochial Vicar:* Rev. Bobby Joseph, CMI  
*Permanent Deacons:* James Moore, Jerry White,  
Kurt Herbst, Joseph Keating  
*Director of OCIA:* Sister Colie Stokes, SSMN  
*Director of Music:* Jayson Cote  
*Director of Youth Ministry:* Mary Gerard

## ADMINISTRATIVE STAFF

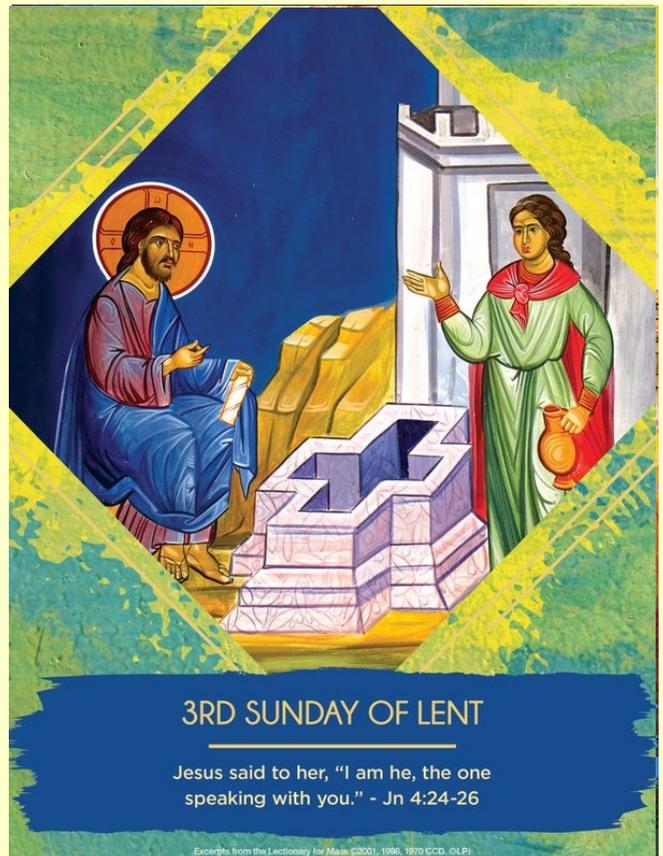
*Secretary/Receptionist:* Gina Agro  
*Adm. Assist.:* Lori Roberson  
*Adm. Assist. (Spanish):* Patricia Mochizuki  
*Adm. Assist. (Finance):* Theresa Sadler  
*Office Assist. (Contributions):* Paulette Krugger

## SCHOOL ADMINISTRATION

*Principal:* Corinne King  
*Assistant Principal:* Kathy Romer

## MAINTENANCE

*Facilities:* Mario Lopez



**MASSES & INTENTIONS FOR THE WEEK**

**SUNDAY, MARCH 8**

8:30 AM Spiritual Welfare of Parish Community  
 11:00 AM Barbara DeWitt (living)  
 1:30 PM Intentions from the Hispanic Community  
 5:00 PM William Bendt

**MONDAY, MARCH 9**

8:00 AM Mary Speer

**TUESDAY, MARCH 10**

8:00 AM Buddy & Dorothy Bendt

**WEDNESDAY, MARCH 11**

8:00 AM Dottie Heidrich

**THURSDAY, MARCH 12**

8:00 AM Raymond Stevens (living)

**FRIDAY, MARCH 13**

8:00 AM Clare Hutchinson Cochran

**SATURDAY, MARCH 14**

5:00 PM Ruth Burk Gay

**SUNDAY, MARCH 15**

8:30 AM Spiritual Welfare of Parish Community  
 11:00 AM Kimberly Matthews  
 1:30 PM Intentions from the Hispanic Community  
 5:00 PM Dr. Carium Joseph



**SICK AND/OR HOMEBOUND OR HOSPITALIZED:**

Below are the names of persons who are in need of special prayer. If you know of someone who should be included in this list,

please call the Parish Office and let us know. *Please let us know when the persons listed are well again, so their names can be removed from the list.* Travis Biernacki, Scott Boinest, Sarah Burn, Pate Chapman, Margaret Clair Conti, Barbara DeWitt, Amelia Finley, Jeffrey Gogol, Sandra Gorman, Sissy Hall, Frank Hamilton, Patricia Hiott, Barbara Jiles, Kitty Kinard, William Luckie, Jane Masciola, Joseph Masucci, Crissey Miller, Nadine Miller, Miriam Moya, Virginia (Ginger) Nadeau, Francis Nolen, Bob Poyer, Karen Raines, Caroline & Perry Reardon, Dorothy Reaves, Margaret Robinson, Tim Torongeau, Kathleen Weatherford, Amelia Wilson and Damian Wofford.

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**READINGS FOR THE WEEK**

- Monday** 2 Kings (Reyes) 5:1-15  
Luke (Lucas) 4:24-30
- Tuesday** Daniel (Daniel) 3:25, 34-43  
Matthew (Mateo) 18:21-35
- Wednesday** Deuteronomy (Deuteronomio) 4:1, 5-9  
Matthew (Mateo) 5:17-19
- Thursday** Jeremiah (Jeremias) 7:23-28  
Luke (Lucas) 11:14-23
- Friday** Hosea (Oseas) 14:2-10  
Mark (Marcos) 12:28-34
- Saturday** Hosea (Oseas) 6:1-6  
Luke (Lucas) 18:9-14
- Sunday** 1 Samuel (Samuel) 16:1-13  
John (Juan) 9:1-41

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**SANCTUARY LIGHTS:** We are thankful to Mrs. Matuskovic who makes a monthly donation for the sanctuary lamp in loving memory of her husband Gregory and son Joseph.

The **SECOND COLLECTION** this weekend is for Education. The Education collection helps Blessed Sacrament Church to fund tuition in the school and offsets expenses for Religious Education. Thank you for your generosity.



**ONLINE CONTRIBUTIONS:** When setting up online contributions, the only way to make sure your contribution goes to Blessed Sacrament Church (Charleston, SC) is to use our WeShare. We do not accept direct Cash App donations. All online payments must go through WeShare. Thank you for your generosity.



**WE WELCOME ALL NEWCOMERS AND VISITORS TO BLESSED SACRAMENT CATHOLIC CHURCH.**

If you would like to register at Blessed Sacrament, registration forms are available at the back of the church, in the parish office, or you may register online at [blsac.org](http://blsac.org).

**BAPTISM:** Parents who wish to have their child/children baptized should contact the Parish Office. A preparatory class is mandatory for the proper formation of parents and godparents. You must be an active member at Blessed Sacrament Church (3 months minimum) in order to schedule a baptism.

**MARRIAGE:** Those wishing to enter into a sacramental marriage should contact the Parish Office at least six months prior to the intended date. You must be an active member at Blessed Sacrament Church (3 months minimum) in order to schedule a wedding.

**FIRST HOLY COMMUNION & CONFIRMATION:** Preparations for the reception of these Sacraments are taken care of by the Office of Faith Formation. Please email [blsacfaithformation@gmail.com](mailto:blsacfaithformation@gmail.com).

**VISITING THE SICK:** Please inform the Parish Office should a relative/friend who is homebound/hospitalized need a pastoral visit or the Sacrament of Anointing. A priest will attend to the Sacrament.

**Our Parish-established criteria is used to verify parishioner status for Weddings, Sacramental Preparation, Sponsor Certificates for Baptism and Confirmation, and to receive parishioner tuition rates at Catholic schools.**

## PARISH CALENDAR

### SUNDAY:

9:45 AM

### March 8

Faith Formation - School  
1st Communion Parent Meeting - Parish Hall  
OCIA Meeting - Parish Hall  
Youth Ministry - Parish Hall

12:00 PM

6:15 PM

### MONDAY:

6:00 PM

### March 9

St. Vincent de Paul - Parish Hall

### TUES:

4:30 PM

6:30 PM

### March 10

Finance Council - Parish Hall  
Spanish Baptism Class - Cry Room/Church  
Adoration for Vocations

### WED:

5:00 PM

6:30 PM

### March 11

Spanish Choir Practice  
Spanish Youth Group - Parish Hall

### THURS:

6:30 PM

### March 12

Books Change Lives - School  
Choir Practice - Church  
Spanish Adult Group - Parish Hall

### FRIDAY:

6:00 PM

7:30 PM

### March 13

Stations of the Cross (English)  
Stations of the Cross (Spanish)

### SATURDAY:

### March 14

## SACRAMENT OF RECONCILIATION

Saturdays 3:30 - 4:30 PM (English)

Sundays 1:00—1:30 PM (Spanish)

## KNIGHTS OF COLUMBUS COUNCIL 12472 (BLESSED SACRAMENT CHARLESTON)



March 7: Adopt-a-Highway Cleanup starting at 8am  
March 15: Pancake Social following 8:30am Mass - Hall  
March 20: Lenten Fish Fry Dinner starting at 5pm - Hall

**Knight of the Month:** Michael Paquette — One of our newest and most active Brother Knights, Micheal sets a wonderful example of service and fellowship! Thank you, Mike!

**Family of the Month:** Joel and Mary Anne Tucker — Joel is another newer Knight and is active in our Council events. Mary Anne is Principal at Bishop England High School. The whole family, including recent new grandson, are active in the Church and are a great representation of our Council family life for the Parish. Thank you Joel and Mary Anne!

**Charity of the Month:** Coastal Catholic Charities (\$500)

**Please put on your calendars our Charity Lenten Dinner for Columbus Hope March 20th starting at 5pm. Venmo and Square payment options available. Thank you!**

## A "Registered and Active" family/individual is one who:

1. Has been formally registered and is participating in the life of the Parish for at least 3 consecutive months.
2. Participates in Worship through **weekly attendance** at Weekend Masses.
3. Places **envelopes weekly** in the offertory, even if empty.

**An extended time with no activity will place a person or family on inactive status.**

- ~ If you give online, please turn in your empty envelopes weekly at Mass and check "I give online."
- ~ If you contribute periodically through the collection, please remember to put in envelopes weekly, even if empty.
- ~ Contributions in cash can only be considered when presented in the parish envelope.
- ~ Multiple envelopes put in at a weekend Mass will be considered participation for that one Mass.
- ~ Envelopes Dropped off or Mailed will not be considered participation at Mass.
- ~ Blank Green envelopes are available in the church if needed.

**Families must be Active Members for a child to be eligible to receive any Sacrament.**

**Families must be Active Members to receive reduced tuition rates at Blessed Sacrament School and Bishop England High School.**

**Active status must be maintained for families in the Schools and Sacramental Program.**

**ONCE A CHILD FROM A PARISH FAMILY GRADUATES HIGH SCHOOL, WE ASK THAT HE/SHE REGISTERS INDIVIDUALLY AS AN ADULT MEMBER OF THE PARISH, AND WE ENCOURAGE HIM/HER TO PARTICIPATE AS FULLY ENGAGED STEWARDS OF THE PARISH.**



## SILVER THREADS CORNER (for our senior members)

### INSPIRING QUOTES FROM CATHOLIC SAINTS:

“Do not be afraid to be saints. Follow Jesus Christ who is the source of freedom and light. Be open to the Lord so that He may lighten all your ways.” (St. John Paul the Great)

“He did not say: You will not be troubled - You will not be tempted - You will not be distressed. But He said: You will not be overcome.” (St. Julian of Norwich)



**THE BOY SCOUTS OF AMERICA / PACK 63 WILL BE SELLING CAMP CARDS** after Masses on March 14 and 15 to support their Summer Camps. Camp Cards are \$10 per card. They have cards for the following areas: West Ashley, James/Johns Island, North Charleston, and Summerville/Goose Creek areas. Cardholders can save HUNDREDS of dollars this year! Cards vary per location.



**PLEASE REMEMBER IN PRAYER** the recently deceased, especially Ann Scarborough-Robertson, formerly of Blessed Sacrament Parish.

**EASTER MASSES:** Saturday, April 4, Easter Vigil 8pm (bilingual); Sunday, April 5, 9am and 11am (English) and 1:30pm (Spanish). Please join us!

HelpOurMarriage.org  
**RETROUVILLE**  
A LIFELINE FOR MARRIED COUPLES



**The First Step towards a Better Marriage is making a DECISION to CHANGE!**

[www.HelpOurMarriage.org](http://www.HelpOurMarriage.org)



**EUCCHARISTIC ADORATION** is available from Monday 5am to Friday Midnight. If you can commit to giving one hour per week in our chapel, please call Patti at 843-901-9467 or Bob at 843-571-5941 or email [poyerrk@gmail.com](mailto:poyerrk@gmail.com). For security purposes a passcode is required between 3:30pm and 7:30am. Please call the parish office to get a passcode. (843-556-0801) Our goals are to cover every hour in the week and to have two adorers in every hour. Currently, we need one adorer for the following hours: **Wednesday—Midnight to 1am, 1am-2am, 2am-3am and Friday—3am-4am and 10pm-11pm.**

**LENTEN RICE BOWLS:** In Guatemala, nutrition classes and savings programs give mothers and families better opportunities to improve their health, nutrition and financial well-being. Visit [www.crsricebowl.org/week-3](http://www.crsricebowl.org/week-3) to read how your support of CRS Rice Bowl is helping the Guatemala community thrive. Please take a rice bowl home with you today!



*We invite all our Women to join this ministry*



Everyone is encouraged to participate in the **OFFERTORY PROCESSION** at our weekend Masses. If interested, please put your name or your family's name on the sign-up sheet that is displayed on the vestibule bulletin board at the back of the church.

## Pancake Breakfast

Sunday March 15th  
After the 8:30am Mass  
Parish Hall



Hosted by our  
Knights of Columbus



## LENTEN MEDITATIONS

### JOSEPH AND NICODEMUS: THE PALLBEARERS

It was two elite Jews, Joseph of Arimathea and Nicodemus, who served as pallbearers at Jesus' funeral. They were both Pharisees and members of the elite Jewish religious council, the Sanhedrin. Joseph appears in all four gospels, and he was the owner of the rented tomb over the weekend! And he appears nowhere else in the Bible except during the funeral of Jesus. Nicodemus appears only in the gospel of John, and he appears three times. The narratives in all four gospels are brief and similar, as we read them in Mt 27: 57-61, Mk 15: 42-47, Lk 23: 50-56, and Jn 19: 38-42. Joseph is the bold leader in all the descriptions.

Roman law did not permit the removal of the carcass from the cross. Crucifixion was meant to serve as a strong warning to people considering a revolt against Roman authority. It took days and sometimes, even more than a week, for the death of the crucified in many cases. Crucifixion was by far the cruelest punishment humanity invented. The excruciating pain, the shame, the thirst, the attack from birds, the hot sun over the naked body, the insult of the onlookers, the desperate cries, and curses were part of the agony that lasted several days for a typical crucifixion. Even after death, the carcass was supposed to remain on the cross as a warning for the rest of the world. The carcasses were left to rot on the cross and to be devoured by vultures. Hence, Joseph had to seek special permission to bury Jesus. Jesus died too soon by crucifixion because of the torture he endured prior to crucifixion. Even Pilate was surprised that Jesus died so soon, and hence he verified it by asking the centurion responsible for the execution. (Mk 15: 44 - 45). Attempting to bury a crucified man was begging for the Roman wrath; yet Joseph did it because he loved Jesus so much. No surprise, he was named Joseph! One Joseph let the infant Jesus rest on his chest, while the other Joseph laid him to rest for one last time. The first Joseph risked everything to protect the life of the infant, while the second Joseph risked his life and reputation to give Jesus a decent burial. One could see here a divine providence rather than a casual coincidence. Our Father in Heaven is the God of details.

Nicodemus is the second one among the pallbearers. "Joseph of Arimathea was accompanied by Nicodemus, the man who earlier had visited Jesus at night. Nicodemus brought a mixture of myrrh and aloes, about seventy-five pounds" (Jn 19:39). It is the third time Nicodemus appears in the gospel. He is reported only by John, who wrote the gospel through the lens of a mystic. His gospel is an account of personal encounters that many individuals had with Jesus. In John chapter 3, we see Nicodemus coming to Jesus by night and having a long discussion. For sure, Nicodemus had heard a lot about Jesus. In all probability, he might have been part of the groups that debated Jesus on various issues. While his colleagues left Jesus in search of a new argument to trap him, Nicodemus decided to talk to him in person. He engaged Jesus not to win an argument but to know the truth. It reminds us of the promise of Jesus: "Seek, and you will find." (Mt 7:7). During that discussion, Jesus challenged him, belittled him, and even insulted him to a certain extent. Nicodemus could not make sense of most of what Jesus said; it went far above his head. Yet he remained at the foot of Jesus because of the conviction he confessed earlier: "Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with him." (Jn 3:2). Considering the nature of John's gospel, that was one of a series of meetings.

The second time we see Nicodemus in the gospel, he was sitting in the Sanhedrin, the supreme Jewish council. "Nicodemus, who had gone to him before, and who was one of them, said to them, 'Does our law judge a man without first giving him a hearing and learning what he does?'" (Jn 7:50-51). He had only one argument: listen to Jesus and learn what he does. It is the sum and substance of all missionary endeavors. Inviting others to listen and learn from Jesus is the core duty of a missionary disciple, and he did it like a master. He was successful. Joseph of Arimathea could be one of the few who took the trouble to listen to Jesus and learn from his deeds. So, Joseph and Nicodemus were together to serve as Jesus' pallbearers. They stood by Jesus even when his chosen apostles deserted him. Although many considered them cowards for not publicly following him during the three years of ministry, they proved their mettle when it mattered the most, when everyone left Jesus to die and rot on the cross like a wretched criminal. It matters most to be with Jesus in critical moments.

Fr. Bobby Joseph, CMI



## "Exploring Fertility Care and Women's Health: Medical and Spiritual Perspectives"

Q and A with the O'STEEN Brothers



Dr. Jordan O'Steen  
NAPRO Medical Consultant



Fr. Peter O'Steen  
Parochial Vicar, St. Joseph Columbia

# FERTILITYCARE WEBINAR

*In celebration of Worldwide FertilityCare Week, you are cordially invited to a transformative conversation on how FertilityCare and NaProTechnology cooperate with God's Plan for Women's Health.*



**Date :**  
24 March 2026



**Time :**  
6:00pm EST



Register in advance:  
<https://tinyurl.com/FCWebinarMar24>





Save the Date!

VBS Retreat 2026  
 Saturday June 20<sup>th</sup>  
 9AM-3PM

Registration to follow in coming weeks!

Volunteer interest or questions?  
 Please Contact Andrea Raines  
 Andrea87RN@gmail.com



# Rachel's Vineyard Retreat

March 20-22, 2026  
 Fort Mill Area, SC

Rachel's Vineyard Retreat is a grace filled, loving confidential, *nonjudgmental* weekend retreat for women and men who have had an abortion experience and would like to *encounter God's love*, mercy and forgiveness.

*For information or to register*

Christy 803.554.6088  
 Kathy 803.546.6010  
 grace4healing@gmail.com  
 rachelvineyard.org



## Blessed Sacramento GOLF TOURNAMENT

### 2ND ANNUAL GOLF TOURNAMENT

APRIL 13, 2026

1:00PM SHADOWMOSS GOLF & COUNTRY CLUB

**Golf Team \$600**

4 golfers, drink tickets, mulligans, 5 raffle tickets and dinner

#### Sponsorship Opportunities

All sponsorship opportunities include: Logo on promo materials for event plus social media

**Platinum Sponsor \$8000**  
**Gold Sponsor \$5000**  
**Silver Sponsor \$4000**

all include the following  
 Option to include promo materials in golfer gift bag  
 Logo on beverage carts OR Logo at the bar area  
 1 golf team (4 players)

**Bar Sponsor \$3000**

includes the following  
 Option to include promo materials in golfer gift bag  
 Logo on beverage carts OR Logo at the bar area  
 1 golf teams (4 players)

**Golf Cart Sponsor \$2000**

**Hole - In - One Sponsor \$2000**  
 both include the following  
 Logo signage on golf carts OR designated hole-in-one hole  
 Option to include promotional materials in golfer gift bag

**Ball Sponsor \$2000**

Logo on the golf ball  
 Option to include promotional materials in golfer gift bag

**Longest Drive Sponsor \$1000**

Logo signage on designated longest drive hole  
 Option to include promotional materials in golfer gift bag

**Closest to the Pin Sponsor \$750**

Logo signage on designated green

**Putting Green Sponsor \$500**

**Driving Range Sponsor \$500**

both include the following  
 Logo signage on designated putting green OR the driving range

**Hole Sponsor \$100**

Logo signage at the tee box

Additional sponsorships available - email kerr.frank@gmail.com  
 All proceeds will go to support the Father McCarthy Endowment for Tuition Assistance.

register: [www.cbss.org/golf-tournament/](http://www.cbss.org/golf-tournament/)

#### Support the Father McCarthy Endowment

The 2<sup>nd</sup> annual **Blessed Sacramento Golf Tournament** will take place on **April 13**, with proceeds benefiting the **Father McCarthy Endowment**. Established in 2024, the endowment is dedicated exclusively to providing financial assistance to Catholic children who otherwise could not attend Blessed Sacramento Catholic School due to financial hardship.

As a community of faith, we are called to be good stewards of the blessings God has entrusted to us and to support families in need. As this is only our second year hosting the tournament, we are grateful for the generosity already shown and invite **every Blessed Sacramento family** to help in a simple but impactful way through **\$100 hole sign sponsorships**.

Families or businesses may sponsor a hole sign in honor of a loved one, in memory of someone special, or in support of Catholic education. Your signs will be proudly displayed on the course, serving as visible reminders of our shared commitment to faith, community, and Catholic education.

All contributions directly support students and families who rely on the Father McCarthy Endowment.

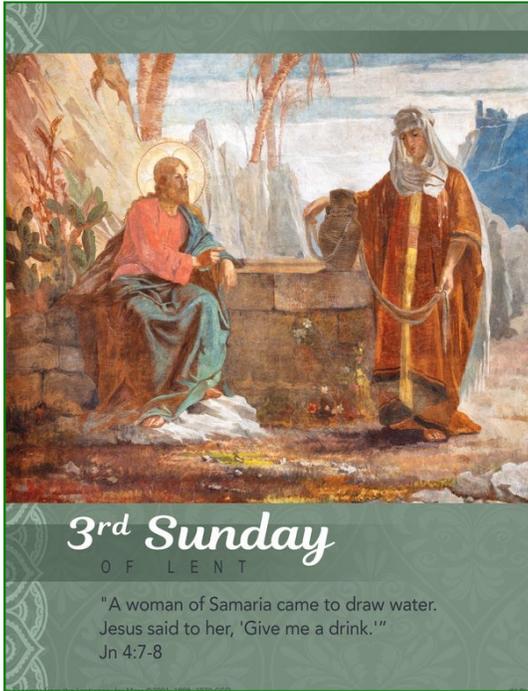
"Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up."

— Galatians 6:9

**Sponsor Here:** You will find Hole Sponsor under "Get Tickets"



HOLE SPONSOR	HOLE SPONSOR
The Last Name Family	To Thank or Celebrate a family member
HOLE SPONSOR	
In Memory of a family member	



### OFICINA PARROQUIAL MINISTERIO HISPANO

**Lunes, miércoles y jueves**

9 a. m. - 12 p.m. y de 1 a 2 p. m.

Contacto: Patricia Mochizuki

(843) 556-0801 ext. 2

Correo Electrónico:

[mmochizuki@charlestdiocese.org](mailto:mmochizuki@charlestdiocese.org)

**Horario de Misas dominicales:** (Vigilia) Sábados : 5 p. m.

Domingos: Español: 1:30 p. m.

Inglés: sept.- mayo: 8:30am (9 a. m. en verano), 11 a. m. y 5 p.m.

**Misa Diaria:** Lunes a viernes 8 a.m. (inglés)

**Adoración al Santísimo Sacramento:** de lunes 5 a.m. a viernes 11:59p.m. (excepto Jueves y Viernes Santo)

**Sacramento de la Reconciliación**

Inglés: sábados, 3:30 - 4:30 p. m.

Español: domingos, 1:00- 1:15 p. m. *Excepto el último domingo de mes.*

**Sacramento de la Unción de los Enfermos**

Llamar a la oficina parroquial

### Conmemoraciones de la semana

**Domingo 8 de marzo: 3.<sup>er</sup> Domingo de Cuaresma /Inicio del horario de Verano**

Lunes 9: Santa Francisca Romana, religiosa

Martes 10

Miércoles 11

Jueves 12

Viernes 13

Sábado 14

**Domingo 15: 4.<sup>o</sup> Domingo de Cuaresma**

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**Santo Rosario.** Acompáñenos todos los primeros sábados del mes en la iglesia, a las 7 p.m., para rezar el Santo Rosario.

**Misa para Quinceañera.** Interesados deben llamar a la oficina parroquial por lo menos 5 meses antes de la fecha estimada para iniciar los arreglos. La quinceañera debe haber recibido la Confirmación.

### Meditación del Evangelio - III Domingo de Cuaresma

Durante la Cuaresma se tiene la oportunidad de un encuentro más profundo con Dios por medio de los Sacramentos, especialmente el de la Reconciliación. Las parroquias ofrecen diferentes servicios de reconciliación y en diversos horarios, para que toda persona pueda acercarse y reconciliarse. Hoy, en este tercer domingo de Cuaresma, se nos presenta la sed como fuente de vida. El diálogo entre Jesús y la samaritana nos lo demuestra: "Si conocieras el don de Dios, si supieras quién es el que te pide de beber, tú misma le pedirías agua viva y él te la daría" (Juan 4:10). El comportamiento de Jesús al pedir agua a una mujer no era bien visto y contradecía las costumbres de su tiempo. Sin embargo, ese diálogo entre ambos no tiene nada de desperdicio: fue un diálogo perfecto, al grado que la mujer samaritana se convierte en misionera.

Este personaje, la mujer samaritana, no tiene nombre. De tal manera que yo puedo poner el mío y entablar mi propia conversación con el Señor en la oración. ¿A qué pozo voy por agua? ¿Dónde está Jesús, cansado y sediento? ¿Qué me pide que haga? ¿Dónde debo anunciarlo? Señor, como a la samaritana, hazme testigo de tu Evangelio. Para lograrlo, recordemos que el Espíritu Santo, desde nuestro Bautismo, ha sido derramado en nosotros como fuente de agua viva. No hay excusa para no participar como discípulos misioneros en nuestras parroquias, en la familia y en la sociedad. ¡Señor, dame de esa agua, y así ya no sufriré más sed!

©LPI



## Virtudes Explicadas - Serie para vivir la Cuaresma (Artículo 3)

### ¡La fortaleza, explicada!

"Cuando salgas a la guerra contra tus enemigos y veas caballos y carros y un ejército mayor que el tuyo, no les temerás", leemos en Deuteronomio 20:1. "Porque el Señor, tu Dios... estará contigo".

La virtud de la fortaleza en realidad requiere, ante todo, el sentimiento de miedo. Para crecer en fortaleza, uno debe enfrentar una cosa que lo asusta; De esa manera, es distinto de la paciencia y la perseverancia. Cristo muestra una fortaleza perfecta al soportar su Pasión y muerte, de la que realmente tenía miedo; también lo muestran los mártires.

La Fortaleza es una virtud moral que da fuerza al alma para correr tras el bien difícil, sin detenerse ante el miedo ni el temor a la muerte. Cualquier hombre de bien puede tener esta virtud, pero en el caso del cristiano esta virtud tiene que estar cimentada en el amor a Dios. Es una virtud que requiere de una gran dosis de generosidad.

Una vez Santo Tomás de Aquino fue abordado por una de sus hermanas, que le preguntó qué era necesario hacer para ser santa. Santo Tomás le respondió sólo una palabra: "querer". No añadió más. Sabía lo que decía. Sabía que Dios desea que todos seamos santos y, por tanto concede las gracias necesarias en cada momento. Pero es preciso corresponder. Y la correspondencia a la gracia comienza con un querer. No un querer cualquiera, sino por un querer firme de la voluntad.

#### Existen tres vicios que se oponen a la fortaleza:

- ≥ El temor: por el que se rehúye soportar las molestias necesarias para conseguir el bien difícil o se tiembla desordenadamente ante los peligros de muerte
- ≥ La impasibilidad o indiferencia, que no teme suficientemente los peligros que podría temer
- ≥ Audacia o temeridad: que desprecia los dictámenes de la prudencia saliendo al encuentro del peligro.

#### Para crecer en la fortaleza:

Pedirla incesantemente a Dios. (...) Necesitamos una especial ayuda de Dios, dada la debilidad y flaqueza de nuestra pobre naturaleza humana, vulnerada por el pecado. Sin el auxilio de la gracia, no podemos nada (Jn 15, 5), pero todo lo podemos con Él (Flp 4,13)

1. Vivir la virtud de la fortaleza significa ser transparente, sin miedo a decir las verdades de la fe.
2. Vivir la virtud de la fortaleza significa tener muchas pequeñas victorias que venzan la flojera y la comodidad, muchas fidelidades diarias, millares de diminutos sacrificios.
3. Vivir la virtud de la fortaleza significa negarse a la propensión excesiva a los placeres de los sentidos.
4. Vivir la virtud de la fortaleza es poner el amor y la generosidad en todas los pequeños actos de renuncia. Tener un ideal por el cuál hago este pequeño esfuerzo.





Hacer un acto concreto de caridad diaria (escuchar, ayudar, perdonar, servir).



Escribir o decir una palabra buena a alguien que no lo espera.



Evitar toda crítica innecesaria.

## BLESSED SACRAMENT LES DA LA BIENVENIDA A TODAS LAS NUEVAS FAMILIAS Y VISITANTES

¿Le gustaría inscribirse en la Parroquia Católica Blessed Sacrament? El formulario para registrarse en la parroquia se encuentra en la entrada principal de la iglesia, en la oficina parroquial y también en el sitio de internet, [blsac.org](http://blsac.org).

### Celebración de Sacramentos

**Bautismo.** Los padres que deseen bautizar a sus hijos deben comunicarse con la oficina parroquial por lo menos 3 meses antes de la fecha estimada para informarse del proceso. Una sesión preparatoria es obligatoria para los padres y padrinos. A partir de 5 años, los niños deben prepararse en el programa de Formación en la Fe y los adultos a través del programa de Orden de Iniciación Cristiana para Adultos. Interesados contactar la oficina parroquial.

**Matrimonio.** Aquellos con deseos de unirse en el Sacramento del Matrimonio deben llamar o venir a la oficina parroquial al menos seis meses antes de la fecha estimada de la ceremonia para comenzar los arreglos. Si ha estado casado anteriormente, le sugerimos iniciar más de un año antes si no ha obtenido una declaración de nulidad.

**Visita a los Enfermos.** Por favor, informe a la oficina parroquial si un familiar o amigo, que se encuentra hospitalizado o confinado en su casa, necesita una visita pastoral o el Sacramento de la Unción. Un sacerdote lo visitará para el sacramento y, en caso de ser necesario, dispondrá que se le lleve la Santa Comunión a su ser querido.

**Sagrada Primera Comunión y Confirmación.** La preparación para la recepción de estos sacramentos se lleva a cabo por el ministerio de la Formación en la Fe. La clase para adultos se ofrece a través del programa Orden de Iniciación Cristiana para Adultos. Interesados contactar la oficina parroquial.

*Los sacramentos deben celebrarse en la parroquia donde se está inscrito. Aquellos que desean ser padrinos o desean recibir un sacramento deben solicitar una declaración que testifica el estado de Miembro Activo. No podemos emitir tal declaración si usted no es un miembro inscrito y activo de Blessed Sacrament. (Ver "Definición de Miembro Activo").*

## DEFINICIÓN DE MIEMBRO ACTIVO

Una familia o un individuo son considerados "miembros inscritos y activos" cuando:

1. Han estado inscritos formalmente en la parroquia por, al menos, tres meses.
2. Participan en el culto mediante la asistencia semanal a las Misas dominicales.
3. Colocan los sobres semanalmente en la cesta de la colecta en la Misa, aunque estén vacíos.

**Un tiempo prolongado sin actividad y sin notificación, colocará a la familia en un estado inactivo.**

- Si usted da su ofrenda en línea, por favor, en la Misa, entregue su sobre vacío. Asegúrese de haber marcado la casilla «I give online», previamente.
- Si usted contribuye ocasionalmente por medio de la colecta de la Misa, por favor, recuerde entregar su sobre semanalmente, aunque sea vacío, y marque la casilla «I attended Mass» que indica que asistió a Misa.
- Las contribuciones en efectivo se registran únicamente si se entregan en un sobre debidamente identificado.
- Si coloca varios sobres en una Misa, estos se consideran como participación en esa única Misa, independientemente de las fechas que indiquen los sobres.
- Los sobres enviados a la oficina no se consideran como participación en la Misa.
- En la iglesia hay sobres de borde verde disponibles para su uso, en caso de ser necesario. Estos tienen un borde verde.

CUANDO LOS HIJOS DE UNA FAMILIA MIEMBRO DE LA PARROQUIA TERMINAN EL BACHILLERATO Y TIENEN 18 AÑOS O MÁS, DEBEN INSCRIBIRSE INDIVIDUALMENTE COMO MIEMBROS ADULTOS Y LOS ANIMAMOS A QUE PARTICIPEN COMO DISCÍPULOS CORRESPONSABLES DE SU PARROQUIA.



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