

ISSUE 12 12.8.2025

#### 2025 Term Dates

- 28th Jan 4th April
- 22nd Apr 4th July
- 21st July 19th Sept
- 6th Oct 19th Dec

### WHAT'S ON THIS MONTH

Curriculum Day Swimming Book Week Wellbeing Wednesday

SEE PAGE 3
FOR MORE DETAILS

## Woady Yaloak Primary School SMYTHESDALE CAMPUS



"ACHIEVING TOGETHER"

Campus Head: Stephanie Sanders Phone: 5342 8565 (Option 2)

Principal: Corey Pohlner Phone: 5342 8565

#### **Office Hours**

Monday, Tuesday, Wednesday, Thursday & Friday Email: woady.yaloak.ps@education.vic.gov.au Website: www.woadyyaloak.vic.edu.au



WYPS Smythesdale Campus was formed on the lands of the Wadawarrung people of the Kulin Nation.

We pay our respects to their elders, past, present and emerging.

We also acknowledge the First Nations people throughout our country.

### Woady Kid of the Month



Our Woady Kid for the month of July is **James J**. James is a friendly and kind class member who demonstrates our school values of respect, responsibility and striving for personal excellence. During learning time, James always tries his best and shows persistence, even when his learning becomes challenging. His growth mindset helps him to achieve his personal best.

James shows respect to others through his polite manners, his excellent behaviour in class time and his willingness to include others in his games. Congratulations James on being the Woady Kid of the Month for July.



## **Campus Report**

The term is already flying by, and we have had some exciting things happen in the first three weeks of the term, such as:

- •Middles Excursion to Science Works
- •We had our first casual clothes day with the can drive
- •The Juniors celebrated 100 days of learning.
- •The Woady School Disco occurred last Friday

Thank you to all families who attended Parent Teacher conferences in Week 2 and 3. Lots of meaningful conversations were had about student learning. Both academic and social achievements were celebrated, and future goals were discussed for Semester 2. Please ensure if you have any queries about your child's learning/wellbeing throughout the semester, that you make a suitable time to discuss this with their classroom teacher. Our swimming program is well under way now and all our swimmers are doing a wonderful job at each session. It has been lovely to hear that we have had some parents attend the pool to watch lessons. We have lots more exciting events happening this term.

### **Campus Report**

All information about these events will be placed in newsletters, on Dojo and Compass. Lastly, there has been lots of sickness going around at our campus. Please monitor your children and enter on Compass if they are unwell and will be away. Sick students need to remain at home until symptoms have passed.

### **BOOK WEEK DRESS UP DAY**

This year we will be celebrating Book Week from Monday 18<sup>th</sup> – Friday 22<sup>nd</sup> August. As part of our Book Week celebration, we will be holding our Book Week Dress Up Day on <u>Friday 22<sup>nd</sup> August</u>. All students and staff are invited to dress up as their favourite book character. As part of our Dress Up Day, we will hold a parade where all students can show off their magnificent costumes. Our parade will begin at 9:05am in the open space. We invite all families and friends to come in and watch our parade.

Thank you for supporting this exciting event. We look forward to seeing the students wearing their book character costumes.

### **100 DAYS SMARTER**

The Junior students here at Smythesdale are officially 100 days smarter! On Friday 8th of August, we celebrated 100 days of learning at school (the first 100 days for our Foundation students). We did lots of fun activities and maths tasks that explored the number 100. We also had smarties and cake to celebrate the special occasion. We are so proud of our Foundation and Grade One students; they are growing and learning more each day. Well done everyone!



### **EARLY ARRIVALS**

It was noticed towards the end of Term 2 that many students were arriving at school very early in the morning. Please note that staff are not on duty prior to 8:40am. If your child needs to be at school prior to this time, please utilise the OSHClub service that is available at the Campus.

### **HOMELESSNESS WEEK**

Thank you to everyone who donated a can of food on our casual clothes day on Friday  $1^{st}$  August, which will be donated to local Emergency Relief programs.



### GRADE 3/4 CAVE HILL CREEK - EXPRESSION OF INTEREST

The grade 3/4 camp will be held at Cave Hill Creek from 22nd - 24th October. The estimated cast of the camp is \$350 (subject to numbers). If you would like your child/children to attend, please accept the expression of interest. If your child is not attending, please decline the event

Please submit your interest by Wednesday 20th August 2025. Cave Hill Creek Camp provides a number of opportunities and activities for the students to participate in including, low ropes courses, bush art, bush cooking, canoeing, map reading, archery and hut building.

## **Campus Report**

### **FATHER'S DAY**

Father's Day is quickly approaching, and we will be celebrating our dad's/special others on Friday 5<sup>th</sup> September from 2:30pm – 3:30pm. Our dads, carers, grandpas and special people are invited to come into the campus and take part in some activities with their children. We are all looking forward to celebrating those special people in our lives.

### **FATHER'S DAY STALL**

We will be holding our Father's Day stall on Thursday the 4th of September. Our students will have the opportunity to purchase a gift from our Father's Day stall.

#### **CURRICULUM DAY**

A friendly reminder that this Friday, August 15<sup>th</sup>, is a pupil free day. There is no school for students on this day.

### **BULLYING NO WAY WEEK**

This week marks Bullying No Way Week, with our students participating in a special live-stream session hosted by Kids Helpline, the largest anti-bullying lesson across Australia. This session is designed to equip students with the knowledge and strategies to prevent and respond to bullying, with expert guidance from qualified Kids Helpline counsellors.

### Session Highlights:

- Understanding what bullying is (and what it isn't)
- •Exploring the impact of bullying on individuals and communities
- •Learning practical, in-the-moment strategies for responding to bullying
- •Discovering self-care techniques and peer support ideas
- •An interactive format that includes opportunities for discussion and Q&A

We're excited for our students to gain valuable tools and insights during this important week!

### **DATES TO REMEMBER - TERM 3**

### **AUGUST**

Friday 15<sup>th</sup> Curriculum Day – Pupil Free Day

Monday 18<sup>th</sup> Smythesdale Swimming Session 12:30-1:15pm

Friday 22nd Book Week Dress Up

Monday 25th Smythesdale Swimming Session 12:30-1:15pm

Wednesday 27<sup>th</sup> Wellbeing Wednesday

### SEPTEMBER

Monday 1st Smythesdale Swimming Session 12:30-1:15pm

Thursday 4<sup>th</sup> Father's Day Stall Friday 5<sup>th</sup> Casual for a Cause

Father's Day Celebration

Monday 8th Smythesdale Swimming Session 12:30-1:15pm Wednesday 10<sup>th</sup> Book Whole School Performance @ Ross Creek

Thursday 11<sup>th</sup> Grade 2 Sleepover

District Sports @ Llanberris

Monday 15th Smythesdale Swimming Session 12:30-1:15pm

Wed 17<sup>th</sup> – Friday 19<sup>th</sup> Grade 5/6 Camp @ Rose Gap

Friday 19<sup>th</sup> Last Day of Term 3

OCTOBER

Monday 6<sup>th</sup> First Day Term 4



Stephanie Sanders
CAMPUS HEAD

# Be Bold. Be Kind. Speak Up.

## BULLYING NO WAY WEEK 11TH - 15TH AUGUST 2025

## Preventing bullying: A guide for families

## Why it matters

One in six Australian students report being builled at school. Builying can seriously affect a child's confidence, mental health and learning. But research shows that strong, connected families can help prevent builying. Children are less likely to experience builying – or to demonstrate builying behaviour – when they feel safe, supported and know what respectful behaviour looks like.

## What is bullying?

Builying is when someone deliberately and repeatedly hurts or intimidates another person, often using their power to cause harm. It may be face to face or online and includes:

- verbal (e.g. name-calling, teasing, threats)
- physical (e.g. hitting, pushing, damaging property)
- social (e.g. excluding others, spreading rumours)
- online (e.g. hurtful messages, posting private images).

It's important to know that builying is not just a one-off disagreement or occasional teasing. Those situations can still cause harm, but builying is targeted, repeated, and creates a power imbalance.

## Ways to strengthen family connections

- Spend time one-on-one even 10 minutes of child-led time a day strengthens trust.
- Family time scheduled regular shared family time is linked to better behaviour and communication.
- Listen without judging ask open questions, and let your child express themselves fully.
- Be a role model show kindness and respect in your own relationships, online and offline.
- Be consistent clear routines and boundaries help children feel secure and respected.

### Conversation starters

Keeping the conversation open can help your child feel safe to talk. Try:

- "Who did you spend time with today?"
- "What was something that made you smile?"
- "Was there anything that made you feel uncomfortable or upset?"

## If your child is being bullied

- Stay calm and thank them "It's really brave of you to tell me."
- Describe what's happening "that sounds like bullying because it's happening often."
- Make a plan keep a record, talk to the adults that can provide support, and set follow-up steps.
- Rehearse responses help your child practice confident ways to ask for help or walk away safely.
- Keep checking in ask how they're feeling and monitor any changes in mood or behaviour.



# Be Bold. Be Kind. Speak Up.

## BULLYING NO WAY WEEK 11th - 15th August 2025

## If your child is demonstrating bullying behaviour

- Stay curious, not angry "can you help me understand what's been going on?"
- Talk about empathy "what do you think the other person felt?"
- . Set clear expectations "in this family, we treat others with fairness and respect."
- Guide them to repair harm talk about apologies, making amends, or writing a note.
- Work with the school/community group ask about positive behaviour support or mentoring programs.

## Getting help

- If it happens at school or in the community talk to your child's teacher, principal, coach or other trusted adult.
- If it's online save messages, block the person, report the content and visit esafety.gov.au.
- If someone is in danger Call 000 straight away.

## Support for families

Service	What they offer	Contact
Kids Helpline	Free 24/7 counselling for children and young people aged 5–25	1800 55 1800 kidshelpline.com.au
Headspace	Mental health support for 12–25-year- olds	headspace.orq.au
Parentline	Confidential support for parents and carers	Parentline in your state or territory
Raising Children Network	Trusted parenting advice, videos and tools	raisingchildren.net.au
Bullying No Way	National resource on bullying prevention	bullvingnoway.gov.au
eSafety Commissioner	Cyberbullying info and reporting platform	esafety.gov.au

## Final tips

- Act early. If something feels wrong, talk to your child and involve the school or community organisation.
- Keep notes. Writing down incidents helps everyone respond clearly and quickly.
- Work as a team. A partnership approach makes a big difference.
- Take care of yourself. Supporting a child through builying can be emotional. It's okay to ask for help too.

Be bold. Be kind. Speak up.

Every small action at home helps create a safer and more respectful community for all young people.





### SMYTHESDALE COMMUNITY PLANNING

We have \$10,000 dollars to spend in Smythesdale. We will be conducting a survey in August via

QR code



Online Survey - https://bit.ly/SmythesdaleSurvey
Smythesdale Community Planning Facebook page
Email - Smythesdalecp@yahoo.com

Written survey – Available to collect at the Well, Smythesdale Post Office and Shire Office

Have your say for the chance to win one of two \$50 vouchers @ Smythesdale Country Grocers.

If you don't have a say please don't complain, we are not mind readers we need your input!

Smythesdale Community Coordinators



# CFA SMYTHESDALE

## **NEEDS YOUR SUPPORT TO STEP UP!**

Help us reach a goal of \$1,000,000 to fight against cancer, depression, and suicide.

## DONATE NOW AT FIREFIGHTERCLIMB.ORG.AU

Sponsored by















